December 2024	13.7.				3 4	created
'Ilima at Leihano IL/	AL Activities Calenda	r			- walking	with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15	Medical Appointments (9:00 AM - 4:00 PM) 8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Get Moving and Grooving with Instrumix! (In-Person) [KHL-Lobby Lanai] 10:00 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room] 1:00 Make and Design Christmas Bracelet [HKL-Activity Room] 1:00 Road Trip: Royal Kunia [HOC-Lobby Cafe] 3:00 Game Of Your Choice [HKL-Activity Room] 3:00 Cep Game Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room] 6:00 After Dinner Card Games [HOC-Lobby Cafe]	2:00 ★ Shout and Score in Bingo! [HOC-Lobby Cafe] 3:00 ♣ Afternoon Karaoke [HKL-Activity Room] 6:00 ▶ After Dinner Card Games [HOC-Lobby Cafe]	Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 8:15 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe] 10:00 New: Sing and Listen to Christmas Carol [HKI - Activity Room]	4:00 PM) 8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Body and Brain Taiichi-Yoga Class with Karen [HKL-Activity Room] 10:00 Christmas Card Making with Linda [HKL-Activity Room] 1:00 Shout & Score in B-I-N-G-0! (\$\$\$) [HOC-Lobby Cafe] 2:00 Christmas Jeopardy Questions [HKL-Activity Room] 3:00 Game Of Your Choice [HKL-Activity Room] 3:00 Let's Play Mahjong with Kari [HKL-Activity Room] 6:00 After Dinner Card Games [HOC-	Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 8:15 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe] 9:00 Scenic Drive: Waikiki [HOC-Lobby Cafe] 10:00 Color By Numbers - Christmas Wreath [HOC-Lobby Cafe] 10:00 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room] 1:00 Shout and Score in Bingo! [HOC-Lobby Cafe] 2:00 Let's Make Felt Christmas Ornaments [HKL-Activity Room] 3:00 Game Of Your Choice [HKL-Activity Room] 3:00 After Dinner Card Games [HOC-Lobby Cafe]	8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Fitness 101 [HOC-Lobby Cafe] 10:00 Pet Therapy with Brady [HKL-Activity Room] 1:00 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room] 2:00 Let's Play Christmas Jeopardy! [HKL-Activity Room] 3:00 Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room] 6:00 After Dinner Card Games [HOC-Lobby Cafe]
8:15 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Balance, Strength, and Stretch [HOC-Lobby Cafe] 10:00 Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room] 1:00 Shout Score in B-I-N-G-0! (\$\$\$) [HKL-Activity Room] 2:00 Documentary: The Legends of Santa (YT) [HKL-Activity Room] 3:00 Beat the Dealer in Blackjack [HKL-Activity Room] 3:00 Activity Room] 6:00 After Dinner Card Games [HOC-Lobby Cafe]	Medical Appointments (9:00 AM - 4:00 PM) 8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Fitness 101 [HOC-Lobby Cafe] 1:00 Na Leo Manu O'o Performance [HOC-Lobby Cafe] 1:00 SingFit Music and Trivia [KHL-Lobby Cafe] 1:00 SingFit Music and Trivia [KHL-Lobby Cafe] 2:00 Keep the Streak Alive in Balloon Volleyball! [HOC-Lobby Cafe] 3:00 Game Of Your Choice [HOC-Lobby Cafe] 3:00 Keep Your Game Faces on at Our Poker Games (Non-Money) [HOC-Lobby Cafe] 6:00 After Dinner Card Games [HOC-Lobby Cafe]	Medical Appointments (9:00 AM - 4:00 PM) 8:15	Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 8:15	Konrad [HOC-Lobby Cafe] 10:00 Christmas Coloring Posters 1:00 Shout & Score in B-I-N-G-0! (\$\$\$) [HOC-Lobby Cafe] 2:00 Create Your Own Bead Elves [HKL-Activity Room] 3:00 Game Of Your Choice [HKL-Activity Room] 3:00 Let's Play Mahjong with Kari	Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 8:15	8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Fitness 101 [HOC-Lobby Cafe] 10:00 Pet Therapy with Elsa [HKL-Activity Room] 1:00 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room] 2:00 Scrapbook Making [HKL-Activity Room] 6:00 After Dinner Card Games [HOC-Lobby Cafe]
8:15 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Balance, Strength, and Stretch [HOC-Lobby Cafe]	9:00 → Get Moving and Grooving with Instrumix! (In-Person) [HKL-Activity Room] 10:00 ★ The Children's House Christmas Performance (Please bring a jacket) [KHL-Lobby Lanai] 1:00 ★ Christmas Bracelet Making [HKL-Activity Room] 2:00 ★ Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room] 3:00 ★ Game Of Your Choice [HKL-Activity Room] 3:00 ★ Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room] 5:30 ➡ Trip to Honolulu City Lights [HOC-Lobby Cafe]	Medical Appointments (9:00 AM - 4:00 PM) 8:15	Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 8:15 ♥ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 8:30 ♪ Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 ❤ Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe] 10:00 ♪ SingFit Music and Trivia [HKL- Activity Room] 1:00 ❤ Wreath Decorating Contest with the Sales Team [HKL-Activity Room] 3:00 ♣ Aquatic Exercises [WMP-Pool Area] 6:00 ♣ Living Waters Music Performance [HOC-Lobby Cafe]	Medical Appointments (9:00 AM - 4:00 PM) 8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Body and Brain Taiichi-Yoga Class with Karen [HKL-Activity Room] 10:00 Island Pacific Academy Performance (Kumu Bobo) [HOC-Lobby Cafe] 1:00 Shout & Score in B-I-N-G-0! (\$\$\$) [HOC-Lobby Cafe] 2:00 Trivia: Storytime and Quiz [HKL- Activity Room] 3:00 Game Of Your Choice [HKL-Activity Room] 3:00 Let's Play Mahjong with Kari [HKL- Activity Room] 5:30 Trip to Honolulu City Lights [HOC- Lobby Cafe]	Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 8:15	8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Fitness 101 [HOC-Lobby Cafe] 10:00 Pet Therapy with Brady [HKL-Activity Room] 1:00 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room] 2:00 Christmas Painting Class with Elyssa [HKL-Activity Room] 6:00 After Dinner Card Games [HOC-Lobby Cafe]

3:00 5 Ukulele and Singalong Class with Carole [HKL-Activity Room]

6:00 After Dinner Card Games [HOC-Lobby Cafe]

'Ilima at Leihano IL/AL Activities Calendar

mina at Ecmano 1E							
	Sunday						
8:15 🤾	Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]						
8:30 🕽	Listen to the Daily Morning Hymns [HOC-Lobby Cafe]						
9:00	 Balance, Strength, and Stretch [HOC-Lobby Cafe] 						
10:00 🐧	Virtual Sunday Service with Dr David Jeremiah from Shadow Mountain Community Church						

- ith Dr. adow [HKL-Activity Room] Shout & Score in B-I-N-G-O! (SSS)
- [HKL-Activity Room] 2:00 Christmas Quiz [HKL-Activity Rooml
- 3:00 🕊 Beat the Dealer in Blackjack [HKL-Activity Room] 3:00 🔥 Game Of Your Choice [HKL-
- Activity Room 6:00 P After Dinner Card Games [HOC-Lobby Cafe
- 8:15 🌣 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]
- 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 - Balance, Strength, and Stretch [HOC-
- Lobby Cafe] Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain

Community Church [HKL-Activity

- Rooml 1:00 \$ \$hout & \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]
- 2:00 Documentary- The Real Dracula: The Brutal Reign of Vlad the Impaler (YT) [HKL-Activity Room]
- 3:00 P Beat the Dealer in Blackjack [HKL-Activity Room]
- 3:00 in Game Of Your Choice [HKL-Activity
- 6:00 P After Dinner Card Games [HOC-Lobby

Medical Appointments (9:00 AM - 4:00 Wacky Whirlwind: Unleash Your

Imagination with Crazy Hair or Hats! 8:15 🌣 Flex your Mind with Spot the Difference &

Monday

Crossword [HOC-Lobby Cafe] 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 + Fitness 101 [HOC-Lobby Cafe] 10:00 🗙 Christmas Caroling with Divine Power and Truth Ministries [HOC-Lobby Cafe]

1:00 & Create Your Own Bead Elves [HOC-Lobby

1:00 Road Trip: Ko'Olina [HOC-Lobby Cafe] 2:00 % Keep the Streak Alive in Balloon Volleyball! [HOC-Lobby Cafe]

3:00 Game Of Your Choice [HOC-Lobby Cafe] 3:00 • Keep Your Game Faces on at Our Poker Games (Non-Money) [HOC-Lobby Cafe]

6:00 P After Dinner Card Games [HOC-Lobby Cafe]

23 CHRISTMAS EVE!

Deck Yourself Out: Celebrating with Your Favorite Christmas Characters Medical Appointments (9:00 AM - 4:00

8:15 **Y** Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]

Tuesdav

8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 Fitness 101 [HOC-Lobby Cafe] 10:00 A Paint Your Own Christmas Figurines [HOC-Lobby Cafe]

1:00 A Christmas Party Walkthrough Yule Love [HKL-Activity Room] 2:00 A Christmas Party Walkthrough

Yule Love [HKL-Activity Room] 3:00 A Christmas Party Walkthrough Yule Love [HKL-Activity Room]

6:00 P After Dinner Card Games [HOC-Lobby Cafel

Wednesday Jingle all the Way: Rock Your

Holiday Style! MERRY CHRISTMAS!

Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM)

8:15 🤄 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]

8:30 🚅 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

Residents Secret Santa Gift 9:00 A Exchange with Santa! [HOC-Lobby Cafe]

1:00 🔥 Special Christmas Shout and Score in Bingo! [HOC-Lobby Cafe]

2:00 A Holiday Decorations Scavenger Hunt [HKL-Activity Room]

3:00 \(\text{\tint{\text{\tint{\text{\tin}\text{\text{\text{\text{\text{\text{\text{\text{\text{\tilit}\tint{\text{\tinit}}\text{\tin}}}}\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\texi}\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{ [HKL-Activity Room] 6:00 P After Dinner Card Games [HOC-

Lobby Cafe]

Medical Appointments (9:00 AM - 4:00

Snuggle Up in Style: Cozy Christmas Vibes

8:15 © Flex your Mind with Spot the Difference 8 Crossword [HOC-Lobby Cafe]

Thursday

8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafel 9:00 - Taiichi Class with Kari and Konrad [HOC-

Lobby Cafe] 10:00 🦪 SingFit Music and Trivia [HKL-Activity

Rooml 1:00 \$ \$hout & \$core in B-I-N-G-O! (\$\$\$) [HOC-Lobby Cafe]

2:00 Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]

3:00 Game Of Your Choice [HOC-Lobby Cafe]

3:00 P Let's Play Mahjong with Kari [HKL-Activity 3:00 P Let's Play Texas Hold 'Em Games for

Points! (Non-Money) [HKL-Activity Room] 6:00 P After Dinner Card Games [HOC-Lobby Cafe]

Festive Flair: Embrace the Season in Red and Green! NEX Shopping Departure Time 8:30 AM

(9:00 AM - 11:00 AM) Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM)

8:15 🌣 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafe] Listen to the Daily Morning Hymns [HOC-

Fridav

Lobby Cafel 9:00 •• 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]

9:00 Scenic Drive: Haleiwa [HOC-Lobby Cafe] Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]

10:00 & Make Perler Beads Magnet [HKL-Activity

1:00 🏞 Shout and Score in Bingo! [HOC-Lobby

Mocktail Friday with Cliff [HKL-Activity 2:00 3:00 # Happy Hour Birthday Bash with Dean

Hirata [HOC-Lobby Cafe] 6:00 P After Dinner Card Games [HOC-Lobby Cafe] 8:15 🌣 Flex your Mind with Spot the Difference &

Crossword [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning

Saturday

Hymns [HOC-Lobby Cafe] 9:00 → Fitness 101 [HOC-Lobby Cafe] 10:00 👺 Pet Therapy with Elsa [HKL-

Activity Room] 1:00 & Earn your points in Make and Donate Yarn Leis [HKL-Activity Room

2:00 • Where in the World Ouiz [HKL-Activity Room]

3:00 Let's Play UNO! [HKL-Activity Rooml

6:00 P After Dinner Card Games [HOC-Lobby Cafe]

Medical Appointments (9:00 AM - 4:00

- 8:15 🌣 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby
- 8:30 🎜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 Fitness 101 [HOC-Lobby Cafe] 10:00 🔗 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]
- 1:00 Interactive Chat: Mindful Travel Experience [HKL-Activity Room]
- 1:00 Road Trip: Waipio [HOC-Lobby Cafe] 2:00 Reflecting on a Year of Social Media Highlights at 'Ilima at Leihano [HKL-
- Activity Room] 3:00 Game Of Your Choice [HKL-Activity
- Rooml 3:00 🕊 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]
- 6:00 P After Dinner Card Games [HOC-Lobby

Medical Appointments (9:00 AM -

- 8:15 Q Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]
- 8:30 🞜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 ← Fitness 101 [HOC-Lobby Cafe]
- 10:00 New Year's Eve Dice Game [HKL-Activity Room
- 1:00 🏟 Special New Year's Eve Shout and Score in Bingo! IHOC-Lobby Cafel 2:00 Learn the History of New Years
- Eve [HKL-Activity Room] 3:00 New Years Eve Scavenger Hunt [HKL-Activity Room]
- 6:30 P New Year's Ball Drop & Entertainment with Dean Hirata. Roy, Ron and Brad! [HOC-Lobby Cafel



739 Leihano Street Kapolei, Hawaii 96707 808-674-8022

THE ART OF LIVING WELLSM

