Sunday



llima

THE ART OF LIVING WELLSM

739 Leihano Street Kapolei, Hawaii 96707 808-674-8022

After Dinner Program

Beaded and Leis

Birthday Bash-Happy Hour

Board, Card Games, and Table Games

Parain Games/Sensory Games

Thursdav

Community Meeting

Creativity Corner

Culture Travel

Educational

★ Entertainment

➡ Fitness

Food Demo

Indoor Games

Interactive Chats

Meditation

Friday

\$ Money BINGO

Movie

Music

National Day

Outdoor Activities

Outings

Painting/Coloring

Pet Therapy

Poker

Reading and Card Making

Social Events

T Spiritual Wellness

8:15 © Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]

Saturday

8:30 🞵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:30 **Chinese Lion Dance (\$) [HKL-Activity Room**

1:00 • Fitness 101 [HOC-Lobby Cafe

2:00 & Earn your points in Make and Donate Yarn Leis [HKL-Activity Rooml

3:00 Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]

6:00 P After Dinner Card Games [HOC-Lobby Cafe]

8:15 Flex your Mind with Spot

the Difference &

8:30 5 Listen to the Daily Morning

9:00 + Fitness 101 [HOC-Lobby Cafe]

10:00 👺 Pet Therapy with Brady [HKL-

1:00 • Spa Time: Essential Oil Hand

[HKL-Activity Room]

2:00 W Earn your points in Make and

Activity Room]

Cafel

Crossword [HOC-Lobby

Hymns [HOC-Lobby Cafe]

Massage (Please sign-up on the

sheet inside the activity room).

Donate Yarn Leis [HKL-Activity

8:15	Ö.	Warm Up Your Day with	
		Word Search and Hidden	
		Equation [HOC-Lobby Cafe]	
8:30	5	Listen to the Daily Morning Hymns	š
		[HOC-Lobby Cafe]	
9:00	•	Balance, Strength, and Stretch [HO	C
		Lobby Cafe]	
10:00	4	KROC Center Salvation Army Morn	iin

1:00 \$ \$hout & \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room] 2:00 * Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity

Services [HKL-Activity Room]

3:00 P Beat the Dealer in Blackjack [HKL-Activity Rooml

3:00 🔥 Game Of Your Choice [HKL-Activity Room

6:00 P After Dinner Card Games [HOC-Lobby Cafel

Medical Appointments (9:00 AM -4:00 PM)

8:15 🌣 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]

Monday

8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 •• Get Moving and Grooving with Instrumix! (In-Person) [KHL-Lobby I anail 0:00 🔗 Keep the Streak Alive in Balloon

Volleyball! [HKL-Activity Room] 1:00 W Frida Kahlo Headband [HKL-Activity Room

1:00 🖨 Road Trip: Ewa Beach [HOC-Lobby 3:00 Game Of Your Choice [HKL-Activity

Rooml 3:00 T Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room

6:00 P After Dinner Card Games [HOC-Lobby

Medical Appointments (9:00 AM -4:00 PM)

8:15 🌣 Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]

Tuesday

8:30 🞜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 + Fitness 101 [HOC-Lobby Cafe] 10:00 & Make and Design Beaded Jewelry

[HKL-Activity Room]

2:00 Short Story: Steve Irwin Biography [HKL-Activity Room]

Carole [HKL-Activity Room]

Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM)

8:15 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]

Wednesday

8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 A Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]

10:00 **⊗ New: Valentine Bottle Toss** Game [HKL-Activity Room]

1:00 W Crafts and Creations [HKL-Activity Room

3:00 5 SingFit Music and Trivia [HKL-Activity Room

6:00 P After Dinner Card Games [HOC Lobby Cafe

Medical Appointments (9:00 AM - 4:00 PM)

8:15 🌣 Flex your Mind with Spot the Difference & Crossword [HOC-

8:30 🎜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 Taiichi Class with Kari and Konrad [HOC-Lobby Cafe]

Valentines Day Games [HOC-Lobby Cafe

[HOC-Lobby Cafe]

3:00 Game Of Your Choice [HKL-

[HKL-Activity Room]

Medical Appointments (9:00 AM -

Lobby Cafel

(YouTube) [HOC-Lobby Cafe]

9:00 🖨 Scenic Drive: Makaha Tower [HOC-Lobby

10:00 Nakamura [HKL-Activity Room]

2:00 @ Earn Your Points in Duck Race Game [HKL Activity Rooml

3:00 T Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room] 6:00 P After Dinner Card Games [HOC-Lobby Cafe]

8:15 🔆 Jump Start Your Day with Word Search &

8:30 5 Listen to the Daily Morning Hymns [HOC-

→ 30 Minutes HasFit Seated Workout

9:00 Scenic Drive: Haleiwa [HOC-Lobby Cafe]

Nakamura [HKL-Activity Room]

Linda [HOC-Lobby Cafe]

Bingo! [HOC-Lobby Cafe]

10:00 / Valentines Card Making and Coloring with

Graceful Wisdom with Chaplain Troy

Special Valentines Day Shout and Score in

Valentine Bottle Toss Game [HKL-Activity

★ Valentines Day Performance Divine Powe

6:00 P After Dinner Card Games [HOC-Lobby Cafe]

and Truth Ministries [HOC-Lobby Cafe]

(YouTube) [HOC-Lobby Cafe]

Crossword Puzzles [HOC-Lobby Cafe]

HAPPY VALENTINE'S DAY - Wear Red.

Shopping and Errands Day (Longs,

Safeway, & Walmart 10 AM-2 PM)

Lobby Cafel

Rooml

Pink. Or Hearts!

2:00

Room 3:00 Let's Play UNO! HKL-Activity Room

6:00 P After Dinner Card Games [HOC-

Lobby Cafel

8:15 V Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]

8:30 🞜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 Halance, Strength, and Stretch [HOC-Lobby Cafe] 10:00 📍 Virtual Sunday Service with

Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room

1:30 **Party for Super Bowl LIX** [HKL-Activity Room]

6:00 P After Dinner Card Games [HOC-Lobby Cafe]

Medical Appointments (9:00 AM -4:00 PM)

8:15 • Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe

8:30 🞜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 → Fitness 101 [HKL-Activity Room]

10:00 🔗 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room] \$hout & \$core in B-I-N-G-O! (\$\$\$)

[HOC-Lobby Cafe] 1:00 🖨 Road Trip: Pearl City [HOC-Lobby Cafe]

2:00 Conversation Heart Game [HKL-Activity Rooml 3:00 Game Of Your Choice [HKL-Activity

Rooml 3:00 P Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]

6:00 ■ After Dinner Card Games [HOC-Lobby

1:00 shout and Score in Bingo! [HOC-Lobby Cafe

3:00 J Ukulele and Singalong Class with

6:00 P After Dinner Card Games [HOC-Lobby Cafel

4:00 PM) 8:15 🌣 Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]

8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 ← Fitness 101 [HOC-Lobby Cafe]

Medical Appointments (9:00 AM -

10:00 👉 Roy and Ron Morning Performance [HOC-Lobby Cafe] 1:00 h Shout and Score in Bingo! [HOC-

Lobby Cafe 2:00 Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]

3:00 - Game Of Your Choice [HKL-Activity Room 3:00 T Let's Play Mahjong with Kari

[HKL-Activity Room] 6:00 P After Dinner Card Games [HOC-Lobby Cafel

Shopping and Errands Day (Foodland, 🤌 🦳 Costco, & Target 8:30 AM-12:30 PM)

8:15 🌣 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 8:30 🞜 Listen to the Daily Morning Hymns

[HOC-Lobby Cafe] 9:00 A Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafel

10:00 M Arts and Crafts with Malama O'la [HOC-Lobby Cafe] Valentines Day Social (Please sign-

up in the activity room) [HKL-Activity Rooml 2:00 Nalentines Day Social (Please signup in the activity room) [HKL-Activity

3:00 Nalentines Day Social (Please signup in the activity room) [HKL-Activity Rooml

6:00 P After Dinner Card Games [HOC-Lobby

Lobby Cafel

10:00 Pin The Arrow on The Heart

1:00 \$ \$hout & \$core in B-I-N-G-0! (\$\$\$)

2:00 Cooking with Jose Suan - Apple Pie [HKL-Activity Room]

Activity Room] 3:00 T Let's Play Mahjong with Kari

6:00 P After Dinner Card Games [HOC-

4:00 PM) 8:15 🌣 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby

8:30 🎜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 • Body and Brain Taiichi-Yoga Class

with Karen [HKL-Activity Room]

10:00 🕸 Make Your Valentines Day Beaded Bracelet [HKL-Activity Room] \$hout & \$core in B-I-N-G-O! (\$\$\$)

[HOC-Lobby Cafe]

Valentines Day Scavenger Hunt [HKL-Activity Room] 3:00 - Game Of Your Choice [HKL-Activity

Room ▼ Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity

6:00 P After Dinner Card Games [HOC-Lobby Cafel

Awareness on National Wear Red Day! Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 8:15 🔾 Jump Start Your Day with Word Search &

Embrace the Red: A Day of Heart Health

Crossword Puzzles [HOC-Lobby Cafe] 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 • 30 Minutes HasFit Seated Workout

10:00 🌣 Find the Hidden Objects - Valentine's Day Boutique [HKL-Activity Room]

Graceful Wisdom with Chaplain Troy 1:00 🏇 Shout and Score in Bingo [HOC-Lobby Cafe

3:00 Lance Game Of Your Choice [HKL-Activity Room]

8:15 🌣 Flex your Mind with

Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 → Fitness 101 [HOC-Lobby Cafel 10:00 🐥 Pet Therapy with Brady [HKL-

Activity Room 1:00 Impressionist Hydrangeas [HKL-Activity Room]

2:00 & Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]

3:00 🌣 Zoom In Guessing Game [HKL-Activity Room]

6:00 P After Dinner Card Games [HOC-Lobby Cafe]



'Ilima at Leihano IL/A	AL Activities Calenda	r				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	(
8:15 ♥ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 8:30	Medical Appointments (9:00 AM - 4:00 PM) President's Day - Wear Red, White & Blue 8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Get Moving and Grooving with Instrumix! (In-Person) [KHL-Lobby Lanai] 10:00 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room] 1:00 Road Trip: Waipio Soccer Park [HOC-Lobby Cafe] 1:00 Who Am I? US Presidents Game [HKL-Activity Room] 2:00 Presidents Day Scavenger Hunt [HKL-Activity Room] 3:00 Meep Your Choice [HKL-Activity Room] 3:00 Game Of Your Choice [HKL-Activity Room] 6:00 After Dinner Card Games [HOC-Lobby Cafe]	Medical Appointments (9:00 AM - 4:00 PM) 8:15	Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 8:15	Medical Appointments (9:00 AM - 4:00 PM) 8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Taiichi Class with Kari and Konrad [HOC-Lobby Cafe] 10:00 Paint Assorted Wood Art Craft [HKL-Activity Room] 1:00 \$ hout & \$core in B-I-N-G-O! (\$\$\$) [HOC-Lobby Cafe] 2:00 Culture Travel to Bolivia [HKL-Activity Room] 3:00 Game Of Your Choice [HKL-Activity Room] 3:00 Let's Play Mahjong with Kari [HKL-Activity Room] 6:00 After Dinner Card Games [HOC-Lobby Cafe]	Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 8:15	8:15 Flex
	Medical Appointments (9:00 AM - 4:00 PM) 8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 10:00 Keep the Streak Alive in Balloon Volleyball! [HKI - Activity Room]	Medical Appointments (9:00 AM - 4:00 PM) 8:15	Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 8:15 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Walking with the Blue Zones	Medical Appointments (9:00 AM - 4:00 PM) 8:15 ♦ Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 → Body and Brain Taiichi-Yoga Class with Karen [HKL-Activity Room]	NEX Shopping Departure Time 8:30 AM (9:00 AM - 11:00 AM) Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 8:15 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]	"I have le

10:00 † Living Waters Music Performance [HOC-Lobby Cafe] 1:00 \$ \$hout & \$core in B-I-N-G-O! (\$\$\$)

[HKL-Activity Room] 2:00 † Virtual Sunday Service with Dr. David Jeremiah from Shadow **Mountain Community Church** [HKL-Activity Room]

3:00 P Beat the Dealer in Blackjack [HKL-Activity Room]

3:00 📥 Game Of Your Choice [HKL-Activity Room]

6:00 P After Dinner Card Games [HOC-Lobby Cafe]

Volleyball! [HKL-Activity Room]

1:00 Road Trip: Patsy Mink [HOC-Lobby Cafe]

1:00 🏚 Work on Puzzle Pieces Together [HOC-Lobby Cafe] 2:00 SingFit Music and Trivia [HOC-

Lobby Cafe] 3:00 Game Of Your Choice [HOC-

Lobby Cafe 3:00 🕊 Keep Your Game Faces on at Our Poker Games (Non-Money) [HOC-Lobby Cafe

6:00 P After Dinner Card Games [HOC-Lobby Cafel

Mask [HKL-Activity Room] 1:00 h Shout and Score in Bingo! [HOC-

Lobby Cafe] 2:00 🆀 Town Hall and Dining Menu

Meeting For All Residents [HKL-**Activity Room**]

3:00 Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]

6:00 P After Dinner Card Games [HOC-Lobby Cafe]

9:00 Nalking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]

10:00 🔗 Octopus Game [HKL-Activity Room

1:00 😿 Crafts and Creations: How to Make Abayomi Rag Doll [HKL-Activity Room]

3:00 | New: Modern Cooking Class with Elyssa [HKL-Activity Room]

6:00 P Yell and Win Bingo Night [HOC-Lobby Cafe

9:00 • 30 Minutes HasFit Seated Workout

10:00

(YouTube) [HOC-Lobby Cafe]

9:00 Scenic Drive: Sand Island [HOC-Lobby

Graceful Wisdom with Chaplain Troy

Nakamura [HKL-Activity Room]

Mocktail Friday with Cliff [HKL-

3:00 # Happy Hour Birthday Bash with Dean

6:00 ■ After Dinner Card Games [HOC-Lobby

Hirata [HOC-Lobby Cafe]

1:00 . Shout and Score in Bingo! [HOC-

Lobby Cafe]

Activity Rooml

10:00 **\(\gamma\)** Dance Performance with the Steptacular [HKL-Activity Room] 1:00 \$ \$hout & \$core in B-I-N-G-O! (\$\$\$)

[HOC-Lobby Cafe] 2:00 T Let's Play Mahjong with Kari [HKL-Activity Room]

3:00 Game Of Your Choice [HKL-Activity Room

3:00 P Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity

6:00 ■ After Dinner Card Games [HOC-Lobby Cafe]

Spot the Difference & Crossian Crossword [HOC-Lobby Cafe]

Saturday

Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

Fitness 101 [HOC-Lobby Cafel

Pet Therapy with Brady [HKL-Activity Room

Earn your points in Make and Donate Yarn Leis [HKL-Activity Room

Learn About Steve Irwin [HKL-Activity Room]

Painting Class with Elyssa [HKL-Activity Room]

After Dinner Card Games [HOC-Lobby Cafe]

learned that will forget what you said, people will forget what you did, but people will never forget how you made them feel." - Maya Angelou

