

The Kensington at Walnut Creek



A KISCO COMMUNITY

MEMORY CARE NEWSLETTER



JANUARY 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HAPPY BIRTHDAY Marty G. 11th Candice J. 18th Frank W. 28th John L. 30th		New Years Day 1 9:00 Rose Bowl Parade 9:45 The Good News 10:15 Balloon Volley Ball 11:30 Fun and Games-Puzzle 1:15 Meditation 1:45 Afternoon Stretch 2:30 Painting Fun 3:30 Bean Bag Toss 4:00 I Remember that-Discussion 6:00 Evening Showcase	2 9:45 The Good News 10:15 Beach Ball Pass 10:55 Catholic Communion 11:15 Bingo 1:15 Walking Club 2:00 Fun and Games- Word Search 3:00 Happy Hour 4:30 Funny Animals 6:00 Evening Showcase	3 9:45 The Good News 10:15 Ribbon Dancing 11:30 Crafty Corner 1:15 Meditation 1:45 Afternoon Stretch 2:30 Bean Bag Toss 3:00 Documentary 4:30 Wheel of Fortune 6:00 Evening Showcase	4 9:45 The Good News 10:00 Morning Movement 10:30 Puzzled 11:30 Up for Grabs- Discussion 1:15 Afternoon Stretch 1:30 Scenic Drive - Carquinez Straight 3:30 Fun and Games 4:00 Americas Got Talent 6:00 Evening Showcase
5 9:45 The Good News 10:30 Ring toss 11:00 Serenity Session 11:30 Movie Club 1:15 Bingo 2:30 Men's Club 3:00 Daily Chronicle 4:00 Easy Listening Music 6:00 Evening Showcase	6 9:45 The Good News 10:00 Morning Movement 11:00 Fun and Games-Puzzle 1:00 Documentary 2:00 Sing along 3:00 Bean Bag Toss 4:00 Dancing with the Stars 6:00 Evening Showcase	7 1:45 Fitness with Maggie 9:45 The Good News 10:00 Morning Chair Ball Workout 10:30 Sing along 10:45 Daily Chronicle 11:00 Walking Club 1:15 Short Stories 1:45 Fitness with Maggie 2:30 Tuesday Trivia 3:30 Ring Toss 4:00 Guess Who 6:00 Evening Showcase	8 9:45 The Good News 10:15 Balloon Volley Ball 10:45 Daily Chronicle 11:30 Fun and Games-Puzzle 1:15 Meditation 1:45 Afternoon Stretch 2:30 Painting Fun 3:30 Bean Bag Toss 4:00 I Remember that-Discussion 6:00 Evening Showcase	9 9:45 The Good News 10:15 Beach Ball Pass 10:45 Daily Chronicle 10:55 Catholic Communion 11:15 Bingo 1:15 Walking Club 2:30 Musical Instruments 3:00 Happy Hour - Performance by Cielo 4:30 Funny Animals 6:00 Evening Showcase	10 9:45 The Good News 10:15 Ribbon Dancing 10:45 Daily Chronicle 11:00 Lunch Outing at Sailor Jack's 1:15 Meditation 1:45 Afternoon Stretch 2:30 Bean Bag Toss 3:00 Documentary 4:30 Wheel of Fortune 6:00 Evening Showcase	11 9:45 The Good News 10:00 Singfit Prime 10:45 Daily Chronicle 11:30 Up for Grabs- Discussion 1:15 Afternoon Stretch 1:30 Scenic Drive - Lake Chabot 3:30 Saturday Matinee 4:00 Americas Got Talent 6:00 Evening Showcase
12 9:45 The Good News 10:30 Ring toss 11:00 Serenity Session 11:30 Movie Club 1:15 Bingo 2:00 Men's Club 2:30 Furry Friends Visit 3:00 Daily Chronicle 4:00 Easy Listening Music 6:00 Evening Showcase	13 9:45 The Good News 10:00 Morning Movement 11:00 Fun and Games-Puzzle 1:00 Documentary 2:00 Sing along 3:00 Bean Bag Toss 4:00 Dancing with the Stars 6:00 Evening Showcase	14 9:45 The Good News 10:00 Morning Chair Ball Workout 10:30 Sing along 10:45 Daily Chronicle 11:00 Walking Club 11:30 Fun and Games-Cross Word 1:15 Short Stories 1:45 Fitness with Maggie 2:30 Tuesday Trivia 3:30 Table Tennis 4:00 Guess Who 4:30 Dining with Terrie (DR) 6:00 Evening Showcase	15 9:45 The Good News 10:15 Balloon Volley Ball 10:45 Daily Chronicle 11:30 Fun and Games-Puzzle 1:15 Meditation 1:45 Afternoon Stretch 2:30 Painting Fun 3:30 Bean Bag Toss 4:00 I Remember that-Discussion 6:00 Evening Showcase	16 9:45 The Good News 10:15 Beach Ball Pass 10:45 Daily Chronicle 10:55 Catholic Communion 11:15 Bingo 1:15 Walking Club 2:00 Fun and Games- Word Search 3:00 Happy Hour 4:30 Funny Animals 6:00 Evening Showcase	17 9:45 The Good News 10:15 Ribbon Dancing 10:45 Daily Chronicle 1:15 Meditation 1:45 Afternoon Stretch 2:30 Bean Bag Toss 3:00 Documentary 4:30 Wheel of Fortune 6:00 Evening Showcase	18 9:45 The Good News 10:00 Morning Movement 10:00 Resident Art Show 10:30 Puzzled 10:45 Daily Chronicle 11:30 Up for Grabs- Discussion 1:15 Afternoon Stretch 1:30 Scenic Drive - Crockett Rodeo 3:30 Fun and Games 4:00 Americas Got Talent 6:00 Evening Showcase
19 9:45 The Good News 10:00 Resident Art Show 10:30 Ring toss 11:00 Serenity Session 11:30 Movie Club 1:15 Bingo 2:00 Pets Hug Pack 2:30 Men's Club 3:00 Daily Chronicle 4:00 Easy Listening Music 6:00 Evening Showcase	Martin Luthar King Day 20 9:45 The Good News 10:00 Morning Movement 11:00 Fun and Games-Puzzle 1:00 Documentary 2:00 Sing along 3:00 Bean Bag Toss 4:00 Dancing with the Stars 6:00 Evening Showcase	21 9:45 The Good News 10:00 Morning Chair Ball Workout 10:30 Sing along 10:45 Daily Chronicle 11:00 Walking Club 1:15 Short Stories 1:45 Fitness with Maggie 2:30 Tuesday Trivia 3:30 Ring Toss 4:00 Guess Who 6:00 Evening Showcase	22 9:45 The Good News 10:15 Balloon Volley Ball 10:45 Daily Chronicle 11:00 Lunch Outing at Sailor Jack's 11:30 Fun and Games-Puzzle 1:15 Meditation 1:45 Afternoon Stretch 2:30 Painting Fun 3:30 Bean Bag Toss 4:00 I Remember that-Discussion 6:00 Evening Showcase	23 9:45 The Good News 10:15 Beach Ball Pass 10:45 Daily Chronicle 10:55 Catholic Communion 11:15 Bingo 1:15 Walking Club 2:30 Musical Instruments 3:00 Happy Hour - Birthday Celebrations 4:30 Funny Animals 6:00 Evening Showcase	24 9:45 The Good News 10:15 Ribbon Dancing 10:45 Daily Chronicle 1:15 Meditation 1:45 Afternoon Stretch 2:30 Bean Bag Toss 3:00 Documentary 4:30 Wheel of Fortune 6:00 Evening Showcase	25 9:45 The Good News 10:00 Singfit Prime 10:45 Daily Chronicle 11:30 Up for Grabs- Discussion 1:15 Afternoon Stretch 1:30 Scenic Drive - Berkeley 3:30 Fun and Games 4:00 Americas Got Talent 6:00 Evening Showcase
26 9:45 The Good News 10:30 Ring toss 11:00 Serenity Session 11:30 Movie Club 1:15 Bingo 2:00 Pets Hug Pack 2:30 UNO Card Game 3:00 Daily Chronicle 4:00 Easy Listening Music 6:00 Evening Showcase	27 9:45 The Good News 10:00 Morning Movement 11:00 Fun and Games-Puzzle 1:00 Documentary 2:00 Sing along 3:00 Bean Bag Toss 4:00 Dancing with the Stars 6:00 Evening Showcase	28 9:45 The Good News 10:00 Morning Chair Ball Workout 10:30 Sing along 10:45 Daily Chronicle 11:00 Walking Club 11:30 Fun and Games-Cross Word 1:15 Short Stories 1:45 Fitness with Maggie 2:30 Tuesday Trivia 3:30 Bowling 4:00 Guess Who 6:00 Evening Showcase	Chinese New Year 29 9:45 The Good News 10:15 Balloon Volley Ball 10:45 Daily Chronicle 11:30 Fun and Games-Puzzle 1:15 Meditation 1:45 Afternoon Stretch 2:30 Painting Fun 3:30 Bean Bag Toss 4:00 I Remember that-Discussion 5:00 Chinese New Year Dinner 6:00 Evening Showcase	Podiatrist Dr. Baba #212 30 9:45 The Good News 10:15 Beach Ball Pass 10:45 Daily Chronicle 10:55 Catholic Communion 11:15 Bingo 12:00 Lunch with Terrie 1:15 Walking Club 2:00 Fun and Games- Word Search 3:00 Happy Hour 4:30 Funny Animals 6:00 Evening Showcase	31 9:45 The Good News 10:15 Ribbon Dancing 10:45 Daily Chronicle 1:15 Meditation 1:45 Afternoon Stretch 2:30 Bean Bag Toss 3:00 Documentary 4:30 Wheel of Fortune 6:00 Evening Showcase	We make every effort to ensure the accuracy of the information contained in this newsletter and adhere to the scheduling as outlined in the notices. Please see our weekly schedule for the most current updated list of activities. Thanks!

Upcoming Events and Announcements

Dear Family & Friends,

Happy New Year! We hope you all had a wonderful holiday season and are ready to embrace the exciting events we have planned for January. This month is filled with fun activities, special outings, and opportunities to celebrate our community. Here's what we have in store:

Kick off the New Year with the spectacular Rose Bowl Parade! Join us as we watch the colorful floats and lively performances from the comfort of our home. Let's celebrate the beauty of this tradition together!

Every Saturday this month, we will embark on scenic drives to explore different beautiful locations. Enjoy the fresh air and picturesque views as we take in the sights around our community. Don't forget to bring your cameras!

Join us for our Happy Hour performances every other Thursday at 3 PM. We will be hosting a special Happy Hour on January 23rd to celebrate all of our residents with January birthdays! Join us for cake, refreshments, and a joyful gathering as we honor our birthday stars.

The Resident Art Show is back! Join us on January 19th at 10 AM to admire the creativity and talent of our residents in the community. This is a wonderful

opportunity to showcase their artwork and appreciate the beauty of their expressions.

On January 22nd, we will be going out for a delightful lunch outing at Sailor Jacks! We'll then celebrate the Lunar New Year with us on January 29th! We'll be hosting a special Chinese New Year dinner featuring traditional dishes and festive decorations. Join us for an evening of cultural celebration and delicious food!

To wrap up the month, join us for a special lunch with Terrie on January 30th. This is a great opportunity to connect, share stories, and enjoy a delicious meal together.

We look forward to a fantastic month filled with joy, creativity, and community spirit. Thank you for being a part of our neighborhood, and let's make this January one to remember!

Warm regards,
Joseph Negrido
Memory Care Director



Recent Happenings at The Kensington!