

SUN

MON

TUE

WED

THUR

FRI

SAT

9:05 Great Neck Baptist (OT)
10:30 Holy Family Catholic Mass (OT)
11:15 Church Service (LC)
12:30 Sunday Outing (OT)
1:00 Canasta - Resident Led (Water's Edge)
3:00 Money Bingo (LC)
4:00 NFL Football Sundays (Bistro Bar)
6:00 Sunday Movie (LC)

1

9:30 Chair Fitness (LC)
10:00 Massage Time (MR)
10:00 Mahjong Resident-Led (Water's Edge)
10:30 Monday Trivia (LC)
11:00 Holiday Centerpieces (MR)
2:00 Gift Wrapping with Dana & Penny (Waters Edge Dining Room)
2:00 Happy Hour with Linda & Lyle (BB)
3:15 Afternoon Cornhole (LC)
6:00 Monday Night Mega Bingo (LC)
6:00 Movie Night (CK)
6:00 Prayer Circle Resident Led (MR)

2

9:30 Strength & Balance Class (LC)
10:00 Hilltop Shops (OT)
10:00 Word Games (LC)
1:00 Leather Crafting with Joe C. (MR)
1:00 Nutritional Smoothie Time (FL)
1:00 Resident Led Poker (CK)
2:00 Gym Class (FC)
3:00 Money Bingo (LC)
6:00 Cornhole Practice Resident Led (LC)

3

9:30 Chair Fitness (LC)
10:00 Wednesday Trivia (LC)
11:00 Mexican Train Dominoes (LC)
1:00 Canasta - Resident Led (CK)
1:00 Cape Henry Collegiate Upper School Chorus (LC)
1:00 Making Jump Ropes for Charity with Gloria (MR)
2:00 Stitch and Chat (MR)
3:15 Afternoon Cornhole (LC)
5:00 Grand Illumination (FL)
6:00 Musical Wednesday- (LC)

4

9:30 Stretch & Balance Class (LC)
10:00 Mahjong Resident-Led (Montpelier)
10:00 Resident Update Meeting (LC)
11:00 Wii Bowling (LC)
11:00 Kroger Grocery Store Trip (OT)
1:00 Art Time! (Art Room)
1:00 Bridge Game - Resident Led (G)
1:30 Letters for FCI Friends (MR)
2:00 Tai Chi (MR)
3:00 Money Bingo (LC)
5:30 Seated Balloon Volleyball (LC)

5

9:30 Fitness on Our Feet! (LC)
10:00 ED Roundtable/Coffee Connections (Bistro)
10:00 Friday Trivia (LC)
10:30 Holiday Bake Sale, Greek Lunch and Bazaar (OT)
10:30 Left Right Center Candy (MR)
11:30 Crafting with Inna (Art Room)
1:00 Book Club with Courtney (Waters Edge Dining Room)
1:00 Puzzle Time (Lexington)
1:00 Spanish Class with Aude (Montpelier)
2:00 Happy Hour with Cory Laser (BB)
3:15 Afternoon Cornhole (LC)
6:00 Comedy Movie Night: (LC)

6

9:30 Morning Fitness (LC)
10:30 Candy Bingo (LC)
12:15 Afternoon Movie: (LC)
1:00 Bridge - Resident Led (Water's Edge)
1:00 Sequence -Resident Led (Montpelier)
1:00 Celtic Christmas at CoVA Church (OT)
2:15 Trivia Time (LC)
3:00 Afternoon Cornhole (LC)

7

9:05 Great Neck Baptist (OT)
10:30 Holy Family Catholic Mass (OT)
11:15 Church Service (LC)
12:30 Sunday Outing (OT)
1:00 Canasta - Resident Led (Water's Edge)
2:00 Holiday Performance with Cub Scouts (LC)
3:00 Money Bingo (LC)
4:00 NFL Football Sundays (Bistro Bar)
6:00 Sunday Movie (LC)

8

9:30 Chair Fitness (LC)
10:00 Massage Time (MR)
10:00 Mahjong Resident-Led (Water's Edge)
10:30 Monday Trivia (LC)
11:00 Christmas Card Day (MR)
2:00 Gift Wrapping with Dana & Penny (Waters Edge Dining Room)
2:00 Happy Hour 50 Cent Bingo! (BB)
3:15 Afternoon Cornhole (LC)
4:00 Yearbook Photos (MR)
6:00 Monday Night Mega Bingo (LC)
6:00 Movie Night (CK)
6:00 Prayer Circle Resident Led (MR)

9

9:30 Strength & Balance Class (LC)
10:00 Hilltop Shops (OT)
10:00 Word Games (LC)
1:00 Leather Crafting with Joe C. (MR)
1:00 Resident Led Poker (CK)
1:00 Santa's Workshop (MR)
2:00 Gym Class (FC)
2:00 Tasty Tuesday (CK)
3:00 Money Bingo (LC)
6:00 Cornhole Practice Resident Led (LC)

10

9:30 Chair Fitness (LC)
10:00 Wednesday Trivia (LC)
10:45 Outing to Olive Garden (OT)
11:00 POKENO Wednesday (LC)
1:00 Canasta - Resident Led (CK)
1:00 Making Jump Ropes for Charity with Gloria (MR)
2:00 Stitch and Chat (MR)
3:15 Afternoon Cornhole (LC)
6:00 Musical Wednesday- (LC)
6:30 Hymn Sing (LC)
7:00 Cape Henry Collegiate Holiday Performance (OT)

11

9:30 Stretch & Balance Class (LC)
10:00 Mahjong Resident-Led (Montpelier)
10:00 Kroger Grocery Store Trip (OT)
10:00 Mahjong Resident-Led (Montpelier)
11:00 Wii Bowling (LC)
1:00 Bridge Game - Resident Led (G)
1:00 Walking Club at Lynnhaven Mall (FL)
2:00 Tai Chi (MR)
3:00 Money Bingo (LC)
5:30 Seated Balloon Volleyball (LC)

12

9:30 Fitness on Our Feet! (LC)
10:00 Friday Trivia (LC)
10:30 Left Right Center Candy (MR)
11:30 Snow Globe Centerpieces (Art Room)
1:00 Spanish Lessons (G)
2:00 Happy Hour with Rose & Tom (BB)
3:15 Afternoon Cornhole (LC)
6:00 Comedy Movie Night: (LC)

13

9:30 Morning Fitness (LC)
10:30 Candy Bingo (LC)
12:15 Afternoon Movie: (LC)
1:00 Bridge - Resident Led (Water's Edge)
1:00 Sequence -Resident Led (Montpelier)
2:15 Trivia Time (LC)
3:00 Afternoon Cornhole (LC)

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9:05 Great Neck Baptist (OT)
10:30 Holy Family Catholic Mass (OT)
11:15 Church Service (LC)
12:30 Sunday Outing (OT)
1:00 Canasta - Resident Led (Water's Edge)
3:00 Money Bingo (LC)
4:00 NFL Football Sundays (Bistro Bar)
6:00 Sunday Movie (LC)

15

9:30 Chair Fitness (LC)
10:00 Massage Time (MR)
10:00 Mahjong Resident-Led (Water's Edge)
10:30 Monday Trivia (LC)
2:00 Gift Wrapping with Dana & Penny (Waters Edge Dining Room)
2:00 Happy Hour Left- Right- Center (BB)
3:15 Afternoon Cornhole (LC)
6:00 Monday Night Mega Bingo (LC)
6:00 Movie Night (CK)
6:00 Prayer Circle Resident Led (MR)
7:00 Virginia Voices Holiday Performance (LC)

16

9:30 Strength & Balance Class (LC)
10:00 Hilltop Shops (OT)
10:00 Word Games (LC)
1:00 Leather Crafting with Joe C. (MR)
1:00 Nutritional Smoothie Time (FL)
1:00 Resident Led Poker (CK)
2:00 Gym Class (FC)
3:00 Money Bingo (LC)
6:00 Cornhole Practice Resident Led (LC)

17

9:30 Chair Fitness (LC)
10:00 Wednesday Trivia (LC)
10:30 Holiday Crafts with Visiting Angels (MR)
10:45 Outing to Surf Rider (OT)
11:00 Mexican Train Dominoes (LC)
1:00 Canasta - Resident Led (CK)
1:00 Making Jump Ropes for Charity with Gloria (MR)
2:00 Stitch and Chat (MR)
2:00 What's the Scoop Wednesdays with Anita (MR)
3:15 Afternoon Cornhole (LC)
6:00 Musical Wednesday- (LC)

18

9:30 Stretch & Balance Class (LC)
10:00 Mahjong Resident-Led (Montpelier)
10:30 New Resident Orientation (LC)
11:00 Wii Bowling (LC)
11:00 Catholic Mass (MR)
11:00 Kroger Grocery Store Trip (OT)
1:00 Art Time with Joyce Kirkwood (Art Room)
1:00 Bridge Game - Resident Led (G)
1:30 Letters for FCI Friends (MR)
1:30 Resident Update Meeting (CD)
2:00 Tai Chi (MR)
3:00 Money Bingo (LC)
5:30 Seated Balloon Volleyball (LC)

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9:30 Fitness on Our Feet! (LC)
10:00 Friday Trivia (LC)
10:00 Lets Go Christmas Shopping! (OT)
10:30 Left Right Center Candy (MR)
11:30 Drink in the Flowers (MR)
1:00 Book Club with Courtney (Waters Edge Dining Room)
1:00 Puzzle Time (Lexington)
1:00 Spanish Class with Aude (Montpelier)
3:15 Afternoon Cornhole (LC)
5:30 Holiday Lights at the Beach (OT)
6:00 Comedy Movie Night: (LC)

20

9:30 Morning Fitness (LC)
10:30 Trivia Time (CK)
11:00 Caroling with the Mini Mermaids (LC)
12:15 Afternoon Movie: (CK)
1:00 Bridge - Resident Led (CD)
1:00 Sequence -Resident Led (Montpelier)
3:00 Winter Wonderland Gala (Lexington Commons and Waters Edge)

21

9:05 Great Neck Baptist (OT)
10:30 Holy Family Catholic Mass (OT)
11:15 Church Service (LC)
12:30 Sunday Outing (OT)
1:00 Canasta - Resident Led (Water's Edge)
3:00 Money Bingo (LC)
4:00 NFL Football Sundays (Bistro Bar)
6:00 Sunday Movie (LC)

22

9:30 Chair Fitness (LC)
10:00 Massage Time (MR)
10:00 Mahjong Resident-Led (Water's Edge)
10:30 Monday Trivia (LC)
2:00 Gift Wrapping with Dana & Penny (Waters Edge Dining Room)
2:00 Holiday Hits with the Art of Living Well Team! (Bistro)
3:15 Afternoon Cornhole (LC)
6:00 Monday Night Mega Bingo (LC)
6:00 Movie Night (CK)
6:00 Prayer Circle Resident Led (MR)

23

Christmas Eve
9:30 Strength & Balance Class (LC)
10:00 Hilltop Shops (OT)
10:00 Word Games (LC)
1:00 Leather Crafting with Joe C. (MR)
1:00 Resident Led Poker (CK)
2:00 Gym Class (FC)
3:00 Money Bingo (LC)
6:00 Cornhole Practice Resident Led (LC)
6:00 Night Before Christmas with Ms. Claus (LC)

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Hanukkah
Christmas Day
9:30 Chair Fitness (LC)
10:00 Wednesday Trivia (LC)
11:00 POKENO Wednesday (LC)
1:00 Canasta - Resident Led (CK)
1:00 Making Jump Ropes for Charity with Gloria (MR)
3:15 Afternoon Cornhole (LC)
5:00 Lighting of the Menorah (LC)
6:00 Musical Wednesday- (LC)

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Kwanzaa
9:30 Stretch & Balance Class (LC)
10:00 Kroger Grocery Store Trip (OT)
10:00 Mahjong Resident-Led (Montpelier)
10:30 Kwanzaa Presentation (MR)
11:00 Wii Bowling (LC)
1:00 Bridge Game - Resident Led (G)
1:00 Walking Club at Mount Trashmore (FL)
2:00 Tai Chi (MR)
3:00 Money Bingo (LC)
5:00 Lighting of the Menorah (LC)
5:30 Seated Balloon Volleyball (LC)

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9:30 Fitness on Our Feet! (LC)
10:00 Friday Trivia (LC)
10:30 Left Right Center Candy (MR)
1:00 Spanish Lessons (G)
2:00 Happy Hour with Dan Smith (BB)
3:15 Afternoon Cornhole (LC)
5:00 Lighting of the Menorah (LC)
6:00 Comedy Movie Night: (LC)

27

9:30 Morning Fitness (LC)
10:30 Candy Bingo (LC)
12:15 Afternoon Movie: (LC)
1:00 Bridge - Resident Led (Water's Edge)
1:00 Sequence -Resident Led (Montpelier)
2:15 Trivia Time (LC)
3:00 Afternoon Cornhole (LC)
5:00 Lighting of the Menorah (LC)

28

9:05 Great Neck Baptist (OT)
10:30 Holy Family Catholic Mass (OT)
11:15 Church Service (LC)
12:30 Sunday Outing (OT)
1:00 Canasta - Resident Led (Water's Edge)
3:00 Money Bingo (LC)
4:00 NFL Football Sundays (Bistro Bar)
5:00 Lighting of the Menorah (LC)
6:00 Sunday Movie (LC)

29

9:30 Chair Fitness (LC)
10:00 Massage Time (MR)
10:00 Mahjong Resident-Led (Water's Edge)
10:30 Monday Trivia (LC)
2:00 Happy Hour Monday: Candy Bingo (BB)
3:15 Afternoon Cornhole (LC)
4:00 Yearbook Photos (MR)
5:00 Lighting of the Menorah (LC)
6:00 Monday Night Mega Bingo (LC)
6:00 Movie Night (CK)
6:00 Prayer Circle Resident Led (MR)

30

New Year's Eve
9:30 Strength & Balance Class (LC)
10:00 Hilltop Shops (OT)
10:00 Word Games (LC)
1:00 Leather Crafting with Joe C. (MR)
1:00 Nutritional Smoothie Time (FL)
1:00 Resident Led Poker (CK)
2:00 Gym Class (FC)
3:00 Money Bingo (LC)
5:00 Lighting of the Menorah (LC)
6:00 New Year's Eve Celebration (LC)

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LOCATION KEY
BB - Bar and Bistro
CD - Chesapeake Dining Room
CK - Country Kitchen
FC - Fitness Center

FL - Front Lobby
ART Room - Independence Lounge
LC - Lexington Commons

MR - Montpelier Room
OT - Outing
G - The Grange

December 2024
Calendar

