

November 2024 'Ilima at Leihano IL/AL Activities Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



THE ART OF LIVING WELLSM

739 Leihano Street
Kapolei, Hawaii 96707
808-674-8022

- ☰ After Dinner Program
- 🪡 Beaded and Leis
- 🎂 Birthday Bash-Happy Hour
- ♠ Board, Card Games, and Table Games
- 🧠 Brain Games/Sensory Games
- 🎄 Christmas
- 🌿 Community Meeting
- 🦋 Creativity Corner
- 🌐 Culture Travel
- ★ Entertainment
- 🏃 Fitness
- 🍷 Food Demo
- 🛒 General Store
- 🎮 Indoor Games
- 💬 Interactive Chats
- 🏥 Medical Related
- ❤️ Meditation
- 💰 Money BINGO
- 🎬 Movie
- 🎵 Music
- 🏠 Outdoor Activities
- 🚌 Outings
- 🎨 Painting/Coloring
- 🎰 Poker
- 🍷 Social Events
- ✝️ Spiritual Wellness

Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 1

8:15 🧠 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]

9:00 🚌 Bus Trip to Waikiki [HOC-Lobby Cafe]

10:00 🙏 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]

10:00 🎮 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]

1:00 💰 Shout & Score in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]

2:00 ❤️ Let's Make Lavender Sachet [HKL-Activity Room]

3:00 🎲 Game Of Your Choice [HKL-Activity Room]

3:00 🎮 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

There will be no morning activities today because of the Alzheimer's Walk. Thank you for your understanding! 2

8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 A 🎲 **All self-directed activities, including puzzles, card games, coloring supplies, and more, can be found at the front desk. Mahalo! [HOC-Lobby Cafe]**

1:00 🪡 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]

2:00 🦋 Scrapbook Making [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

8:15 🧠 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] **3**

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 Balance, Strength, and Stretch [HOC-Lobby Cafe]

10:00 🙏 KROC Center Salvation Army Morning Services [HKL-Activity Room]

1:00 🎮 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]

2:00 🙏 Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]

3:00 🎮 **Beat the Dealer in Blackjack [HKL-Activity Room]**

3:00 🎲 Game Of Your Choice [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

Medical Appointments (9:00 AM - 4:00 PM) 4

8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 Get Moving and Grooving with Instrumix! (In-Person) [KHL-Lobby Lanai]

10:00 🪡 Make Candy Lei for National Candy Day [HKL-Activity Room]

1:00 💰 Shout & Score in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]

1:00 🚌 Bus Trip to Kunia [HOC-Lobby Cafe]

2:00 🦋 **Fall DIY Wreath Craft Kit with Pumpkin Maple Leaf Turkey [HKL-Activity Room]**

3:00 🎲 Game Of Your Choice [HKL-Activity Room]

3:00 🎮 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

Medical Appointments (9:00 AM - 4:00 PM) 5

8:15 🧠 Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 Fitness 101 [HOC-Lobby Cafe]

10:00 🎵 SingFit Music and Trivia [KHL-Lobby Lanai]

1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]

2:00 🍷 **Creating Delicious and Cozy Warm Drinks [HKL-Activity Room]**

3:00 🎵 Ukulele and Singalong Class with Carole [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 6

8:15 🧠 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏠 Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]

10:00 🎮 Aim and Shoot Bucket Ball Toss [HKL-Activity Room]

1:00 🦋 **Make A Tassel Necklace with Arlene W. [HKL-Activity Room]**

3:00 🏃 Aquatic Exercises [WMP-Pool Area]

6:00 ☰ Earn Your Points in Bingo Night [HOC-Lobby Cafe]

Medical Appointments (9:00 AM - 4:00 PM) 7

8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 Taiichi Class with Kari and Konrad [HKL-Activity Room]

10:00 🪡 Let's Make Fall Bracelet [HKL-Activity Room]

1:00 🎲 **Shout and Score in Bingo! [HOC-Lobby Cafe]**

2:00 🎮 Storytime and Memory Challenge [HKL-Activity Room]

3:00 🎲 Game Of Your Choice [HKL-Activity Room]

3:00 🎮 Let's Play Mahjong with Kari [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 8

8:15 🧠 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]

9:00 🚌 Bus Trip to Diamond Head [HOC-Lobby Cafe]

10:00 🎨 **Card Making and Coloring with Linda [HOC-Lobby Cafe]**

10:00 🙏 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]

1:00 💰 Shout & Score in B-I-N-G-O! (\$\$\$) [HOC-Lobby Cafe]

2:00 🎨 Artist Impression - Jean Baptiste Camille Corot [HKL-Activity Room]

3:00 🎲 Game Of Your Choice [HKL-Activity Room]

3:00 🎮 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] **9**

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 Fitness 101 [HOC-Lobby Cafe]

10:00 ❤️ Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]

1:00 🪡 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]

2:00 🧠 **The Ocean Hangman Brain Game [HKL-Activity Room]**

3:00 🎲 Let's Play UNO! [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

8:15 🧠 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] **10**

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 Balance, Strength, and Stretch [HOC-Lobby Cafe]

10:00 🙏 Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]

1:00 💰 Shout & Score in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]

2:00 🎮 The Ancient Army Of 50,000 Men That Vanished [HKL-Activity Room]

3:00 🎮 Beat the Dealer in Blackjack [HKL-Activity Room]

3:00 🎲 Game Of Your Choice [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

HAPPY VETERAN'S DAY Happy National Memory Care Week! Medical Appointments (9:00 AM - 4:00 PM) 11

8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 Body and Brain Taiichi-Yoga Class with Karen [HKL-Activity Room]

10:00 🎖 **Veteran's Day Pinning Ceremony with Kapolei Jr. Rotc Color Guard [KHL-Lobby Lanai]**

1:00 🎮 1620: What Was It Really Like Aboard The Mayflower? [HKL-Activity Room]

1:00 🚌 Bus Trip to Pearl City [HOC-Lobby Cafe]

2:00 🦋 Baking Class with Elyssa [HKL-Activity Room]

3:00 🎲 Game Of Your Choice [HKL-Activity Room]

3:00 🎮 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

Medical Appointments (9:00 AM - 4:00 PM) 12

8:15 🧠 Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 Fitness 101 [HOC-Lobby Cafe]

10:00 🎵 **Roy and Ron Morning Performance [HOC-Lobby Cafe]**

1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]

2:00 🎵 SingFit Music and Trivia [HKL-Activity Room]

3:00 ❤️ Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 13

8:15 🧠 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏠 Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]

10:00 🌟 Pono Wahine Kane Performance [HKL-Activity Room]

1:00 🦋 Crafts and Creations [HKL-Activity Room]

1:00 🛒 Residents Referral Cart [AD-Apartment Delivery]

3:00 🏃 Aquatic Exercises [WMP-Pool Area]

6:00 🌟 **Living Waters Night Performance [HOC-Lobby Cafe]**

Medical Appointments (9:00 AM - 4:00 PM) 14

We will not be holding any activities from 9:00 AM to 11:00 AM today due to the distribution of the Covid-19 Booster Shot Clinic to our residents and staff! Mahalo for your understanding.

8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 A 🙏 **Covid-19 Vaccination [S-Salon]**

1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]

2:00 🪡 Make and Design Beaded Jewelry [HKL-Activity Room]

3:00 🎲 Game Of Your Choice [HKL-Activity Room]

3:00 🎮 Let's Play Mahjong with Kari [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 15

8:15 🧠 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafe]

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]

9:00 🚌 Bus Trip to Haleiwa [HOC-Lobby Cafe]

10:00 🙏 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]

10:00 🎮 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]

1:00 💰 Shout & Score in B-I-N-G-O! (\$\$\$) [HOC-Lobby Cafe]

2:00 🎨 **Mocktail Friday with Cliff [HKL-Activity Room]**

3:00 🎲 Game Of Your Choice [HKL-Activity Room]

3:00 🎮 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] **16**

8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]

9:00 🏃 Fitness 101 [HOC-Lobby Cafe]

10:00 🪡 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]

1:00 🎨 **Painting Class with Elyssa [HKL-Activity Room]**

3:00 🎮 Earn Your Points in Table Bowling Game [HKL-Activity Room]

6:00 ☰ After Dinner Card Games [HOC-Lobby Cafe]

November 2024 'Ilima at Leihano IL/AL Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:15 🧠 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 17</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Balance, Strength, and Stretch [HOC-Lobby Cafe]</p> <p>10:00 ✝️ KROC Center Salvation Army Morning Services [HKL-Activity Room]</p> <p>1:00 💰 Shout & Score in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>2:00 ✝️ Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]</p> <p>3:00 🎮 Beat the Dealer in Blackjack [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 18</p> <p>8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Get Moving and Grooving with Instrumix! (In-Person) [KHL-Lobby Lanai]</p> <p>10:00 🎯 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]</p> <p>1:00 🚌 Bus Trip to Waipio Soccer Complex [HOC-Lobby Cafe]</p> <p>1:00 🎁 Friends Giving Turkey Crafts Stickers [HKL-Activity Room]</p> <p>2:00 🎵 SingFit Music and Trivia [KHL-Lobby Lanai]</p> <p>3:00 🎮 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎲 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 19</p> <p>8:15 🧠 Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 ⭐ Hagemi-Kai/Chibariyo Performance [HOC-Lobby Cafe]</p> <p>1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>2:00 🍳 Cooking Demo: National Ginger Bread Cookie Day [HKL-Activity Room]</p> <p>3:00 🎵 Ukulele and Singalong Class with Carole [HKL-Activity Room]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 20</p> <p>8:15 🧠 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🏠 Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]</p> <p>10:00 🎨 Color Fall Thanksgiving Mat [HKL-Activity Room]</p> <p>1:00 🎁 Crafts and Creations [HKL-Activity Room]</p> <p>3:00 🔄 Aquatic Exercises [WMP-Pool Area]</p> <p>6:00 🎲 Holiday Trivia Night with Smores [WMP-Pool Area]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 21</p> <p>8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Taiichi Class with Kari and Konrad [HOC-Lobby Cafe]</p> <p>10:00 🦃 Thanksgiving Ceramic Turkey [HKL-Activity Room]</p> <p>1:00 💰 Shout & Score in B-I-N-G-O! (\$\$\$) [HOC-Lobby Cafe]</p> <p>2:00 📖 Judge the Associate Thanksgiving Recipe [HKL-Activity Room]</p> <p>2:00 🎮 Let's Play Mahjong with Kari [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎮 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 22</p> <p>8:15 🧠 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]</p> <p>9:00 🚌 Bus Trip to Kaneohe [HOC-Lobby Cafe]</p> <p>10:00 ✝️ Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]</p> <p>1:00 🎨 Paint and Design Ceramics Harvest Turkeys Figurines [HKL-Activity Room]</p> <p>1:00 🦃 Thanksgiving Decoupage Seashell [HKL-Activity Room]</p> <p>2:00 🎯 Balloon String Toss [HKL-Activity Room]</p> <p>3:00 🎲 Special Shout and Score Bingo with IPA [HOC-Lobby Cafe]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 23</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🎮 Let's Play Thanksgiving Jeopardy [HKL-Activity Room]</p> <p>1:00 🧶 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]</p> <p>2:00 🎯 Aim and Shoot Bucketball Toss [HKL-Activity Room]</p> <p>3:00 🎲 Let's Play UNO! [HKL-Activity Room]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>
<p>8:15 🧠 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 24</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Balance, Strength, and Stretch [HOC-Lobby Cafe]</p> <p>10:00 ✝️ Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]</p> <p>1:00 💰 Shout & Score in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>2:00 🦃 The Roman Massacre Of Teutoburg Forest [HKL-Activity Room]</p> <p>3:00 🎮 Beat the Dealer in Blackjack [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 25</p> <p>8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🎯 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]</p> <p>1:00 🚌 Bus Trip to Patsy Mink [HOC-Lobby Cafe]</p> <p>2:00 🍷 Food Culture and Health: Israel - Shakshuka [HKL-Activity Room]</p> <p>2:00 🧶 Thanksgiving Fuse Bead Craft Kit [HKL-Activity Room]</p> <p>3:00 🎮 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎮 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 26</p> <p>8:15 🧠 Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 ❤️ Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]</p> <p>1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>2:00 🍽️ Town Hall and Dining Menu Meeting For All Residents [HKL-Activity Room]</p> <p>3:00 🎵 SingFit Music and Trivia [HKL-Activity Room]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 27</p> <p>8:15 🧠 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🏠 Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]</p> <p>10:00 🎁 Crafts and Creations [HOC-Lobby Cafe]</p> <p>1:00 🦃 Thanksgiving Social (Please Sign-up in the Activity Room) [HKL-Activity Room]</p> <p>2:00 🦃 Thanksgiving Social (Please Sign-up in the Activity Room) [HKL-Activity Room]</p> <p>3:00 🦃 Thanksgiving Social (Please Sign-up in the Activity Room) [HKL-Activity Room]</p>	<p>Happy Thanksgiving Medical Appointments (9:00 AM - 4:00 PM) 28</p> <p>8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Body and Brain Taiichi-Yoga Class with Karen [HKL-Activity Room]</p> <p>10:00 🧶 Design your own Thanksgiving Perler Beads Magnet [HKL-Activity Room]</p> <p>1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>2:00 🎮 Let's Play Mahjong with Kari [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎮 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>NEX Shopping Departure Time 8:30 AM (9:00 AM - 11:00 AM) 29</p> <p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM)</p> <p>8:15 🧠 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]</p> <p>9:00 🚌 Bus Trip to Sand Island [HOC-Lobby Cafe]</p> <p>10:00 🛍️ Black Friday Redeem Your Points in General Store (2 Gift Cards Only) [HOC-Lobby Cafe]</p> <p>10:00 ✝️ Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]</p> <p>1:00 💰 Shout & Score in B-I-N-G-O! (\$\$\$) [HOC-Lobby Cafe]</p> <p>2:00 🦃 Let's Make Gingerbread Wooden Houses Christmas Tree Ornaments [HKL-Activity Room]</p> <p>3:00 🍷 Happy Hour Birthday Bash with Dean Hirata [HOC-Lobby Cafe]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>8:15 🧠 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 30</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🧶 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]</p> <p>1:00 🎨 Painting Class with Elyssa [HKL-Activity Room]</p> <p>2:00 🎲 Let's Play UNO! [HKL-Activity Room]</p> <p>3:00 📺 Documentary- The Ancient City Frozen In Ash: Lost World Of Pompeii [HKL-Activity Room]</p> <p>5:00 🎄 Kapolei Christmas Parade [HOC-Lobby Cafe]</p> <p>6:00 🎲 After Dinner Card Games [HOC-Lobby Cafe]</p>

