September 2024 'Ilima at Leihano Memory Care Activities Calendar Sunday Monday Tuesday Wednesday Thursday Friday Saturday **Shopping and Errands Day** Happy Labor Day! Shopping and Errands Day 8:50 Daily Orientation Medical Appointments Medical Appointments 8:50 Daily Orientation (Foodland, Costco, & Target Medical Appointments (9:00 (Longs, Safeway, & Walmart (9:00 AM - 4:00 PM) Board [HAR] (9:00 AM - 4:00 PM) Board [HAR] 8:30 AM-12:30 PM) AM - 4:00 PM) 10 AM-2 PM) 8:50 Daily Orientation Board 9:00 - Seated Tai Chi [HAR] 8:50 Daily Orientation Board 8:30 A You've Got Mail: Morning Mai 8:30 A You've Got Mail: Morning Mai 8:30 A You've Got Mail: Morning **Medical Monitoring** 10:00 Repart 10:00 [HAR] [HAR] Delivery [CG] Delivery [CG] Mail Delivery [CG] [HAR] Music [HAR] 9:00 • Seated Exercises with 9:00 •• Morning Fuzion and 8:50 Daily Orientation Board [HAR] 8:50 Daily Orientation Board [HAR] 8:50 Daily Orientation Board 9:00 † Sunday Hymns and JP [CG] Fitness Chair Exercise 1:00 Storytime and Memory 9:00 Mobility Ball Exercise [HAR] 9:00 Scenic Drive to Makaha [HAR] Spiritual Songs [HAR] Challenge [HAR] 10:00 Sensory Playdough [HAR] 10:00 All About Butterflies [HAR] Tower [HAR] 9:00 •• Walking with the Blue 10:00 •• Sit and Be Fit Exercise Games [HAR] 1:00 **Music Group with Sounding** 10:00 **Play with the Busy** 2:00 🤼 Snacks & Hydration 10:00 P Name That Tune [HKL-**Zones Walking Moai [CG]** Joy Part 1 [MSG] [HAR] Activity Room Board [HAR] [HAR] 1:00 8 Keep The Streak with 10:00 5 Outdoor Sing Along with 2:00 5 Music Group with Sounding 1:00 • Afternoon Exercise: Fit and 1:00 Movie: I Can Only Balloon Kickball [HAR] 1:00 Aim and Shoot Bucket 3:00 $\stackrel{\star}{\wedge}$ Use a full-length mirror Friends [CG] Fun [HAR] Joy Part 2 [MSG] Imagine (NFX) [HAR] to describe reflection 2:00 **Tuesday Treats:** Ball Toss [HAR] 1:00 💂 Road Trip to Ewa Beach Snacks & Hydration [HAR] 2:00 M Snacks & Hydration [HAR] 2:00 M Snacks and Hydration Munchkins [HAR] 2:00 \$\mathcal{V}\$ Snacks & Hydration [HAR] [HAR] 3:00 © Colouring-in for September 3:00 - Shout and Score in Bingo! [HAR] 3:00 M Arts and Crafts with JP [HAR] 6:00 ★ Watch Wheel of Fortune 2:00 M Snacks & Hydration [HAR] [HAR] [HAR] 3:00 8 Letter Scramble: Days & 3:00 h Shout and Score in [HAR] [HAR] 3:00 h Shout and Score in Bingo! 6:00 **☞** Evening News and Current 6:00 re Evening News and Current Months [HAR] Bingo! [HAR] Affairs [HAR] 6:00 \bigstar Watch America's Got Affairs [HAR] [HAR] 6:00 \(\frac{1}{2} \) Watch America's Got Talent [HAR] 6:00 State Match America's Got 6:00 Evening News and Current Talent [HAR] Affairs [HAR] Talent [HAR] Happy National Assisted Living **Medical Appointments Shopping and Errands Day Medical Appointments (9:00 Shopping and Errands Day** 8:50 Daily Orientation **Happy Grandparents Day!** (Foodland, Costco, & Target (9:00 AM - 4:00 PM) AM - 4:00 PM) (Longs, Safeway, & Walmart Board [HAR] 8:50 Daily Orientation Medical Appointments (9:00 AM - 4:00 8:30 AM-12:30 PM) 10 AM-2 PM) 8:50 Daily Orientation Board 9:00 Seated Tai Chi [HAR] 8:50 Daily Orientation Board Board [HAR] 8:30 A You've Got Mail: Morning Mail [HAR] 8:30 A You've Got Mail: Morning 10:00 🤗 Gardening- Outdoor 9:00 † Sunday Hymns and [HAR] Delivery [CG] 8:30 A You've Got Mail: Morning Mail Mail Delivery [CG] 9:00 Morning Fuzion and 9:00 - Seated Exercises with Pastime [CG] Spiritual Songs [HAR] 8:50 Daily Orientation Board [HAR] Delivery [CG] Fitness Chair Exercise 8:50 Daily Orientation Board 1:00 Get Moving with Balloon JP [CG] 10:00 •• Sit and Be Fit Exercise 8:50 Daily Orientation Board [HAR] [HAR] Volleyball [HKL-Activity [HAR] 10:00 🙀 Roy and Ron Morning 10:00 📕 Make Your Own Fall Greeting 9:00 Scenic Drive to Haleiwa 10:00 **5** Explore the different 9:00 •• Walking with the Blue Performance [HOC-Cards [HAR] Room] 1:00 M Grandparents Day [HAR] sounds from vehicles **Zones Walking Moai [CG]** 1:00 **Music Group with Sounding** 10:00 Name the Bird Visual Quiz 2:00 M Snacks & Hydration **Gourmet Bitez Deli Lobby Cafel** [HAR] 10:00 🞜 Outdoor Sina Alona with Joy Part 1 [MSG] [HAR] Social [HAR] 1:00 Design Ceramic Painting [HAR] 1:00 **W** Make Your Own Fall Truck Friends [CG] 2:00 5 Music Group with Sounding 1:00 • Afternoon Exercise: Fit and [HAR] 3:00 Practice stacking 2:00 Snacks and Hydration **Art Craft [HKL-Activity** 1:00 🖨 Road Trip to Pearl City Joy Part 2 [MSG] Fun [HAR] [HAR] 2:00 Tuesday Treats: blocks [HAR] Rooml [HAR] 2:00 🤗 Snacks & Hydration [HAR] 2:00 M Snacks & Hydration [HAR] 6:00 \(\frac{1}{2} \) Watch Wheel of Fortune Popsicle [HAR] 3:00 h Piece by Piece Puzzle 2:00 Snacks & Hydration [HAR] 2:00 Report Snacks & Hydration [HAR] 3:00 🔥 Shout and Score in Bingo! 3:00 - Shout and Score in Bingo! 3:00 M Arts and Crafts with JP Time [HKL-Activity [HAR] 3:00 h Shout and Score in Bingo! 3:00 shout and Score in Bingo! [HAR] [HAR] [HAR] [HAR] Room 6:00 Evening News and Current [HAR] 6:00 Evening News and Current Affairs [HAR] Affairs [HAR] 6:00 Watch America's Got 6:00 \(\square\) Watch America's Got 6:00 \bigstar Watch America's Got 6:00 ≥ Evening News and Current Talent [HAR] Talent [HAR] Talent [HAR] Affairs [HAR] **Medical Appointments (9:00** Shopping and Errands Day (Longs, Safeway, & Walmart 10 8:50 Daily Orientation **Medical Appointments Shopping and Errands Day** Medical Appointments (9:00 8:50 Daily Orientation AM - 4:00 PM) (9:00 AM - 4:00 PM) (Foodland, Costco, & Target AM - 4:00 PM) Board [HAR] Board [HAR] 8:30 AM-12:30 PM) 8:50 Daily Orientation Board [HAR] AM-2 PM) 8:30 A You've Got Mail: Morning 9:00 Seated Tai Chi [HAR] 9:00 † Sunday Hymns and 8:50 Daily Orientation Board 8:30 A You've Got Mail: Morning Mail 9:00 Morning Fuzion and Fitness 8:30 A You've Got Mail: Morning Mai Mail Delivery [CG] Spiritual Songs [HAR] [HAR] 10:00 🤗 Gardening-Outdoor Delivery [CG] Delivery [CG] Chair Exercise [HAR] 8:50 Daily Orientation Board 10:00 •• Sit and Be Fit Exercise Pastime [CG] 9:00 Seated Exercises with 8:50 Daily Orientation Board [HAR] 10:00 Paint a picture and describe 8:50 Daily Orientation Board [HAR] [HAR] [HAR] 1:00 Balloon Volleyball with JP [CG] 9:00 •• Walking with the Blue Zones 9:00 • Mobility Ball Exercise [HAR] what you're doing through 9:00 Scenic Drive to Kaneohe 1:00 Documentary - Japan's 10:00 🌣 Name the Animal [HAR] Friends [HAR] 10:00 Memory Match Game [HAR] every stroke [HAR] Walking Moai [CG] [HAR] Wild North: The 1:00 & Music and Motion: Listen to 10:00 🎜 Outdoor Sing Along with 2:00 Reacks & Hydration 1:00 <a> Music Group with Sounding 1:00 W Halloween House 10:00 🌣 Add and Subtract Math Friends [CG] Wilderness of Hokkaido Joy Part 1 [MSG] Frank Sinatra - Make and [HAR] **Stickers Scene [HAR]** Challenge [HAR] Donate Yarn Leis [HAR] 2:00 5 Music Group with Sounding 1:00 Road Trip to Waipio Soccer (YouTube) [HAR] 3:00 **Try tasting different** 2:00 Tuesday Treats: Mini 1:00 • Afternoon Exercise: Fit and 2:00 Snacks & Hydration [HAR] Complex [HAR] Joy Part 2 [MSG] 2:00 M Snacks and Hydration varieties of apples Bites Brownie [HAR] Fun [HAR] 2:00 Representation [HAR] 2:00 M Snacks & Hydration [HAR] 3:00 shout and Score in Bingo! [HAR] [HAR] 3:00 M Arts and Crafts with JP 2:00 Snacks & Hydration [HAR] [HAR] 3:00 🔥 Shout and Score in Bingo! 3:00 h Shout and Score in Bingo! 3:00 h Puzzle with Friends [HAR] 6:00 \(\square \) Watch Wheel of Fortune 3:00 h Shout and Score in Bingo! 6:00 Watch America's Got Talent [HAR] [HAR] [HAR] [HAR] [HAR] 6:00 🖈 Watch America's Got [HAR] 6:00 ≥ Evening News and Current 6:00 Evening News and Current Affairs [HAR]

Affairs [HAR]

6:00 Evening News and Current

Affairs [HAR]

Talent [HAR]

6:00 \bigstar Watch America's Got

Talent [HAR]

September 2024 'Ilima at Leihano Memory Care Activities Calendar Sunday Monday Tuesday Wednesday Thursday Friday 25 Medical Appointments (9:00 26 AM - 4:00 PM) Medical Appointments (9:00 AM - 4:00 PM) Medical Appointments (9:00 AM - 4:00 PM) **Shopping and Errands Day Shopping and Errands Day** (Longs, Safeway, & Walmart 8:50 Daily Orientation (Foodland, Costco, & Target AM - 4:00 PM) (9:00 AM - 4:00 PM) Board [HAR] 8:30 AM-12:30 PM) 10 AM-2 PM) 8:30 A You've Got Mail: Morning 8:50 Daily Orientation Board 9:00 † Sunday Hymns and 8:50 Daily Orientation Board 8:30 A You've Got Mail: Morning Mail 8:30 A You've Got Mail: Morning Mail Delivery [CG] [HAR] Spiritual Songs [HAR] [HAR] Delivery [CG] Mail Delivery [CG] 8:50 Daily Orientation Board 9:00 •• Morning Fuzion and 10:00 •• Sit and Be Fit Exercise 9:00 • Seated Exercises with 8:50 Daily Orientation Board [HAR] [HAR] 8:50 Daily Orientation Board Fitness Chair Exercise [HAR] JP [CG] 9:00 Mobility Ball Exercise [HAR] [HAR] 9:00 Scenic Drive to Sand [HAR] 1:00 Aim and Score in 10:00 8 Keep the Streak with 10:00 🞵 Listen to 60's. 70's and 80's Island [HAR] 10:00 🛕 Tea Bag Matching Game 9:00 Walking with the Blue Cornhole [HAR] Balloon Kickball [HAR] Music Hits [HAR] **Zones Walking Moai [CG]** 10:00 🧳 Name the States [HAR] [HAR] 1:00 5 Music Group with Sounding 2:00 M Snacks and Hydration 1:00 & Let's Make Beaded 1:00 • Afternoon Exercise: Fit and [HAR]

8:50 Daily Orientation Board [HAR] 9:00 † Sunday Hymns and Spiritual Songs [HAR] 10:00 🕆 Living Waters Music Performance [HOC-Lobby

3:00 Documentary: Secret

6:00 \bigstar Watch America's Got

Talent [HAR]

World of Crustaceans

(YouTube) [HAR]

- Cafel 10:00 •• Sit and Be Fit Exercise [HAR]
- 1:00

 Aim and Shoot Bucketball Toss [HAR]
- 2:00 M Snacks and Hydration [HAR]
- 3:00 Puzzle with Friends [HMD-Main Dining Room
- 6:00 ★ Watch America's Got Talent [HAR]

Medical Appointments (9:00 AM - 4:00 PM)

[HAR]

Fun [HAR]

2:00 M Snacks & Hydration [HAR]

3:00 h Shout and Score in Bingo!

6:00 ≥ Evening News and Current

Affairs [HAR]

- 8:30 A You've Got Mail: Morning Mail Delivery [CG]
- 8:50 Daily Orientation Board [HAR] 9:00 Scenic Drive to Diamond
- Head [HAR] 10:00 © Color Your Own Velveteen Artwork [HAR]
- 10:00 🜟 Na Leo Manu O'o Performance [HOC-Lobby Cafe]
- 1:00 •• Afternoon Exercise: Fit and Fun [HAR]
- 2:00 M Snacks & Hydration [HAR]
- 3:00 🏞 Shout and Score in Bingo! [HAR]
- 6:00 **☞** Evening News and Current Affairs [HAR]

- Bracelets [HAR]
- 2:00 Tuesday Treats: Ravioli with Pesto Sauce [HAR]
- 3:00 M Arts and Crafts with JP [HAR]
- 6:00 ★ Watch America's Got Talent [HAR]
- Joy Part 1 [MSG] 2:00 5 Music Group with Sounding
- Joy Part 2 [MSG] 2:00 M Snacks & Hydration [HAR]
- 3:00 Shout and Score in Bingo! [HAR]
- 6:00 ≥ Evening News and Current Affairs [HAR]
- 1:00 Play a variety of music types on the radio [HAR]
- 2:00 \$\mathcal{V}\$ Snacks & Hydration [HAR] 3:00 . Shout and Score in Bingo! [HAR]
- 6:00 Watch America's Got Talent [HAR]
- 10:00 5 Outdoor Sing Along with Friends [CG]
- 1:00 🖨 Road Trip to Patsy Mink [HAR]
- 2:00 M Snacks & Hydration [HAR] 3:00 h Shout and Score in Bingo! [HAR]
- 6:00 Evening News and Current Affairs [HAR]

8:50 Daily Orientation 28

Board [HAR]

Saturday

- 9:00 → Seated Tai Chi [HAR] 10:00 🖀 Gardening-Outdoor
- Pastime [CG] 1:00 Let's Play Chicken Feet [HAR]
- 2:00 🤌 Snacks & Hydration [HAR]
- 3:00 **Try tasting different** varieties of cheese [HAR]
- 6:00 ★ Watch Wheel of Fortune [HAR]



THE ART OF LIVING WELLSM

739 Leihano Street Kapolei, Hawaii 96707 808-674-8022

- After Dinner Program
- Beaded and Leis
- ♣ Board, Card Games, and Table Games
- D Brain Games
- ₩ Creativity Corner
- Educational
- ★ Entertainment
- ➡ Fitness
- **11** Food Demo
- Indoor Games

- Interactive Chats
- ♥ Medical Related
- Movie Movie
- Music
- Outdoor Activities
- Outings
- Painting/Coloring Reading and Card Making
- Social Events
- T Spiritual Wellness





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