

OCTOBER 2024 HIGHLIGHTS

Tuesday, October 1st
 10:00 Dining Meeting (TC)
 10:00 Come check out the Cyber Cycles (FS)

Wednesday, October 2nd Flu Clinic TODAY
 1st Floor 9:00 to 10:00 (TC)
 2nd Floor 10:00 to 11:00 (TC)
 3rd Floor 11:00 to 12:00 (TC)
 10:00 & 1:00 Artisan Class Pt 1
 "PocketBOOK Craft" (TG)

4:00 Oktoberfest Happy Hour (TC)
 Rosh Hashanah Begins at Sunset

Thursday, October 3rd Rosh Hashanah
 4:30 Sandy's Table Sign Up Req'd by invitation only

Friday, October 4th Wear Pink Today
 10:30 Visit with the Golden's (TG)
 1:00 Travel: Aerial Cities "Las Vegas" 51m (TC)
 2:00 Tai Chi (FS)
 8:00 Movie "Open Range" 2009 R 2hr 19 min (CH 1-1)

Saturday, October 5th
 1:00 Movie & Popcorn "Freud's Last Session" (TD)
 3:00 Family BIG BUCKS Bingo \$ a card
 Come early for snacks! (TC)

Sunday, October 6th
 Movie "80 for Brady" 2023 PG-13 1h 38m (CH 1-1)

Monday, October 7th
 9:30 to 4:00 Nick the Barber
 will be here walk ins welcome
 2:00 Modern Marvels: America's Cheese Empire (TD)

Tuesday, October 8th
 11:00 Hymn Sing (TC)

Wednesday, October 9th
 8:30 Patrick SFB
 10:00 & 1:00 Artisan Class Pt 2
 "PocketBOOK Craft" (TG)
 11:30 Out to Lunch "Long Doggers" Sign up Req'd

Thursday, October 10th
 10:00 Parkinson's Support Group (CH)
 11:00 to 1:00 Breast Cancer Awareness
 Bake Sale, & 50/50 Lobby
 6:15 Municipal Free Band Concert Sign Up Req'd
 7:00 Professor Mental and his Musical Magical
 Comedy Show (TC)

Friday, October 11th Wear Pink Today
 1:00 Travel: Aerial Cities "Chicago" 51m (TC)
 8:00 Movie "Nanny McPhee" 2005 PG 1h 39m (CH 1-1)
 Yom Kippur Begins at Sundown

Saturday, October 12th Yom Kippur
 1:00 Movie & Popcorn "Golda" 2023 PG-13 1hr 40m (TD)

Sunday, October 13th
 10:00 Space Coast Church worship All Welcome! (TG)
 7:00 Movie "Last of the Mohicans" 1992 1h 54m (CH 1-1)

Monday, October 14th
 2:00 Modern Marvels: The Ultimate Open-Air Thrill:
 Convertibles (TD)

Tuesday, October 15th
 10:00 Dining Chat (TC)
 4:00 Out to Dinner "Texas Roadhouse" Sign Up Req'd



Wednesday, October 16th
 10:00 & 1:00 Artisan Class Pt 3 "PocketBOOK Craft" TG)
 2:00 Welcoming Committee Meeting (TD)
 4:00 Happy Hour with Dave on Piano (TC)
 7:00 The Fountains Book Club (CH)

Thursday, October 17th
 3:00 Residents Association Meeting
 All encouraged to attend (TC)
 6:15 Community Orchestra Concert Sign Up Req'd

Friday, October 18th Wear Pink Today
 10:00 Out to "Renningers Flea
 & Farmers Market" Sign Up Req'd
 1:00 Travel: Aerial Cities "Seattle" 51 m (TC)
 8:00 Movie "Swing Kids" 1993 PG-13 1hr 52 min (CH 1-1)

Saturday, October 19th
 1:00 Movie & Popcorn "Molly's Game" R 2h 20m(TD)
 3:00 Entertainer Steve Sternberg (TC)

Sunday, October 20th
 7:00 Movie "A River Runs Through It" PG 2 h 3m (CH 1-1)

Monday, October 21st
 2:00 Modern Marvels: How Gold Became the Most
 Precious Metal (TD)

Tuesday, October 22nd
 9:30 Garden Club Meeting (Garden)
 10:45 "The Ladies that Lunch" Out to "Meg O'Malley's"
 Sign up Req'd (Walking 2 blocks will be required)
 11:00 Come learn about Medication Assistance for
 Independent Residents with Shanon (TC)

Wednesday, October 23rd
 All Day Café 7:30 to 5:00
 7:30 to 10:00 Breakfast Selections & Coffee
 10:00 to 11:30 Oscar Alvarado (TC)
 1:00 to 2:30 Rene Sevieri (TC)
 4:00 to 5:00 Happy Hour with
 Michael Mirand sounds of Sinatra (TC)

Thursday, October 24th
 Not Fitness Today for Mandatory Associate Training
 10:00 Parkinson's Support Group (CH)
 10:00 to 12:00 Love Garden Plant Sale & Repotting (TC)

Friday, October 25th Wear Pink Today
 1:00 Travel: Aerial Cities "Miami" 51 m (TC)
 8:00 Movie "Stand By Me" 1986 R 1h 27m (CH 1-1)

Saturday, October 26th
 3:00 October Birthday Party with Steve & Stephan (TC)

Sunday, October 27th
 1:15 Out to Henegar "Sweeny Todd" Ticket Holders only
 7:00 Movie "Hocus Pocus" 1993 PG 1h 36m (CH 1-1)

Monday, October 28th
 10:00 Out to Early Voting Sign Up Req'd
 2:00 Modern Marvels: How Salt Built Empires (TD)

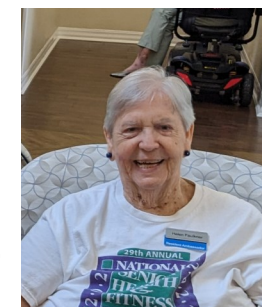
Tuesday, October 29th
 10:30 Sit Down With Sandy (TC)
 7 to 8 Kid's Trick or Treat (LB, TN & TG)

Wednesday, October 30th
 4:00 Haunted House Happy Hour with Sax & Axe
 Costume Contest! (TC)

Thursday, October 31st Happy Halloween



Meet The Board October 2024



As we age, some call us the "Hereafter Generation", we go into a room and say "What am I here after"? We laugh at that, but we have lived so long that we have a lot to remember. Our minds are like computers on "overload ". If you are like me, you love to hear younger people say "oh, I forgot ". Overload can happen at any age. In my opinion, it can happen to us all. Here at The Fountains, we are provided with many reminders to keep us informed. We have a newsletter you are reading right now, that gives us dates, times, and places for activities. We have an in-house TV at channel 1-1 that updates us on any changes. We have transportation reminders for appointments outside The Fountains. Even the smell of popcorn reminds us of movies in the Deck. The front desk associates keep us updated on events, just ask them. They even put a sign up "mail is in" and there is a board outside the Commons with a list of daily events. We are encouraged to have meals with others and see what they are doing. Some have been encouraged to put reminders on their walkers. So many things like puzzles, games, music, church meetings, lectures, and out to dinner, keep our minds working. Our fitness center keeps our "muscle memory" working. We have so many reminders, even for "selective memory".

Just remember the good times and smile. Remember a smile is cheap medicine!
 Helen Faulkner
 Art of Living Chairperson

Hymn Sing

Join Helen on October 8th at 11:00 AM for a delightful hymn sing featuring all your beloved classics from your childhood. It's a wonderful opportunity to uplift your heart with joy and embrace the spirit of God!

Lord Jesus Christ, I humbly ask for your grace that your word may reside in us, abundant with its riches. May we instruct and encourage each other with wisdom, singing psalms, hymns, and spiritual songs, filled with gratitude in our hearts towards God (Col. 3:16).

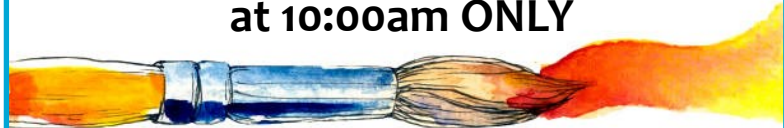
The Artisan Class

Wednesdays 10:00am & 1:00pm
In The Gathering Sign Up Req'd

October
2nd, & 9th & 16th
"PocketBOOK"



Come Create a unique purse
out of a Book.
Make up class October 23rd
at 10:00am ONLY



Every Saturday at 9:30am
Watercolor Class with Jessie

Open Art Studio with Gretchen
Sundays from 1:30pm to 3:00pm



Support Brevard families this
holiday season by donating
non-perishable food items.
A collection box will be
available in the lobby
throughout the month. Thank
you for your generosity!



The Fountains All Day Cafe

Wednesday, October 23rd

Open from 7:30 to 5:00pm
Located in The Commons

Come enjoy a variety of flavored
coffee's & specialty pastries wine &
beer served after 4:00 pm

Starting at 7:30

Breakfast selections with
Specialty Coffee

10:00 to 11:30

Oscar Alvarado on Guitar

1:00 to 2:30

Rene Sevieri on Accordion

4:00 to 5:00

The Sounds of Sinatra
with Michael Mirand

Let's Meet

At the Cafe



Attention Drivers

Car-Fit

Is Headed Your Way!

CarFit is a free, interactive and educational program
designed to improve older driver safety. Trained
volunteers provide information to ensure the safest
"fit" for older drivers and their vehicles. CarFit,

program was developed by AAA, AARP, and the American Occupational Therapy Association, you'll
get information and resources on how you can enhance your safety in the driver's seat.
At this CarFit event, trained experts will show you how you can enhance your comfort, safety and fit
within your vehicle. A CarFit check takes approximately 20 minutes to complete.

Tuesday, October 29th from 8:00am to 10:00 am

Greater Palm Bay Senior Center 1275 Culver Dr NE, Palm Bay, 32907

Make your appointment:

Phone: 321-953-8987 or Email: vcop@palmbayflorida.org



Kid's Trick or Treat



We are thrilled to invite the children & grandchildren of our
Associates and Residents to join us for Trick or Treating in the
common areas! The event will take place on Tuesday, October 29,
from 7 p.m. to 8 p.m. If you'd like to participate, please ensure
that the candy you provide is individually wrapped.
You can set up in the Nook, Lobby, or The Gathering.

Costumes are encouraged!

New Prayer group focused on our great Country and the Election

Thursdays at 1:30 in The Chapel

How can we be more Christlike — in word and deed — during the 2024 U.S. election?

We're called to love others (John 15:12).

We're called to pray for our leaders (1 Timothy 2:1-2).

And we're called to live in unity (Ephesians 4:3).



Do not be anxious about anything, but in every situation, by prayer and petition, with
thanksgiving, present your requests to God. And the peace of God, which transcends all
understanding, will guard your hearts and your minds in Christ Jesus.

—Philippians 4:6-7 (NIV)



Early Holiday Shopping

Friday, October 18th 10:00am

Renningers Flea
and Farmers Market












Artwork
Home Decor
Handmade Items
Farm Fresh Produce
Jewelry, Clothing and Shoes
Antiques and Collectibles & MORE!

THE FOUNTAINS CALENDAR OF EVENTS

OCTOBER 2024

"THE ART OF LIVING WELL"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Active Aging Week celebrates older adults' contributions and promotes healthy lifestyles through engaging wellness activities.</p> <p>Cyber Cycle Challenge Pedal for Active Aging Week Starts September 30th Challenge Ends October 6th See the Art of Living to Well to Sign Up!</p> 		<p>9:00 Active Fitness (FS) 1</p> <p>10:00 Dining Meeting (TC)</p> <p>10:00 Come check out the Cyber Cycles (FS)</p> <p>10:30 Cypress Walk (LB)</p> <p>10:30 Water Aerobics</p> <p>11:00 Sit and Fit (FS)</p> <p>12:00 Friendly Bridge Sign Up Req'd (TD)</p> <p>1:30 Pinochle TG</p> <p>1:30 Out to Wal-Mart</p> <p>1:30 Come check out the Cyber Cycles (FS)</p> <p>2:30 Texas Hold'em (TG)</p> <p>3:00 New Prize Bingo (TC)</p> <p>7:00 Virtual Bowling (TC)</p>	<p>Flu Clinic TODAY 2 <i>Pre sign up Req'd</i></p> <p>1st Floor 9:00 to 10:00 (TC)</p> <p>2nd Floor 10:00 to 11:00 (TC)</p> <p>3rd Floor 11:00 to 12:00 (TC)</p> <p>9:00 Active Fitness (FS)</p> <p>9:00 to 11:00 <i>Blood Pressures</i> One Senior Place (WC)</p> <p>10:00 Private Sales Event (TD)</p> <p>10:00 Private Resident Board Meeting (CH)</p> <p>10:00 Moderate Fitness (FS)</p> <p>10:00 & 1:00 Artisan Class Pt 1 "PocketBOOK Craft" (TG)</p> <p>11:00 Sit and Fit (FS)</p> <p>1:30 Wal-Mart Marketplace</p> <p>3:00 Divine Mercy Chaplet followed by the Rosary (CH)</p> <p>4:00 Oktoberfest Happy Hour (TC)</p>  <p>7:00 Virtual Bowling (TC)</p> <p>Rosh Hashanah Begins at Sunset</p>	<p>Rosh Hashanah 3</p> <p>9:00 Active <i>Stretch</i> Fitness (FS)</p> <p>10:00 Train Dominoes (TG)</p> <p>10:30 Water Aerobics</p> <p>10:30 Cypress Walk (LB)</p> <p>11:00 Seated <i>Stretch</i> (FS)</p> <p>12:00 Friendly Bridge Sign Up Req'd (TD)</p> <p>1:00 Out to The Mall</p> <p>1:30 Walgreens and CVS</p> <p>1:30 New Prayer Group  Focused on our Country & Elections ALL Welcome (CH)</p> <p>4:30 Sandy's Table Sign Up Req'd by invitation only</p> <p>7:00 Life Stories told by "You" TC</p>	<p>Wear Pink Today 4</p> <p>9:00 Active Fitness (FS)</p> <p>10:00 New Day Cornhole (TC)</p> <p>10:00 Moderate Fitness (FS)</p> <p>10:30 Visit with the Golden's (TG) </p> <p>11:00 Sit and Fit (FS)</p> <p>12:30 Rummikub (TG)</p> <p>1:00 Travel: Aerial Cities "Las Vegas" 51m (TC)</p> <p>1:30 Out to Publix</p> <p>2:00 Tai Chi & Meditation (FS)</p> <p>2:30 Texas Hold'em (TG)</p> <p>3:00 Double Bingo .50 a card (TC)</p> <p>3:00 Blackjack (TG)</p> <p>7:00 Virtual Bowling (TC)</p> <p>7:00 The Chosen (TD)</p> <p>8:00 Movie "Open Range" 2009 R 2hr 19 min (CH 1-1)</p>	<p>9:30 Watercolor Class with Jessie (TG) 5</p> <p>10:00 Saturday Shuttle Service</p> <p>10:00 Hand & Foot (TC)</p> <p>10:30 Water Aerobics</p> <p>1:00 Train Dominoes (TG)</p> <p>1:00 Movie & Popcorn "Freud's Last Session" 2023 PG-13 1h 48m (TD)</p> <p>2:30 Texas Hold'em (TG)</p> <p>3:00 Family BIG BUCKS Bingo 1\$ a card Come early for snacks! (TC)</p> 
<p>8:30 Out to Church 6</p> <p>11:00 Catholic Service (CH)</p> <p>12:30 Bridge (TD)</p> <p>1:30 Open Art Studio with Gretchen (TG)</p> <p>1:30 Rummikub (TD)</p> <p>2:30 Non-Denominational Church Service CH</p> <p>3:00 Quarter Bingo (TC)</p> <p>7:00 Movie "80 for Brady" 2023 PG-13 1h 38m (CH 1-1)</p>	<p>9:00 Active Balance Class (FS) 7</p> <p>9:30 to 4:00 Nick the Barber will be here walk ins welcome </p> <p>10:00 Knitting Club (TD)</p> <p>10:00 Moderate <i>Balance</i> (FS)</p> <p>10:00 Man Chat (TG)</p> <p>11:00 Sit and Fit <i>Balance</i> (FS)</p> <p>1:00 Cornhole (TC)</p> <p>1:30 Out to Publix</p> <p>2:00 Modern Marvels: America's Gigantic Cheese Empire (TD)</p> <p>3:00 Quarter Bingo (TC)</p> <p>6:30 Hand and Foot Game (TG)</p> <p>7:00 Virtual Bowling (TC)</p>	<p>9:00 Active Fitness (FS) 8</p> <p>9:00 Library & Post Office</p> <p>10:30 Water Aerobics</p> <p>10:30 Cypress Walk (LB)</p> <p>11:00 Sit and Fit (FS)</p> <p>11:00 Hymn Sing (TC)</p> <p>12:00 Friendly Bridge Sign Up Req'd (TD)</p> <p>1:30 Pinochle TG</p> <p>1:30 Out to Wal-Mart</p> <p>2:30 Texas Hold'em (TG)</p> <p>3:00 Prize Bingo (TC)</p> <p>7:00 Virtual Bowling (TC)</p>	<p>8:30 Patrick SFB 9</p> <p>9:00 Active Fitness (FS)</p> <p>9:00 to 11:00 <i>Blood Pressures</i> One Senior Place (WC)</p> <p>10:00 Private meeting (CH)</p> <p>10:00 Moderate Fitness (FS)</p> <p>10:00 & 1:00 Artisan Class Pt 2 "PocketBOOK Craft" (TG)</p> <p>11:00 Sit and Fit (FS)</p> <p>11:30 Out to Lunch "Long Doggers" Sign up Req'd by the 7th</p> <p>1:30 Wal-Mart Marketplace</p> <p>2:00 Private Sales Event (TD)</p> <p>3:00 Divine Mercy Chaplet followed by the Rosary (CH)</p> <p>4:00 Happy Hour with Table Games (TC)</p> <p>7:00 Virtual Bowling (TC)</p>	<p>9:00 Active <i>Stretch</i> Fitness (FS) 10</p> <p>10:00 Train Dominoes (TG)</p> <p>10:00 Parkinson's Support Group (CH)</p> <p>10:30 Water Aerobics</p> <p>10:30 Cypress Walk (LB)</p> <p>11:00 Seated <i>Stretch</i> (FS)</p> <p>11:00 to 1:00 Breast Cancer Awareness Bake Sale, & 50/50 Lobby </p> <p>12:00 Friendly Bridge Sign Up Req'd (TD)</p> <p>1:00 Out to Target & Kohls</p> <p>1:30 Walgreens and CVS</p> <p>1:30 Prayer Group Focused on our Country & Elections ALL Welcome (CH)</p> <p>2:00-4:00 Dining will be closed</p> <p>6:15 Municipal Free Band Concert Sign Up Req'd by the 9th</p> <p>7:00 Professor Mental and his Musical Magical Comedy Show (TC)</p>	<p>Wear Pink Today 11</p> <p>9:00 Active Fitness (FS)</p> <p>10:00 Cornhole (TC)</p> <p>10:00 Moderate Fitness (FS)</p> <p>11:00 Sit and Fit (FS)</p> <p>11:00 Skits & Skats Improv (TG)</p> <p>12:30 Rummikub (TG)</p> <p>1:00 Travel: Aerial Cities "Chicago" 51m (TC)</p> <p>1:30 Out to Publix</p> <p>2:30 Texas Hold'em (TG)</p> <p>3:00 Double Bingo .50 a card (TC)</p> <p>3:00 Blackjack (TG)</p> <p>7:00 Virtual Bowling (TC)</p> <p>7:00 The Chosen (TD)</p> <p>8:00 Movie "Nanny McPhee" 2005 PG 1h 39m (CH 1-1)</p> <p>Yom Kippur Begins at Sundown</p>	<p>Yom Kippur 12</p> <p>9:30 Watercolor Class with Jessie (TG)</p> <p>10:00 Saturday Shuttle Service</p> <p>10:00 Hand & Foot (TC)</p> <p>10:30 Water Aerobics</p> <p>12:30 Bridge (TG)</p> <p>1:00 Train Dominoes (TG)</p> <p>1:00 Movie & Popcorn "Golda" 2023 PG-13 1hr 40m (TD)</p> <p>2:30 Texas Hold'em (TG)</p> 

WHERE IS IT?

First Floor
The Commons TC
The Deck (Card Room) TD
Library
Lobby LB
Veranda & Oasis Dining Room

Second Floor
Bistro Dining Room BT
The Nook (Coffee) TN
Fitness Spot FS
Brain Gym (Computers) & Reference Library BG
Game Room "Billiards" & Table Shuffleboard GR
Wellness Consultation WC
The Gathering TG

Third Floor
Chapel CH (South Side)



Kindly register in the transportation book for ALL events and outings marked in green or labeled as "sign up required" by the RSVP date. If you are unable to attend, please remove your name from the list. Thank you!



October is Breast Cancer Awareness Month

Join our fund raising efforts to support breast cancer awareness. and on Thursday, October 10th from 11:00 to 1:00 we have a bake Sale, & 50/50 raffle.

Early Detection Saves Lives

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 8:30 Out to Church 10:00 Space Coast Church worship & music All Welcome! (TG) 11:00 Catholic Service (CH) 12:30 Bridge (TD) 1:30 Open Art Studio with Gretchen (TG) 1:30 Rummikub (TD) 2:30 Non-Denominational Church Service CH 3:00 Quarter Bingo (TC) 7:00 Movie "Last of the Mohicans" 1992 R 1h 54m (CH 1-1)	14 9:00 Active Balance Class (FS) 10:00 Knitting Club (TD) 10:00 Man Chat (TG) 10:00 Moderate Balance (FS) 11:00 Sit and Fit Balance (FS) 1:00 Cornhole (TC) 1:30 Out to Publix 2:00 Modern Marvels: The Ultimate Open-Air Thrill: Convertibles (TD) 3:00 Quarter Bingo (TC) 6:30 Hand and Foot Game (TG) 7:00 Virtual Bowling (TC)	15 9:00 Active Fitness (FS) 10:00 to 11:30 Private Event (TD) 10:00 Dining Chat (TC) 10:30 Water Aerobics 10:30 Cypress Walk (LB) 11:00 Sit and Fit (FS) 12:00 Friendly Bridge (TD) 1:30 Out to Wal-Mart 1:30 Pinochle (TG) 2:30 Texas Hold'em (TG) 3:00 Prize Bingo (TC) 4:00 Out to Dinner "Texas Roadhouse" Sign Up Req'd by the 13th 7:00 Virtual Bowling (TC)	16 9:00 Active Fitness (FS) 9:00 to 11:00 Blood Pressures One Senior Place (WC) 10:00 Private meeting (CH) 10:00 Moderate Fitness (FS) 10:00 & 1:00 Artisan Class Pt 3 "PocketBOOK Craft" (TG) 11:00 Sit and Fit (FS) 1:30 Wal-Mart Marketplace 2:00 Welcoming Committee Meeting (TD) 3:00 Divine Mercy Chaplet followed by Rosary Prayer Service (CH) 4:00 Happy Hour with Dave on Piano (TC) 7:00 Virtual Bowling (TC) 7:00 The Fountains Book Club (CH) 	17 9:00 Active Stretch Fitness (FS) 10:00 Train Dominoes (TG) 10:30 Water Aerobics 10:30 Cypress Walk (LB) 11:00 Seated Stretch (FS) 12:00 Friendly Bridge Sign Up Req'd (TD) 12:30 American Mahjong (TG) 1:30 Walgreens and CVS 1:30 Prayer Group Focused on our Country & Elections ALL Welcome (CH)  3:00 Residents Association Meeting All encouraged to attend (TC) 6:15 Community Orchestra Concert Sign Up Req'd by the 16th NO Life Stories	18 Wear Pink Today 9:00 Active Fitness (FS) 10:00 Cornhole (TC) 10:00 Moderate Fitness (FS) 10:00 Out to "Renningers Flea & Farmers Market" Sign Up Req'd by the 17th 11:00 Sit and Fit (FS) 11:00 Skits & Skats Improv (TG) 12:30 Rummikub (TG) 1:00 Travel: Aerial Cities "Seattle" 51 m (TC) 1:30 Out to Publix 2:30 Texas Hold'em (TG) 3:00 Double Bingo .50 a card (TC) 3:00 Blackjack (TG) 7:00 Virtual Bowling (TC) 7:00 The Chosen (TD) 8:00 Movie "Swing Kids" 1993 PG-13 1hr 52 min (CH 1-1)	19 9:30 Watercolor Class with Jessie (TG) 10:00 Saturday Shuttle Service 10:00 Hand & Foot (TC) 10:30 Water Aerobics 12:30 Bridge (TG) 1:00 Train Dominoes (TG) 1:00 Movie & Popcorn "Molly's Game" 2017 R 2hr 20min (TD) 2:30 Texas Hold'em (TG) 3:00 Entertainer Steve Sternberg (TC) 
20 8:30 Out to Church 11:00 Catholic Service (CH) 12:30 Bridge (TD) 1:30 Open Art Studio with Gretchen (TG) 1:30 Rummikub (TD) 2:30 Non-Denominational Church Service CH 3:00 Quarter Bingo (TC) 7:00 Movie "A River Runs Through It" 1992 PG 2 h 3m (CH 1-1)	21 9:00 Active Balance Class (FS) 10:00 Knitting Club (TD) 10:00 Man Chat (TG) 10:00 Moderate Balance (FS) 11:00 Sit and Fit Balance (FS) 1:00 Cornhole (TC) 1:30 Out to Publix 2:00 Modern Marvels: How Gold Became the Most Precious Metal (TD) 3:00 Quarter Bingo (TC) 6:30 Hand and Foot Game (TG) 7:00 Virtual Bowling (TC)	22 9:00 Active Fitness (FS) 9:30 Garden Club Meeting (Garden) 10:30 Water Aerobics 10:30 Cypress Walk (LB) 11:00 Sit and Fit (FS) 11:00 Come learn about Medication Assistance for Independent Residents with Shanon (TC) 10:45 "The Ladies that Lunch" Out to "Meg O'Malley's" Sign up Req'd by the 18th (Walking 2 blocks will be required) 12:00 Friendly Bridge (TD) 1:30 Out to Wal-Mart 1:30 Pinochle (TG) 2:30 Texas Hold'em (TG) 3:00 Prize Bingo (TC) 7:00 Virtual Bowling (TC)	23 8:30 Patrick SFB All Day Café 7:30 to 5:00 7:30 to 10:00 Breakfast Selections & Coffee 9:00 Active Fitness FS 9:00 to 11:00 Blood Pressures One Senior Place WC 10:00 to 11:30 Oscar Alvarado (TC)  10:00 Private meeting (CH) 10:00 Moderate Fitness (FS) 11:00 Sit and Fit (FS) 1:00 to 2:30 Rene Sevieri (TC) 1:30 Wal-Mart Marketplace 3:00 Divine Mercy Chaplet followed by Rosary Prayer Service (CH) 4:00 to 5:00 Happy Hour with Michael Mirand sounds of Sinatra (TC) 7:00 Virtual Bowling (TC)	24 No Fitness Today for Mandatory Associate Training 10:00 Train Dominoes (TG) 10:00 to 12:00 Love Garden Plant Sale & Repotting (TC) 10:00 Parkinson's Support Group (CH) 10:30 Cypress Walk (LB) 12:00 Friendly Bridge Sign Up Req'd (TD) 12:30 American Mahjong (TG) 1:30 Prayer Group Focused on our Country & Elections ALL Welcome (CH) 1:00 Out to Bealls Outlet 1:30 Walgreens and CVS 2:00 Private AL Meeting (TC) 7:00 Life Stories told by "You" TC	25 Wear Pink Today 9:00 Active Fitness (FS) 10:00 Cornhole (TC) 10:00 Moderate Fitness (FS) 11:00 Sit and Fit (FS) 11:00 Skits & Skats Improv (TG) 12:30 Rummikub (TG) 1:00 Travel: Aerial Cities "Miami" 51 m (TC) 1:30 Out to Publix 2:30 Texas Hold'em (TG) 3:00 Double Bingo .50 a card (TC) 3:00 Blackjack (TG) 7:00 Virtual Bowling (TC) 7:00 The Chosen (TD) 8:00 Movie "Stand By Me" 1986 R 1h 27m (CH 1-1)	26 9:30 Watercolor Class with Jessie (TG) 10:00 Saturday Shuttle Service 10:00 Hand & Foot (TC) 10:30 Water Aerobics 12:30 Bridge (TG) 1:00 Train Dominoes (TG) 2:30 Texas Hold'em (TG) 3:00 October Birthday Party with Steve & Stephan (TC) All Welcome! 
27 8:30 Out to Church 11:00 Catholic Service (CH) 12:30 Bridge (TD) 1:15 Out to Henegar "Sweeny Todd" Ticket Holders only 1:30 Open Art Studio with Gretchen (TG) 1:30 Rummikub (TD) 2:30 Non-Denominational Church Service CH 3:00 Quarter Bingo (TC) 7:00 Movie "Hocus Pocus" 1993 PG 1h 36m (CH 1-1)	28 9:00 Active Balance Class (FS) 10:00 Knitting Club (TD) 10:00 Out to Early Voting Sign Up Req'd  10:00 Man Chat (TG) 10:00 Moderate Balance (FS) 11:00 Sit and Fit Balance (FS) 1:00 Cornhole (TC) 1:30 Out to Publix 2:00 Modern Marvels: How Salt Built Empires and Shaped History (TD) 3:00 Prize Bingo (TC) 6:30 Hand and Foot Game (TG) 7:00 Virtual Bowling (TC)	29 9:00 Active Fitness (FS) 10:30 Water Aerobics 10:30 Sit Down With Sandy (TC) 10:30 Cypress Walk (LB) 11:00 Sit and Fit (FS) 12:00 Friendly Bridge (TD) 1:30 Out to Wal-Mart 1:30 Pinochle TG 2:30 Texas Hold'em (TG) No Bingo Today 3:30 to 4:00 Associate Event (TC) 7:00 Virtual Bowling (TC) 7:00 to 8:00 Kid's Trick or Treat (LB, TN & TG)	30 9:00 Active Fitness FS 9:00 to 11:00 Blood Pressures One Senior Place WC 10:00 Private meeting (CH) 10:00 Artisan Make Up Day (TG) 10:00 Moderate Fitness (FS) 11:00 Sit and Fit (FS) 1:30 Wal-Mart Marketplace 3:00 Divine Mercy Chaplet followed by Rosary Prayer Service (CH) 4:00 Haunted House Happy Hour with Sax & Axe Costume Contest! (TC) 7:00 Virtual Bowling (TC)	31  Come to the Lobby to cast your Vote for Best Costume & pumpkin contest! 9:00 Active Stretch Fitness (FS) 10:00 Train Dominoes (TG) 10:30 Water Aerobics 10:30 Cypress Walk (LB) 11:00 Seated Stretch (FS) 12:00 Friendly Bridge Sign Up Req'd (TD) 12:30 American Mahjong (TG) 1:30 Walgreens and CVS 1:30 Prayer Group Focused on our Country & Elections ALL Welcome (CH) No Life Stories	October 30th 4:00 pm to 5:00 pm Join us for a night of fun at our Haunted House Happy Hour featuring the sounds of Sax & Axe! Enjoy music, drinks, appetizers, and a costume contest under the moonlight. Don't miss out!  	