


# Woodland Terrace January 2025– Arboretum

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>KEY:</b>  <b>A:</b> A Hall  <b>B:</b> B hall  <b>C:</b> C Hall  <b>D:</b> D Hall  <b>N:</b> Neighborhoods  <b>WTTV:</b> Channel. 1390  <b>LR:</b> Arb Living Room  <b>BUS:</b> Bus Outing  <b>P+:</b> Pool (escort)  <b>\$-</b> Added fees apply  <b>+</b>: Requires family Escort  <b>VSLR:</b> Verra Spring Living Room</p>	<p><b>Happy Birthday, Residents!</b>  <b>Ellen Tehve 1/31</b>  <b>Programs are Subject to Change</b></p>		<p><b>1 New Years Day!</b>  <b>10:00 Morning Sing Along (N)</b>  <b>1:30 Sing Along with Joan (A)</b>  <b>3:00 Singfit with Care staff (A)</b>  <b>3:30 Hydration Time (N)</b></p>	<p><b>2</b>  <b>10:00 Morning Movement (D Combined)</b>  <b>10:45 Whack A Mole Game (D Combined)</b>  <b>1:30 Guitar by Luke (VS)</b>  <b>2:30 Winter craft (A)</b>  <b>3:30 Hydration Pass (N)</b></p>	<p><b>3</b>  <b>10:00 Morning Movement (D combined)</b>  <b>10:45 Word Game (D Combined)</b>  <b>1:30 Trivia Time (A Combined)</b>  <b>2:00 Corn Hole (A)</b>  <b>3:00 Singfit with Care staff (A)</b>  <b>3:30 Hydration Time (N)</b></p>	<p><b>4</b>  <b>10:00 Make, Bake and Decorate Snowman Cookies (C)</b>  <b>10:30 Hydration Pass (N)</b>  <b>1:00 Classical Music (A)</b>  <b>2:00 Jeopardy (A)</b>  <b>3:00 Singfit with Carestaff (C)</b>  <b>4:00 Afternoon Movie (N)</b></p>
<p><b>5</b>  <b>10:00 Woodland Church Service (IL+)</b>  <b>3:00 Singfit with Care staff (A)</b>  <b>3:30 Sunday Movie (N)</b></p>	<p><b>6</b>  <b>10:00 Morning Movement (C)</b>  <b>10:30 Hydration time (N)</b>  <b>10:45 Word game (C)</b>  <b>1:30 Manicures (B)</b>  <b>2:30 Performance by Jack Lewis (A)</b>  <b>3:30 Hydration Pass (N)</b></p>	<p><b>7</b>  <b>10:00 Morning Movement (D Combined )</b>  <b>10:30 Hydration Pass (N)</b>  <b>10:45 Word game letter G (D Combined)</b>  <b>1:30 Wack a Mole (C Hall)</b>  <b>2:30 Jeopardy (C Combined)</b>  <b>3:45 Classic Movie (N)</b></p>	<p><b>8</b>  <b>10:00 Morning Movement (B &amp; C)</b>  <b>10:30 Hydration Time (N)</b>  <b>10:45 Word Games (A&amp;D)</b>  <b>1:30 Haleys Devotions (B)</b>  <b>2:30 Bingo (A)</b>  <b>3:00 Singfit with Care staff (A)</b>  <b>3:30 Hydration Time (N)</b></p>	<p><b>9 National Popcorn day!</b>  <b>10:00 Morning Movement (C Combined)</b>  <b>10:30 Dog Visits with Brenda (Both Halls)</b>  <b>11:00 Hydration Pass (N)</b>  <b>1:30 Afternoon Disney Movie with Pop corn ( A)</b>  <b>3:30 Hydration Pass (N)</b></p>	<p><b>10</b>  <b>10:00 Morning Ride Around (VAN)</b>  <b>11:15 Hydration Pass (N)</b>  <b>1:30 Hymn Sing Along ( A )</b>  <b>2:30 Self Care Station (A)</b>  <b>3:00 Singfit with Care staff (A)</b>  <b>3:30 Hydration Time (N)</b></p>	<p><b>11</b>  <b>10:00 Travel Trivia (C Combined)</b>  <b>10:30 Hydration Pass (N)</b>  <b>1:30 Jeopardy (A)</b>  <b>3:00 Singfit with Carestaff (C)</b>  <b>4:00 Afternoon Movie (N)</b></p>

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<p>12</p> <p>10:00 Woodland Church Service (IL+)</p> <p>3:00 Singfit with Care staff (A)</p> <p>3:30 Sunday Movie (N)</p>	<p>13</p> <p>10:00 Morning Movement (C)</p> <p>10:30 Hydration time (N)</p> <p>10:45 Word game ( C)</p> <p>1:30 Manicures ( B )</p> <p>2:30 Men's Group ( LR)</p> <p>3:30 Hydration Pass (N)</p>	<p>14</p> <p>10:00 Chair Exercise (C Combined)</p> <p>10:30 Hydration Pass (N)</p> <p>10:45 Brain Teasers (C Combined)</p> <p>1:30 Italian Food Tour (A)</p> <p>3:30 Afternoon Hydration Pass (N)</p>	<p>15 National Strawberry Ice cream day!</p> <p>10:00 Morning Movement (B &amp; C)</p> <p>10:30 Hydration time (N)</p> <p>10:45 Brain Teasers (B&amp;C)</p> <p>1:30 Color your own Ice Cream Cone (C)</p> <p>2:00 Strawberry ice Cream Party ( C )</p> <p>3:00 Singfit with Care staff (A)</p> <p>3:30 Hydration Pass (N)</p>	<p>16</p> <p>10:30 Morning Movement (C Combined)</p> <p>11:00 Hydration Pass (N)</p> <p>1:30 Scents beyond sight (B)</p> <p>2:30 Haley’s Devotions (Combined A)</p> <p>3:30 Hydration Pass (N)</p> <p><b>RSVP by today for Memory Café by emailing Christina.browning@kiscosl.com</b></p>	<p>17</p> <p>10:00 Morning Movement (B &amp; C)</p> <p>10:30 Hydration Pass (N)</p> <p>10:45 Word games (B &amp; C)</p> <p>2:30 Mocktails with management ( A)</p> <p>3:00 Singfit with Care staff (A)</p> <p>3:30 Hydration Pass (N)</p>	<p>18</p> <p>10:00 Travel Trivia (C Combined)</p> <p>10:30 Hydration Pass (A&amp;C)</p> <p>1:30 Jeopardy (A)</p> <p>3:00 Singfit with Care staff (C)</p> <p>3:45 Hydration Pass</p>
<p>19</p> <p>10:00 Woodland Church Service (IL+)</p> <p>3:00 Singfit with Carestaff (A)</p> <p>3:30 Sunday Movie (N)</p>	<p>20 Martin Luther King JR Day!</p> <p>10:30 Word Game with Angela ( B )</p> <p>2:30 Performance by Jack Lewis ( VS LR)</p> <p>3:30 Hydration Pass (N)</p>	<p>21 <b>Memory Café!</b></p> <p>10:00 Morning Movement (C Combined)</p> <p>10:30 Hydration Station (N)</p> <p>10:45 Brain Teasers (C Combined)</p> <p>1:30 Manicures ( A &amp; C )</p> <p>2:30 Haleys Devotions (B)</p> <p>3:30 Hydration Pass (N)</p> <p><b>5:00 Memory Café (CR)</b></p>	<p>22 <b>Cheese day!</b></p> <p>10:00 Morning Movement (C)</p> <p>10:30 Hydration time (N)</p> <p>10:45 Brain Teasers (B)</p> <p>1:30 Bingo (A)</p> <p>2:30 Charcuterie Party (A)</p> <p>3:00 Singfit with Care staff (A)</p> <p>3:30 Hydration Pass (N)</p>	<p>23 <b>National Pie day!</b></p> <p>10:00 Morning Movement (C Combined)</p> <p>10:30 Hydration time (N)</p> <p>10:45 Word Games (C Combined)</p> <p>1:30 Calm coloring (B)</p> <p>2:30 Pie Party (A)</p> <p>3:30 Hydration pass (N)</p>	<p>24</p> <p>10:00 Chair Exercise (C Combined)</p> <p>10:30 Hydration Pass (N)</p> <p>10:45 Travel Trivia (C Combined)</p> <p>1:30 Manicures (C)</p> <p>2:30 Jeopardy (Combined A)</p> <p>3:30 Singfit with Care staff (A)</p> <p>3:30 Hydration Pass</p>	<p>25</p> <p>10:00 Volunteer Programming</p> <p>10:30 Hydration (N)</p> <p>1:30 Jeopardy (A)</p> <p>3:00 Singfit with Care staff (C)</p> <p>3:45 Hydration Pass (N)</p>

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<p>26</p> <p>10:00 Woodland Church Service (IL+)</p> <p>3:00 Singfit with Carestaff (A)</p> <p>3:30 Sunday Movie (N)</p>	<p>27</p> <p>10:00 Chair exercise ( C )</p> <p>10:30 Hydration Pass (N)</p> <p>10:45 Word games (C)</p> <p>1:30 Manicures ( A)</p> <p>2:30 Painting ( A)</p> <p>3:30 Hydration Pass (N)</p>	<p>28 <b>National Blueberry Pancake day!</b></p> <p>10:00 Morning Movement (C Combined)</p> <p>10:30 <b>Blueberry Pancakes ( C )</b></p> <p>1:30 Whack a Mole ( C )</p> <p>2:30 <b>Word Games ( A )</b></p> <p>3:30 Hydration Pass (N)</p>	<p>29 <b>National Puzzle day!</b></p> <p>10:00 Morning Movement (B &amp; C)</p> <p>10:30 Hydration Time (N)</p> <p>10:45 Word Games (A&amp;D)</p> <p>1:30 Jeopardy (Combined A)</p> <p>2:30 Putting puzzles together (B)</p> <p>3:00 <b>Singfit with Care staff (A)</b></p> <p>3:30 Hydration Time (N)</p>	<p>30</p> <p>10:00 Morning Movement (C Combined)</p> <p>10:30 Hydration Pass (N)</p> <p>10:45 Word Game (B Combined )</p> <p>1:30 Manicure ( A &amp; C)</p> <p>2:00 Corn Hole ( A )</p> <p>3:30 Hydration Pass (N)</p>	<p>31 Happy Birthday Ellen!</p> <p>10:00 Chair exercise (C Combined)</p> <p>10:30 Hydration Pass (N)</p> <p>10:45 IN2L Fun! (C Combined)</p> <p>1:30 Whack a Mole ( A)</p> <p>2:30 <b>January Birthday Party (C Combined)</b></p> <p>3:30 Sing fit with Care staff ( A )</p> <p>3:30 Hydration Pass (N)</p>	