

# The Kensington at Walnut Creek



January 2025

A KISCO COMMUNITY



THE KENSINGTON AT WALNUT CREEK | 1580 GEARY RD, WALNUT CREEK, CA 94597

## The Kensington Directory

Joseph Villanueva, LVN  
**Executive Director**

Debbie Bradley  
**Assistant Executive Director**

Lindsey Andrews, LVN  
**Assisted Living Director**

Joseph Negrido  
**Memory Care Director**

Luke Brassinga  
**Sales Director**

Michelle Stashyn  
**Sales Director**

Fabio Dias  
**Dining Services Director**

Dean Elmore  
**Environmental Services  
Director**

Jane Hurst  
**Housekeeping Director**

Kayla Pierce  
**Art of Living Well Director**



## A Letter from the Executive Director

Dear Residents, Families, and  
Associates of The Kensington,

Happy New Year! This marks a fresh start for all of us here at The Kensington, it is the perfect time to reflect on the past year's accomplishments and set new goals for the year ahead. Our Art of Living Well programs, activities, events, and outings will provide you with a variety of opportunities to try something new, refine your current skills, and enjoy the company and engagement of your neighbors.

We encourage you to embrace the opportunities that the coming year has to offer and look forward to your feedback throughout which helps guide the programs and services we offer. I hope this year brings good health, happiness, and the achievement of some of your new goals for us all!



Thank you for being a part of our community, on behalf of the entire team here, we look forward to another year together.

Respectfully,

Joseph Villanueva  
Executive Director  
joseph.villanueva@kiscosl.com  
(925)943-1121

## Resident Spotlight



This month's Resident Spotlight is our very own Carole J! Carole has lived at The Kensington for three years and we're so happy to have her here!

Carole was born and raised in Connecticut. She attended a small women's catholic college in Washington, D.C. where she earned her degree in Liberal Arts with a concentration in Education. Living in D.C. exposed her to quite a few

historical events, she was even able to attend JFK's inauguration! After graduation, she taught for three years back home, and when she tired of that, moved to Chicago. She taught 3rd grade for six years, until she was married and moved to California.

In California, Carole and her husband had two children, a son and a daughter. She took some time after teaching to raise her children, but ultimately returned to 3rd grade after ten years. Carole loved teaching and being surrounded by children. Her favorite thing about teaching was reading to her class and exposing her students to new library books. She taught at a catholic school in Hayward for another 25 years before her retirement at age 72.

Since moving to The Kensington, Carole has remained very active in her community. She is the secretary of the resident council and the

author of a column in the Newsletter titled The Kensingtonian. Carole really enjoys expressing herself in her articles and tries to give a voice to all the residents in the community. In her spare time, she likes to read, and she wants to get back into knitting again. She really likes history and is grateful to have lived through many important events.

Carole moved to The Kensington from Alamo in late 2021. She lives with her two 'very spoiled' kitties, Moose and Tweetie Pie. Her favorite part about being at The Kensington is mealtimes, Carole really enjoys who she eats with, and her tablemates make her happy to be here. Carole will be celebrating her 83rd birthday this year. Make sure to wish her a happy birthday on January 9th! Congratulations on being this month's Spotlight!

## Community Happenings

JAN  
18 & 19



### Resident Art Showcase

Come and enjoy the wonderful showcase of a variety of paintings, crochet, knitting, sculptures and many more masterpieces that the residents of The Kensington have created from the past and present! Come and stroll the Library between 10am-4pm on Saturday and Sunday and take in all of the wonderful talent we have in our community! Please let Kayla know if you have anything you would like to showcase!

JAN  
26-31



### Around the World Destination: Thailand

For our next travel adventure we are heading to Thailand for our "Around the World" travel experience! Learn all about the amazing culture, food & geography of the region! We will have many activities relating to Thailand including trivia, All About Thailand, Languages of Thailand, A Taste of Thailand dinner & more!

JAN  
29th



### Chinese New Year Dinner

Join us as we celebrate Chinese New Year on the 29th with a special dinner from 4:30pm-6:30pm. The Chef and his culinary team will be preparing some delicious and traditional Chinese dishes for all to enjoy. Feel free to wear red and come with an empty stomach! This year we celebrate the year of the snake! Gong hei fat choy!

January  
2025

**RESIDENT COUNCIL  
COMMITTEE**

President- Bruce A.  
Vice President-Chick C.  
Secretary- Carole J.  
Gift Fund Committee-  
Dick E. & Bill P.

"We solve small problems  
before they become big ones"

**Resident Ambassadors**

Bruce A., Beverly M.,  
Chick C., Vera R., Eloise E.

Are you interested in being a  
Resident Ambassador? Reach  
out to Kayla Pierce, Wellness  
Director or join us for our  
monthly meeting!



See an "E" next to an activity?  
That means there's an  
assistive hearing device  
available—ask one of our  
activity staff to set you up!



Looking for a dentist that will  
come to you? Dr. Amaro with  
Tranquility Health in a mobile  
dentist who can provide exams,  
cleanings, fillings, crowns, bridges,  
dentures and more! For more  
information, contact Tranquility  
Health at (925)644-2700

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>LOCATION KEY</b> Activity Room = AR Bistro = B Courtyard = CY Dining Room = DR Fitness Center = FC Game Room = GR Library = LBR Lobby = L Zoom = Z</p>			<p><b>Happy New Year!</b> 9:00 136th Rose Parade (AR) 10:00 Prime Time Putting (CY) 1:15 Crossword Challenge (AR) 2:00 Matinee Movie (B) 3:00 Bridge (GR) 3:30 Science Hour (AR) 4:00 Menorah Lighting (LBR) 6:30 Evening Movie (AR)</p>	<p>9:00 Doctor Appointments (L) 9:30 Guess Who? (AR) 10:30 Catholic Communion (LBR) 10:30 Garden Growers (CY) 11:00 Arthritis Exercise (AR) <b>Monthly Birthday Celebration (DR)</b> 1:00 Doctor Appointments (L) 1:00 Monthly Activity Meeting (LBR) 2:00 Better Balance (AR) 3:00 Charades (AR) 3:30 Chess Lesson with Dane (LBR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>	<p>9:30 Good News Friday (LBR) 9:30 Shopping: DT Walnut Creek &amp; Rossmoor (L) 10:00 Watercolor Workshop (AR) 10:30 Mexican Train &amp; Dominoes (LBR) 1:00 Walnut Creek Audiology Visit #273 1:15 Crossword Challenge (AR) 1:30 Shopping: Countrywood &amp; Oak Grove (L) 2:30 Live 2B Healthy-Strength &amp; Balance (AR) 3:30 Happy Hour with Ciro Vargas (L) 6:30 Evening Movie (AR)</p>	<p>9:30 Garden Growers (L) 9:30 Life Size Scrabble (LBR) 9:30 Shopping: Pleasant Hill &amp; Palos Verdes (L) 11:00 Arthritis Exercise (AR) 1:00 Intellectual Infusion (AR) 2:00 Hooks &amp; Needles (GR) 3:00 Kings in the Corner (LBR) 3:30 Cornhole Competition (AR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>
<p>8:15 Rides to Church (L) 9:10 Kensington Chapel Service (LBR) 10:00 St. Mary's Virtual Mass (AR) 11:00 Arthritis Exercise (AR) 1:00 Monthly Trivia (AR) 1:30 Movie Club (LBR) 1:30 Scenic Drive to Crockett &amp; Rodeo (L) 2:00 Gentle Chair Yoga (AR) 3:30 Bingo Bonanza (AR)</p>	<p>9:00 Doctor Appointments (L) 9:30 Walk'n Shop to Sprouts (L) 10:00 Stock Club (LBR) 10:30 Information Hour (AR) 1:00 Resident Council Meeting (AR) 1:00 Rummikub (B) 2:30 Live 2B Healthy-Strength &amp; Balance (AR) 3:00 Community Store (B) 3:30 Wii Jeopardy (AR) 6:30 Evening Movie (AR)</p>	<p>9:00 Doctor Appointments (L) 9:30 Random Trivia (AR) 10:00 Food &amp; Dining Meeting (LBR) 10:30 Garden Growers (CY) 11:00 Arthritis Exercise (AR) 1:00 Doctor Appointments (L) 1:00 New Resident Orientation (AR) 2:00 Better Balance (AR) 2:45 Wii Bowling (AR) 3:00 Bible Class (LBR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>	<p>9:15 Club Walk'n Roll (L) 9:30 Trip Outing: Cache Creek Casino 11:00 Fitness w/ Empower Me Wellness (AR) 1:15 Crossword Challenge (AR) 2:15 Ceramics with Martha (AR) 3:00 Bridge (GR) 3:30 Science Hour (AR) 5:30 Piano Music with Mark Higuera (L)</p>	<p>9:00 Doctor Appointments (L) 9:30 Guess What? (AR) 10:30 Catholic Communion (LBR) 10:30 Garden Growers (CY) 11:00 Arthritis Exercise (AR) 1:00 Doctor Appointments (L) 1:00 Showing: A Man on the Inside: Ep. 1 &amp; 2 (B) 2:00 Better Balance (AR) 3:00 Charades (LBR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>	<p>9:30 Good News Friday (LBR) 9:30 Shopping: DT Walnut Creek &amp; Rossmoor (L) 10:30 Financial Friday: Medicare and Long-Term Care Options (AR) 10:30 Mexican Train &amp; Dominoes (LBR) 1:15 Crossword Challenge (AR) 1:30 Shopping: Countrywood &amp; Oak Grove (L) 2:30 Live 2B Healthy-Strength &amp; Balance (AR) 3:30 Happy Hour with Jack Convery (L) 6:30 Evening Movie (AR)</p>	<p>9:30 Garden Growers (L) 9:30 Life Size Scrabble (LBR) 9:30 Shopping: Pleasant Hill &amp; Palos Verdes (L) 11:00 Arthritis Exercise (AR) 1:00 Intellectual Infusion (AR) 2:00 Hooks &amp; Needles (GR) 3:00 Kings in the Corner (LBR) 3:30 Balloon Volleyball (AR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>
<p>8:15 Rides to Church (L) 9:10 Kensington Chapel Service (LBR) 10:00 St. Mary's Virtual Mass (AR) 11:00 Arthritis Exercise (AR) 1:00 Monthly Trivia (AR) 1:30 Scenic Drive to Antioch (L) 2:00 Gentle Chair Yoga (AR) 2:30 Furry Friends Visit (L) 3:30 Bingo Bonanza (AR) 6:30 Evening Movie (AR)</p>	<p>9:00 Doctor Appointments (L) 9:30 Travel2You Dental Apt #212 9:30 Walk'n Shop to Sprouts (L) 10:30 Information Hour (AR) 1:00 Rummikub (B) 1:30 The Bookworms Club (LBR) 2:30 Live 2B Healthy-Strength &amp; Balance (AR) 3:00 Community Store (B) 3:30 Wii Jeopardy (AR)</p>	<p>9:00 Doctor Appointments (L) 9:30 Historic Happenings (AR) 10:00 Resident Satisfaction Meeting (LBR) 10:30 Garden Growers (CY) 11:00 Arthritis Exercise (AR) 1:00 Doctor Appointments (L) 1:00 Resident Ambassador Meeting (LBR) 1:30 Tranquility Health Mobile Dentist #212 1:15 Birthday Card Making (LBR) 2:00 Better Balance (AR) 2:45 Wii Bowling (AR) 3:00 Bible Class (LBR) 4:00 LifeLoop-101 (AR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>	<p>8:45 Trip Outing: SF City Guides Tour 9:15 Club Walk'n Roll (L) 10:00 Prime Time Putting (CY) 11:00 Fitness w/ Empower Me Wellness (AR) 1:15 Crossword Challenge (AR) 2:00 Matinee Movie (B) 3:00 Bridge (GR) 3:30 Science Hour (AR) 6:30 Evening Movie (AR)</p>	<p>9:00 Doctor Appointments (L) 9:30 Guess Who? (AR&amp;Z) 10:30 Catholic Communion (LBR) 10:30 Garden Growers (CY) 11:00 Arthritis Exercise (AR) 1:00 Doctor Appointments (L) 1:00 Showing: A Man on the Inside: Ep.3 &amp; 4 (B) 2:00 Better Balance (AR) 3:00 Charades (AR) 4:00 New Resident Mixer (B) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>	<p>9:30 Good News Friday (LBR) 9:30 Shopping: DT Walnut Creek &amp; Rossmoor (L) 10:00 Designing Jewelry (AR) 10:30 Mexican Train &amp; Dominoes (LBR) 1:15 Crossword Challenge (AR) 1:30 Shopping: Countrywood &amp; Oak Grove (L) 2:30 Live 2B Healthy-Strength &amp; Balance (AR) 3:30 Happy Hour with Eddie Togonon (L) 6:30 Evening Movie (AR)</p>	<p>9:30 Garden Growers (L) 9:30 Shopping: Pleasant Hill &amp; Palos Verdes (L) 10am-4pm Resident Art Showcase (LBR) 11:00 Arthritis Exercise (AR) 1:00 Intellectual Infusion (AR) 2:00 Hooks &amp; Needles (GR) 3:00 Kings in the Corner (B) 3:30 Kickball (AR) 6:30 Bridge (GR)</p>
<p>8:15 Rides to Church (L) 9:10 Kensington Chapel Service (L) 10am-4pm Resident Art Showcase (LBR) 10:00 St. Mary's Virtual Mass (AR) 11:00 Arthritis Exercise (AR) 1:00 Monthly Trivia (AR) 1:30 Scenic Drive to Oakland &amp; Lake Merritt (L) 1:45 Tech-101 (B) 2:00 Gentle Chair Yoga (AR) 3:30 Bingo Bonanza (AR) 6:30 Evening Movie (AR)</p>	<p><b>Martin Luther King Jr. Day</b> 9:00 Doctor Appointments (L) 9:30 Travel2You Dental Apt. #273 9:30 Walk'n Shop to Sprouts (L) 10:00 Stock Club (LBR) 10:30 Information Hour (AR) 1:00 Rummikub (B) 1:30 Movie Club (LBR) 2:30 Live 2B Healthy-Strength &amp; Balance (AR) 3:00 Community Store (B) 3:30 Wii Jeopardy (AR) 6:30 Evening Movie (AR)</p>	<p>9:00 Doctor Appointments (L) 9:30 Music &amp; Lyrics (AR) 10:00 Food &amp; Dining Meeting (LBR) 10:30 Garden Growers (CY) 11:00 Arthritis Exercise (AR) 1:00 Community Counseling with Jonathan (LBR) 1:00 Doctor Appointments (L) 2:00 Better Balance (AR) 2:45 Wii Bowling (AR) 3:00 Bible Class (LBR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>	<p>9:15 Club Walk'n Roll (L) 9:30 Blood Pressure &amp; Weight Clinic w/ Continuum (LBR) 11:00 Fitness w/ Empower Me Wellness (AR) 1:15 Crossword Challenge (AR) 2:15 Ceramics with Martha (AR) 3:00 Bridge (GR) 3:30 Science Hour (AR) 4:45 Trip Outing: Dinner at Do</p>	<p>9:00 Doctor Appointments (L) 9:30 Guess What? (AR) 10:30 Catholic Communion (LBR) 10:30 Garden Growers (CY) 11:00 Arthritis Exercise (AR) 1:00 Doctor Appointments (L) 1:15 Town Hall Meeting (E) (L&amp;Z) 2:00 Better Balance (AR) 3:00 Charades (AR) 4:00 Presentation: Utilization of My Medicare Plan for 2025 (LBR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>	<p>9:30 Good News Friday (LBR) 9:30 Shopping: DT Walnut Creek &amp; Rossmoor (L) 10:30 Mexican Train &amp; Dominoes (LBR) 10:30 The Great Courses: Conquest of the America's (AR) 1:15 Crossword Challenge (AR) 1:30 Shopping: Countrywood &amp; Oak Grove (L) 2:30 Live 2B Healthy-Strength &amp; Balance (AR) 3:30 Happy Hour with Billy Schaub (L) 6:30 Evening Movie (AR)</p>	<p>9:30 Garden Growers (L) 9:30 Life Size Scrabble (LBR) 9:30 Shopping: Pleasant Hill &amp; Palos Verdes (L) 11:00 Arthritis Exercise (AR) 1:00 Intellectual Infusion (AR) 2:00 Hooks &amp; Needles (GR) 3:00 Joy of Painting (AR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>
<p>8:15 Rides to Church (L) 9:10 Kensington Chapel Service (LBR) 10:00 St. Mary's Virtual Mass (AR) 11:00 Arthritis Exercise (AR) 1:00 Monthly Trivia (AR) 1:30 Pet Hug Pack Visit (L) 1:30 Scenic Drive to San Bruno (L) 2:00 Gentle Chair Yoga (B) 2:30 About the Thai Language (AR) 3:30 Bingo Bonanza (AR)</p>	<p>9:00 Doctor Appointments (L) 9:30 Walk'n Shop to Sprouts (L) 10:30 Information Hour (AR) 1:00 Rummikub (B) 1:30 The Bookworms Club (LBR) 2:30 Live 2B Healthy-Strength &amp; Balance (AR) 3:00 Community Store (B) 3:30 Wii Jeopardy (AR) 6:30 Evening Movie (AR)</p>	<p>9:00 Doctor Appointments (L) 9:30 Thailand Trivia (AR) 10:00 Resident Satisfaction Meeting (LBR) 10:30 Garden Growers (CY) 11:00 Arthritis Exercise (AR) 1:00 Doctor Appointments (L) 2:00 Better Balance (AR) 2:45 Wii Bowling (AR) 3:00 Bible Class (LBR) 6:30 Bridge (LBR) 6:30 Evening Movie (AR)</p>	<p>9:15 Club Walk'n Roll (L) 10:00 Prime Time Putting (CY) 10:15 Trip Outing: Lunch at The Trident (L) 11:00 Fitness w/ Empower Me Wellness (AR) 1:15 Crossword Challenge (AR) 3:00 Bridge (GR) 3:00 Dementia Support Group (LBR) 3:30 Science Hour (AR) 4:30-6:30pm Chinese New Year Dinner (DR) 6:30 Evening Movie (AR)</p>	<p><b>Podiatrist Dr. Baba #273</b> 9:00 Doctor Appointments (L) 10:30 Catholic Communion (LBR) 10:30 Garden Growers (CY) 11:00 Arthritis Exercise (AR) 1:00 Doctor Appointments (L) 1:00 Men's Club: "Washington D.C. by Air" (GR) 2:00 Better Balance (AR) 3:00 Charades (AR) 4:00 Showing: A Man on the Inside: Ep. 5 &amp; 6 (B) 6:30 Bridge (LBR)</p>	<p>9:30 Good News Friday (LBR) 9:30 Shopping: DT Walnut Creek &amp; Rossmoor (L) 10:30 All About Thailand (AR) 10:30 Mexican Train &amp; Dominoes (LBR) 1:15 Crossword Challenge (AR) 1:30 Shopping: Countrywood &amp; Oak Grove (L) 2:30 Live 2B Healthy-Strength &amp; Balance (AR) 3:30 Happy Hour with The Good Guys (L) 4:30 A Taste of Thailand (DR)</p>	<p><b>We make every effort to ensure the accuracy of the information contained in this newsletter and adhere to the scheduling as outlined in the notices. Please see our community TV in the Lobby for the most current updated list of activities and locations. Thank you!</b></p>

*Around the World Destination: Thailand*

# The Kensingtonian



Hello fellow Kensingtonians.

Happy New Year to all Kensingtonians, residents and staff. Best wishes for a happy and healthy 2025. I find it astonishing that we are a quarter of a way into the twenty-first century. The Activities Director, Kayla P. and her team gave 2024 a hearty send-off with a huge variety of activities planned after Thanksgiving. There were so many varied groups that we could sing along to. This column, having a deadline of mid-month, we haven't

scratched the surface of choral groups. I particularly enjoyed the Peter Pan group that serenaded us in the dining room at lunch with their creative arrangements of Christmas songs, as well as a Hannukah selection. That reached an audience that may not have attended a presentation in the Lobby. I imagine the program was a pleasant surprise to all. An exceptionally large group of residents enjoyed the tree lighting and caroling led by Tonic Trio, a charming trio of ladies in the Lobby after dinner on December 5th. The outside doors were closed so we all were spared the blasts of cold air. A cozy group savored the sophisticated piano stylings played by Mark C. Higuera on December 12th. It ranged from Christmas Carols to a selection from Phantom of the Opera and was so relaxing after dinner. We were treated to Twelve Nights

of Christmas movies in the Activity Room. There were craft activities at the Holiday Extravaganza as well as an opportunity to decorate ornaments with Assisteens and make blankets for patients at Children's Hospital. And an after lunch hot cocoa and apple treat event. Residents were invited to decorate their entry ways in a friendly competition. We enjoyed many church and neighborhood choirs, too. The activities reflected the season. They were a combination of holiday observance, joyful praise, seasonal community projects, awareness of other's needs and community singing of carols. Cheers and on to 2025. No resolutions, just determination to make this as wonderful a year as possible.

Carole J.



## *Holiday Celebrations!*

## Associate Anniversaries

Rob Kabunga	1 yr	Sharnice Mitchell	7 yrs
Jhesenia Smith	1 yr	Sorcina Sebastian	8 yrs
Norma Garduno	3 yrs	Kayla Pierce	13 yrs
La Tanya Rixter	3 yrs	Jane Hurst	28 yrs
Patricia De Guzman	7 yrs		

## Associate Birthdays

Rose Dinoso	2nd	Jessie Cademartori	22nd
Christian Figueroa	2nd	Marlene Asuncion	24th
Latoye Lunsford	4th	Estephanie Madrigal	26th
Ramon Martinez	10th	Isabel Sebreros	28th
Dean Elmore	17th	Angela Martinez	30th
Juan Americano	18th	Anna Martinez	30th
Nisha Alexander	22nd	Sydney Shoals	31st
Candace Bents	22nd		

## Employee Spotlight



has a long career in customer service from the Bay Area and as far away as Dubai, where he lived for fifteen years! Rey and his husband Rafael enjoy family, friends and traveling.

Rey was born in Manila, Philippines and just moved here to the United States in 2021. Outside of work, Rey loves to travel, especially to tropical countries and Europe. What Rey loves most about working in our community is the friendly interactions he receives from residents and associates. He also loves the teamwork shared between associates and making sure residents are happy. Congratulations to Rey for being selected as January's Spotlight winner and a sincere thank you for helping make The Kensington a wonderful community to live and work!

This month's "Employee Spotlight" is shining on our amazing Customer Service Representative, Rey Osorio! Rey marked his one-year anniversary with the community in November. You will see Rey almost daily at the main reception desk, where he continually mans the phonelines and directs visitors, all while assisting residents. When Rey is juggling different tasks and phone calls concurrently, you will always see a smile on his face and sharing kind words with all. It may not surprise you that Rey

## Pet of the Month



Meet Foxy, our pet of the month! Foxy is a 13 year-old black cat with gorgeous green eyes. She moved to The Kensington with Jan and Susan P. three months ago. Jan and Susan got Foxy 12 years ago. They originally found her at the pound but weren't quite ready to adopt. She was moved to a pet store, and Susan went back for her. They then adopted her into their family. The reason they named her 'Foxy' was because they previously had a kitty named 'Wolfy' for 18 years and wanted to continue the tradition. Their favorite memory of Foxy is when she was a kitty, their granddaughter would carry her around everywhere. Foxy lived with Jan and Susan in their home in Lafayette, and enjoyed being outdoors before moving. She enjoys watching the rain and lounging around.

Foxy is a mellow cat, but she also has a wild side to her. Shortly after moving in, she escaped from Jan and Susan's balcony and took a weeklong adventure. Jan and Susan were quite worried but luckily, they were able to find her thanks to the help of their neighbors! She's now safe and sound again. It's a joy having Foxy and her parents here at The Kensington!

Thank you for being our pet of the month!

## Happy Birthday!

Helen M. - 3rd  
Polly R. - 3rd  
Dave H. - 4th  
Carole J. - 9th  
Mary Ann G. - 9th

Shawna H. - 12th  
Susan S. - 17th  
Penny B. - 23rd  
Bill B. - 26th  
John R. - 27th

Welcome to our  
community!

Patricia & Stirling A.  
Pat L.  
Irma G.

# The Kensington at Walnut Creek



A KISCO COMMUNITY

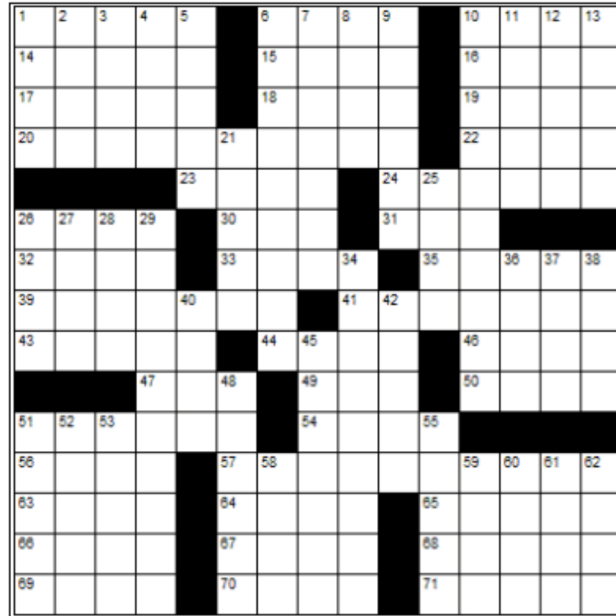
*We'd love to hear from you!*

Contact your Wellness Director with ideas and submissions for your upcoming Kensington Newsletter!

**Kayla Pierce, Art of Living Well Director**  
(925) 482-1206 | [kayla.pierce@kiscosl.com](mailto:kayla.pierce@kiscosl.com)

## ACROSS

1. By surprise
6. Pinnacle
10. Not alive
14. Frigid
15. Seethe
16. Inactive
17. Lacquer ingredient
18. As required
19. Portent or omen
20. Steel factory
22. "Go away!"
23. Holy man
24. Is melodramatic
26. Be necessary
30. Band booking
31. Anagram of "One"
32. Against
33. 1 1 1 1
35. Engaged
39. Endurance
41. Leather factory
43. Serious
44. Neighbor of Vietnam
46. Enclosure
47. Lower limb
49. Guff
50. Anagram of "Rose"
51. Cast out
54. Decorated, as a cake
56. Not fatty
57. Designed
63. A Great Lake
64. Anagram of "Sent"
65. Inscribed pillar
66. Knights
67. Abound
68. The sound of a bell
69. Earl Grey and orange pekoe
70. Probabilities
71. Mud volcano



1. Gorillas
2. A roll of cloth
3. Away from the wind
4. Arrived
5. Small shrimplike crustaceans
6. Torso muscles
7. Bravery
8. Comes from cows
9. French president's residence
10. Disharmony
11. Decree
12. Seaweed

## DOWN

13. Dings
21. Cart
25. Cut
26. A body of matter
27. "Do \_\_\_\_ others"
28. Pierce
29. Being at the right time
34. Indifferences to pleasure or pain
36. Equipment
37. Therefore
38. Colors
40. Ticks off
42. Poplar variety
45. Brought into agreement
48. Depressed urban area
51. Highly favored
52. Eagle's home
53. Nigerian money
55. Writing tables
58. Require
59. Europe's highest volcano
60. Bobbin
61. L L L L
62. Expunge

## About Kisco Senior Living

For over 30 years, Kisco has specialized in developing and managing full-service senior living communities that provide an enriched lifestyle. Our unique philosophy and approach for safety and security, trust and transparency, and five-star service delivery have always been our top priorities. Kisco leads the way in ensuring associates and residents have peace of mind, knowing that our communities deliver on the promise of Kisco Confidence®.

Kisco Senior Living is committed to exemplary service delivered with integrity, dignity, and compassion. Our communities for seniors are distinguished by warm, secure and friendly environments. Our mission is to enhance and enrich the lives of our residents, based on our principles, values and beliefs:

- Responding immediately to residents' needs and concerns
- Encouraging independence
- Open communication
- Continuous improvement
- Offering high quality creatively designed programs
- Promoting a sense of community and friendship
- Fostering a learning environment

We live by a standard of conduct which encompasses honesty, accountability, personal development and a passion for excellence.

1580 Geary Rd. Walnut Creek, CA 94597 | (925) 943-1121 | [kiscoseniorliving.com](http://kiscoseniorliving.com)