



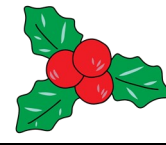
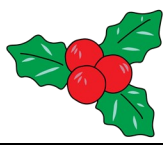
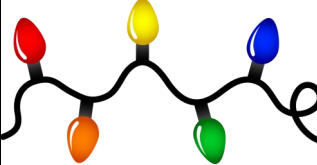














Monday	Tuesday	Wednesday	Thursday	Friday	Saturday & Sunday	
<p><b>In The Know...</b></p> <p><b>ALW Calendar Announcement December 3</b></p> <p><b>Mary's Chats December 16</b></p> <p><b>Library Volunteers Meeting December 20</b></p>		<p>AL: Assisted Living AL/DR1: Assisted Living Dining Room AL/P: Assisted Living Garden Patio AL1: Assisted Living 1st Floor Living Room AL2: Assisted Living 2nd Activity Room AL3: Assisted Living 3rd Activity Room B: MG Bus Outing Bistro: IL Dining: Oak Room (IL 1st Floor) C: Car Outing Conf: Conference Room (IL 2nd Floor) FC: Fitness Center (IL 1st Floor) FD: Front Desk (IL 2nd Floor)</p> <p>IL: Independent Living IL/CA: IL Card Room (IL 2nd Floor) IL/CR: IL Craft Room (IL 1st Floor) IL/DR: IL Dining: Oak Room (IL 1st Floor) IL/LR: IL Living Room (IL 2nd Floor) IL/PDR: Private Dining Room IL3: IL 3rd Floor Lounge IL4: IL 4th Floor Lounge Lib: IL Library (IL 2nd Floor) M/WC: Media/Worship Center (IL 1st Floor) P: Pool (IL 1st Floor) Pub: IL 1st Floor</p>			<p><b>Stay Fit Walking Through the Holidays</b></p> <p><b>Monday-Friday 8:30 MGTV (1-1) 15 minute workout</b></p>	
 <p><b>Gift Wrap Station</b></p> <p><b>For the month of December stop by AL2 for your Holiday wrapping needs! We will have wrapping paper, tissue paper, tape, ribbon, etc.</b></p>		<p><b><u>Please note that committee meetings in bold print on the calendar are open to all Residents to attend.</u></b></p> <p>*Denotes that you must sign-up/ preregistered for the program or event*</p> <p>Please sign up for all Bus Outings ASAP in the book located at the Front Desk! Medical Appointments are scheduled on Tuesdays, Wednesdays &amp; Thursdays between 8:30 a.m.- 2:30 p.m. There will be a fee if you do not turn in your request 48 <u>business hours</u> before your appointment.</p> <p>MGTV is your way to know what is going on! Tune in to Direct TV Channel 1-1 &amp; the NEW community app for the latest information.</p>			<p><b>1</b></p> <p>10-Morning Stretch (MGTV) 11-Worship Live (M/WC) 2-Wii Bowling (FC) 3-Meditative Moments (MGTV) 4-Classical Music Video: Andre Rieu-Home For Christmas (MGTV &amp; Pub) 6-Wii Bowling (FC) 7-Sunday Night Movie: In Harm's Way (MGTV &amp; Pub)</p>	
<p><b>2</b></p> <p>9:15-Aquatone (P) *10-Dollar Tree, Home Goods, TJ Maxx's (B) 10:30-Moving on Monday (AL1) 11-Hand Exercise (IL/CR) *12:30-2:30-Ride for \$5 (Car) 1:30-Fitter Sitters (MGTV) 2-Word of the Week (AL2) 2-Yoga for Better Balance (M/WC) 2-Wii Bowling (FC) 2-Harpsichord Performance with Steve Hilton (IL/CR) 4-Charades (AL1) 6-10-Game Night (IL/CA) 6:30-7:30-Dulcimer Practice (IL/CR)</p>	<p><b>3</b></p> <p>*9:30-Food Lion (B) 10:30-Hangman (AL1) 11-Balance Worx (IL/CR) 12:30-Movercise (IL/CR) *12:30-2:30-Ride for \$5 (Car) 2-Wii Bowling (FC) 2-Team Trivia (IL/CA) 2-Who, What, Where? (AL3) 3-All About Italy with Joseph Mondina (IL/CR) 4-ALW Calendar Announcement (IL/CR) 6-10-Game Night (IL/CA)</p> 	<p><b>4</b></p> <p>9:15-Aquatone (P) 10:30-12-Fitness Center Drop In (FC) 10:30-Choral Group (M/WC) 10:30-Wrapping Station (AL2) 10:30-Flex &amp; Balance (FC Hall) 11-Hand Exercise (IL/CR) 12-Bible Study (IL/CR) 1:30-Fitter Sitters (MGTV) 2-Wii Bowling (FC) 4-New Song Music (AL1) 6-10-Game Night (IL/CA)</p>	<p><b>5</b></p> <p>*9:30-Harris Teeter Shuttle (B) 10:30-Tai Chi (IL/CR) 11-Hand Exercise (AL2) 11-Balance Worx (IL/CR) 1-BINGO (IL/CR) 1:30-Book Club (Lib) 2-Wii Bowling (FC) 2-Yoga for Better Balance (AL2) 3-Birthday &amp; Anniversary Party (IL/CR) 6-10-Game Night (IL/CA) 6:30-7:30-Dulcimer Practice (M/WC)</p> 	<p><b>6 Candy Cane Day</b></p> <p>*8:30-Banks (Car) 9:15-Aquatone (P) 10-Morning Meditation (M/WC) 10:30-Flex &amp; Balance (FC Hall) 10:30-Book &amp; A Beverage The Apple by HG Wells (AL3) *11-NC Symphony (B) 12-Flower Pick-up (M/WC) 1-2-Blood Pressure Check (IL/CA) 2-Artworks: Dramatic Reading (Lib) 2-Holiday Pen Making (AL2) 2-Wii Bowling (FC) 3:30-Shabbat Service (M/WC) 4-Game of the Week: Wordle (AL2) 6-10-Game Night (IL/CA)</p> 	<p><b>7 Nat'l Pearl Harbor Remembrance Day</b></p> <p>10:30-Remember Pearl Harbor (AL1) 1-BINGO (IL/CR) 2-Standing Tai Chi (MGTV) 3-Keebler Snack Time (AL2) 3:30-Rosary Prayer (M/WC) 4-Eucharistic Service (M/WC) 7-Saturday Night Movie: Tora! Tora! Tora! (MGTV &amp; Pub)</p>	
<p><b>9</b></p> <p>9:15-Aquatone (P) *10-Walmart (B) 10:30-Moving on Monday (AL1) 11-Hand Exercise (IL/CR) *12:30-2:30-Ride for \$5 (Car) 1:30-Fitter Sitters (IL/CR) 2-Yoga For Better Balance (IL/CR) 2-Wii Bowling (FC) 2-Classic TV Throwback (AL2) 4-Monthly Mixer with Luke Lowe (AL1) 6-10-Game Night (IL/CA) 6:30-7:30-Dulcimer Practice (IL/CR)</p>	<p><b>10</b></p> <p>*9:30-Food Lion (B) 10-Eucharistic Service (M/WC) 10:30-Master Gardeners (AL2) 11-Balance Worx (IL/CR) 12:30-Get Fit with Frankie (IL/CR) *12:30-2:30-Ride for \$5 (Car) 2-Wii Bowling (FC) 2-Team Trivia (IL/CA) 2-Bingo (AL2) 3-Scholar Series with David Cope: <i>Deck the Halls with Christmas Customs</i> (IL/CR) 6-10-Game Night (IL/CA)</p>	<p><b>11</b></p> <p>9:15-Aquatone (P) 10:30-12-Fitness Center Drop In (FC) 10:30-Choral Group (M/WC) 10:30-Wrapping Station (AL2) 10:30-Flex &amp; Balance (FC Hall) 11-Hand Exercise (IL/CR) 12-Community Communion (M/WC) 1:30-Fitter Sitters (IL/CR) 2-Mid Day Music Jam (AL1) 2-Wii Bowling (FC) 3-Magnolia Gems: <i>Three Keys to Style Fundamentals</i> with Michele Nidiffer (IL/CR) 4-Backwards Game (AL1) 6-10-Game Night (IL/CA) 7-Music Performance with Singer, Lee Dean (IL/CR)</p>	<p><b>12</b></p> <p>9-10-Hearing Aid Check (AL3) *9:30-Harris Teeter Shuttle (B) 10:30-Tai Chi (IL/CR) 11-Balance Worx (IL/CR) 11-Hand Exercise (AL2) 1-BINGO (IL/CR) 2-Building and Grounds Committee (M/WC) 2-"Band" Camp (AL2) 2-Wii Bowling (FC) 2-Residents' Association Board Meeting (Lib) 6-10-Game Night (IL/CA)</p> <div style="border: 2px solid green; padding: 5px; text-align: center;"> <p><b>A Swinging Holiday Party 4-7 PM Oak Room, IL/CR &amp; Pub</b></p> <p><b>Performance by: Capital Transit</b></p> </div>	<p><b>13 Sock Day</b></p> <p>*8:30-Banks (Car) 9:15-Aquatone (P) 10-Morning Meditation (M/WC) 10:30-Flexible Friday (AL1) 10:30-Flex &amp; Balance (FC Hall) 11-Legacy Healthcare Chat (M/WC) 12-Flower Pick-up (IL/CR) *1-Joanne Fabrics &amp; Burney's Bakery (B) *1-Library (Car) 1-2-Blood Pressure Check (IL/CA) 2-Wii Bowling (FC) 2-Family Feud (AL2) 3-Shared Treasures (IL/CR) 4-Game of the Week: <i>Skipbo</i> (AL1) 6-10-Game Night (IL/CA)</p>	<p><b>14</b></p> <p>10:30-JD Good Time Band (AL1) 1-BINGO (IL/CR) 2-Standing Tai Chi (MGTV) 3-Afternoon Stretch (AL2) 3-Poetry with Judith (Lib) 3:30-Rosary Prayer (M/WC) 4-Eucharistic Service (M/WC) 7-Saturday Night Movie: <i>The Goodbye Girl</i> (MGTV &amp; Pub)</p>	
					<p><b>15</b></p> <p>10-Morning Stretch (MGTV) 11-Worship Live (M/WC) 2-Wii Bowling (FC) 3-Meditative Moments (MGTV) 4-Music Video: Andrea Bocelli-<i>The Heart of Christmas</i> (MGTV &amp; Pub) 6-Wii Bowling (FC) 7-Sunday Night Movie: <i>The Best Little Whorehouse in Texas</i> (MGTV &amp; Pub)</p>	



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<p><b>16</b> 9:15-Aquatone (P) *10-Crabtree Valley Mall (B) 10:30-Mary's Chat (AL1) 11-Hand Exercise (IL/CR) 12-Lunch &amp; Learn: Israel Museum/Jerusalem (M/WC) 1:30-Fitter Sitters (IL/CR) 2-Yoga For Better Balance (MGTV) 2-Wii Bowling (FC) 2-Pamper &amp; Polish (AL2) 3-Mary's Chat (IL/CR) 4-Spinning Vinyl's Holiday Edition (AL1) 6-10-Game Night (IL/CA) *6:30-AL Holiday Lights Ride Around (B) 6:30-7:30-Dulcimer Practice (IL/CR)</p> 	<p><b>17</b> *9:30-Food Lion (B) 10:30-Finish the Holiday Line (AL2) 11-Balance Worx (IL/CR) 12:30-Movercise (IL/CR) *12:30-2:30-Ride for \$5 (Car) 2-Coping With Loss (M/WC) 2-Wii Bowling (FC) 2-Team Trivia (IL/CA) 2-Make &amp; Take with Hanukkah Trivia (AL2) 3-Men of the Glen: <i>Zebulon Vance</i> presented by Jim Hill (IL/CR) 3-Low Vision (Lib) 6-10-Game Night (IL/CA)</p> <div style="border: 2px solid red; padding: 5px; text-align: center;"> <p><b>Holiday at the Lodge</b> 4-7 PM AL1 &amp; AL/DR</p> <p><b>Performance by:</b> Blue Sand Music</p> </div>	<p><b>18</b> 9:15-Aquatone (P) 10:30-12-Fitness Center Drop In (FC) 10:30-Choral Group (M/WC) 10:30-Wrapping Station (AL2) 10:30-Flex &amp; Balance (FC Hall) 11-Hand Exercise (IL/CR) 12-Bible Study (IL/CR) 12-Sanderson High School Choir (IL/LR) 1:30-Fitter Sitters (IL/CR) 2-Wii Bowling (FC) 2-Remembering the Sear's Wishbook (AL2) 3-Razzmatazz Dance Troup (IL/CR) 4-New Song Music (AL1) 6-10-Game Night (IL/CA)</p>	<p><b>19</b> Podiatry Visit by Appointment (FD) *9:30-Harris Teeter Shuttle (B) 10:30-Tai Chi (IL/CR) 10:30-Pet Therapy (IL/CR) 11-Hand Exercise (AL2) 11-Balance Worx (MGTV) 1-Welcome Ambassador Committee Meeting (IL/CA) 1-BINGO (IL/CR) 2-Yoga for Better Balance (MGTV) 2-Wii Bowling (FC) 2-Resident Appreciation (IL/CR) 6-10-Game Night (IL/CA) 6:30-7:30-Dulcimer Practice (IL/CR) *6:30-IL Holiday Lights Ride Around (B)</p>	<p><b>20 Plaid Day</b> *8:30-Banks (Car) 9:15-Aquatone (P) <b>10-Library Volunteers (Lib)</b> 10-Morning Meditation (M/WC) 10:30-Flexible Friday (AL1) 10:30-Flex &amp; Balance (FC Hall) 11-Health Chat: Insomnia (M/WC) 12-Flower Pick-up (IL/CR) *12:30-Fast Food Friday: <i>Five Guys</i> (B) 1-2-Blood Pressure Check (IL/CA) 2-Book &amp; A Beverage The Holiday Slay by Neil McCarthy (AL3) 2-Artworks: Christmas Tree Pins (AL2) 2-Wii Bowling (FC) 4-Game of the Week: Holiday Pictionary (AL1) 6-10-Game Night (IL/CA) 7-Choral Group Holiday Concert (IL/CR)</p>	<p><b>21 Winter Begins</b> 10:30-Snowflake Craft (AL2) 1-BINGO (IL/CR) 2-Standing Tai Chi (MGTV) 3-Holiday Tea at Three (AL2) 3:30-Rosary Prayer (M/WC) 7-Saturday Night Movie: <i>The King's Speech</i> (MGTV &amp; Pub)</p> <hr/> <p><b>22</b> 10-Morning Stretch (MGTV) 11-Worship Live (M/WC) 2-Wii Bowling (FC) 3-Meditative Moments (MGTV) 3-Sounds of the Season: Christmas Carols (IL/CR) 4-Holiday Music Video: <i>Sandi Patty- Christmas Concert</i> (MGTV &amp; Pub) 6-Wii Bowling (FC) 7-Sunday Night Movie: <i>Top Gun</i> (MGTV &amp; Pub)</p> 																				
<p><b>23</b> 9:15-Aquatone (P) *10-Trader Joes (B) 10:30-Moving on Monday (AL1) 11-Hand Exercise (IL/CR) *12:30-2:30-Ride for \$5 (Car) 1:30-Fitter Sitters (IL/CR) 2-Wii Bowling (FC) 2-Yoga For Better Balance (IL/CR) 2-Book Page Bows (AL2) 4-Country Christmas Classics (AL2) 6-10-Game Night (IL/CA) *6:30-IL Holiday Lights Ride Around (B) 6:30-7:30-Dulcimer Practice (IL/CR)</p>	<p><b>24</b> *9:30-Food Lion (B) 10-Dining Committee (PDR) 10:30-Hanukkah Craft (AL2) 11-Balance Worx (IL/CR) 12:30-Get Fit with Frankie (IL/CR) *12:30-2:30-Ride for \$5 (Car) 2-Wii Bowling (FC) 2-Recollection Road (AL2) 3-Holiday Jeopardy! (IL/CR) 6-10-Game Night (IL/CA)</p> 	<p><b>25 Christmas Hanukkah Begins at Sunset</b> 1:30-Fitter Sitters (MGTV) 3-Holiday Movie: <i>Planes, Trains, &amp; Automobiles</i> (MGTV) 7-Holiday Movie: <i>The Holiday</i> (MGTV)</p> <div style="border: 2px solid red; padding: 5px; text-align: center;"> <p><b>Oak Room Holiday Hours</b> 11-3 PM</p> <p><b>See Dining Room Manager for reservations</b></p> </div> 	<p><b>26 Kwanzaa Begins</b> *9:30-Harris Teeter Shuttle (B) 10:30-Tai Chi (MGTV) 11-Hand Exercise (AL2) 11-Balance Worx (IL/CR) 1-BINGO (IL/CR) 2-"Band" Camp (AL2) 2-Wii Bowling (FC) 6-10-Game Night (IL/CA) 6:30-7:30-Dulcimer Practice (IL/CR)</p>	<p><b>27 Sweater Day</b> *8:30-Banks 9:15-Aquatone (P) 10:30-Flex &amp; Balance (FC Hall) 10:30-Flexible Friday (AL1) 12-Flower Pick-up (IL/CR) 1-2-Blood Pressure Check (IL/CA) 2-Scrabble (AL2) 2-Wii Bowling (FC) 3-Art Appreciation (IL/CR) 4-Music for the Soul (AL1) 6-10-Game Night (IL/CA)</p> 	<p><b>28</b> 10:30-Word Games (AL2) 1-BINGO Prize Day (IL/CR) 2-Standing Tai Chi (MGTV) 3-Hot Chocolate Social (AL2) 3:30-Rosary Prayer (M/WC) 7-Saturday Night Movie: <i>Romancing the Stone</i> (MGTV &amp; Pub)</p> <hr/> <p><b>29</b> 10-Morning Stretch (MGTV) 11-Worship Live (M/WC) 2-Wii Bowling (FC) 2-Hanukah Get Together (M/WC) 3-Meditative Moments (MGTV) 4-Classical Music Video: <i>Baroque Holiday Music</i> (MGTV &amp; Pub) 6-Wii Bowling (FC) 7-Sunday Night Movie: <i>The Jewel of the Nile</i> (MGTV &amp; Pub)</p>																				
<p><b>30</b> 9:15-Aquatone (P) *10-Target NH (B) 10:30-Moving On Monday (AL1) 11-Hand Exercise (IL/CR) 12:30-2:30-Ride for \$5 (Car) 1:30-Fitter Sitters (IL/CR) 2-Wii Bowling (FC) 2-Word of the Week (AL2) 2-Artworks: Writing Memoirs (Lib) 4-Go Fish (AL1) 6-10-Game Night (IL/CA) 6:30-7:30-Dulcimer Practice (IL/CR)</p>	<p><b>31 New Year's Eve</b> *9:30-Food Lion (B) 10:30-Vision Board 2025 (AL2) 11-Balance Worx (IL/CR) *12:30-2:30-Ride for \$5 (Car) 2-Wii Bowling (FC) 2-Bingo (AL2) 2-Team Trivia (IL/CR) 6-10-Game Night (IL/CA) 6:30-8-New Years Eve at Magnolia Glen (IL/CR &amp; Pub)</p> 	<p><b>New Years Eve at Magnolia Glen</b> *-----* <b>December 31. 6:30-8 PM IL/CR &amp; Pub</b> Gather around to look back at 2024, and look ahead to a brighter 2025.</p> <hr/> <p><b>Hanukah Get Together December 29. M/WC</b> Chanukah celebration with Jewish Family Services. All residents are welcome to attend.</p> 	 <h2 style="color: green;">Happy Birthday!</h2>  <p><b>*Denotes Centenarian</b></p> <table style="width: 100%; border: none;"> <tr> <td>Peggy Lamont-Dec. 4</td> <td>Chris Ayres-Dec. 23</td> </tr> <tr> <td>Doris Good-Dec. 12</td> <td>Doris Gribbon-Dec. 23</td> </tr> <tr> <td>Taylor Oncale-Dec. 14</td> <td>Gloria Robinson-Dec. 24</td> </tr> <tr> <td>Carol Pinska-Dec. 15</td> <td>Ann Knight-Dec. 28</td> </tr> <tr> <td>Beverly Gant-Dec. 18</td> <td>Ted Chappell-Dec. 28</td> </tr> <tr> <td>Judy Worm-Dec. 19</td> <td>*Yonda Walker-Dec. 28</td> </tr> <tr> <td>Candace Burke-Dec. 20</td> <td>Charles Hinman-Dec. 29</td> </tr> <tr> <td>Candis Coxe-Dec. 20</td> <td>Diane Fleming-Dec. 29</td> </tr> <tr> <td>Rosanna Harvey-Dec. 22</td> <td>Janet Viaropulos-Dec. 29</td> </tr> <tr> <td>Ann Swallow-Dec. 30</td> <td></td> </tr> </table> <p style="text-align: center;"><b>Anniversary Wishes</b></p> <p style="text-align: center;">Edward &amp; Maria Timberlake- Dec. 31</p>  			Peggy Lamont-Dec. 4	Chris Ayres-Dec. 23	Doris Good-Dec. 12	Doris Gribbon-Dec. 23	Taylor Oncale-Dec. 14	Gloria Robinson-Dec. 24	Carol Pinska-Dec. 15	Ann Knight-Dec. 28	Beverly Gant-Dec. 18	Ted Chappell-Dec. 28	Judy Worm-Dec. 19	*Yonda Walker-Dec. 28	Candace Burke-Dec. 20	Charles Hinman-Dec. 29	Candis Coxe-Dec. 20	Diane Fleming-Dec. 29	Rosanna Harvey-Dec. 22	Janet Viaropulos-Dec. 29	Ann Swallow-Dec. 30	
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