

# September 2024

## 'Ilima at Leihano IL/AL Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:15 ☀️ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] <b>1</b></p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Balance, Strength, and Stretch [HOC-Lobby Cafe]</p> <p>10:00 🙏 KROC Center Salvation Army Morning Services [HKL-Activity Room]</p> <p>1:00 🙏 <b>Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]</b></p> <p>2:00 💰 \$hout &amp; \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>3:00 🎰 Beat the Dealer in Blackjack [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Happy Labor Day!</b></p> <p><b>Medical Appointments (9:00 AM - 4:00 PM) <b>2</b></b></p> <p>8:15 ☀️ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Get Moving and Grooving with Instrumix! (In-Person) [KHL-Lobby Lanai]</p> <p>10:00 📖 Learn the History of Labor Day [HKL-Activity Room]</p> <p>1:00 🚌 Bus Trip to Makaha [HOC-Lobby Cafe]</p> <p>1:00 🗣️ Interactive Chat: Reminiscing About Working Days [HKL-Activity Room]</p> <p>2:00 🎲 <b>Special Labor Day Shout and Score in Bingo! [HOC-Lobby Cafe]</b></p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎰 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) <b>3</b></b></p> <p>8:15 ☀️ Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 📖 <b>History of Yamashita Surrender Day [HKL-Activity Room]</b></p> <p>1:00 🎯 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]</p> <p>2:00 🎯 Grandparents Day Scavenger Hunt [HKL-Activity Room]</p> <p>3:00 🎨 Decorate your own Perler Beads Magnet [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Shopping and Errands Day (Foodland, Costco, &amp; Target 8:30 AM-12:30 PM) <b>4</b></b></p> <p>8:15 ☀️ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🏠 Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]</p> <p>10:00 ❤️ Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]</p> <p>1:00 🎵 <b>Afternoon Pool Karaoke [WMP-Pool Area]</b></p> <p>1:00 🔄 Aqua Motion Wellness [WMP-Pool Area]</p> <p>2:00 🎨 Crafts and Creations [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) <b>5</b></b></p> <p>8:15 ☀️ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 <b>New: Seated Taiichi Class with Kari and Konrad [HOC-Lobby Cafe]</b></p> <p>10:00 🎨 Make and Design Beaded Jewelry [HKL-Activity Room]</p> <p>1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>2:00 🎯 Get the Highest Score in the Game of Cornhole [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎰 Let's Play Mahjong with Kari [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Shopping and Errands Day (Longs, Safeway, &amp; Walmart 10 AM-2 PM) <b>6</b></b></p> <p>8:15 ☀️ Jump Start Your Day with Word Search &amp; Crossword Puzzles [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]</p> <p>9:00 🚌 Bus Trip to Makaha [HOC-Lobby Cafe]</p> <p>10:00 🎨 <b>Color and Design Suncatcher [HOC-Lobby Cafe]</b></p> <p>10:00 🙏 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]</p> <p>1:00 💰 \$hout &amp; \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>2:00 🎲 Table Top Game [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎰 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>8:15 ☀️ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe] <b>7</b></p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🐾 <b>Pet Therapy with Elsa [HKL-Activity Room]</b></p> <p>1:00 🎨 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]</p> <p>2:00 📺 Documentary - The Lost City Of Knowledge: What Life Was Like In Ancient Alexandria (YT) [HKL-Activity Room]</p> <p>3:00 🎲 Let's Play UNO! [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>
<p><b>Happy Grandparents Day! <b>8</b></b></p> <p>8:15 ☀️ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🎨 <b>Grandparents Day Mid-Morning Munch! [KHL-Lobby Lanai]</b></p> <p>10:00 🎨 <b>Grandparents Day Mid-Morning Munch! [KHL-Lobby Lanai]</b></p> <p>1:00 🎨 Grandparents Day Craft Class with the Sales Team [HKL-Activity Room]</p> <p>2:00 🎲 Special Grandparents Day Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>3:00 🎰 Beat the Dealer in Blackjack [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Happy National Assisted Living Week!</b></p> <p><b>Medical Appointments (9:00 AM - 4:00 PM) <b>9</b></b></p> <p>8:15 ☀️ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🎯 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]</p> <p>1:00 🚌 Bus Trip to Haleiwa [HOC-Lobby Cafe]</p> <p>1:00 🙏 <b>Faith and Spirituality Movie: I Can Only Imagine (Based on the true story of MercyMe lead vocalist Bart Millard-NFX) [HKL-Activity Room]</b></p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎰 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) <b>10</b></b></p> <p>8:15 ☀️ Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🌟 <b>Roy and Ron Morning Performance [HOC-Lobby Cafe]</b></p> <p>1:00 💰 \$hout &amp; \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>2:00 ❤️ Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]</p> <p>3:00 🎵 Ukulele and Singalong Class with Carole [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Shopping and Errands Day (Foodland, Costco, &amp; Target 8:30 AM-12:30 PM) <b>11</b></b></p> <p>8:15 ☀️ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🏠 Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]</p> <p>10:00 🎯 Assisted Living Week Scavenger Hunt [HKL-Activity Room]</p> <p>1:00 🎵 Afternoon Pool Karaoke [WMP-Pool Area]</p> <p>1:00 🔄 Aqua Motion Wellness [WMP-Pool Area]</p> <p>2:00 🎨 Crafts and Creations [HKL-Activity Room]</p> <p>6:00 🎬 <b>Movie Night and Pop Corn [WMP-Pool Area]</b></p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) <b>12</b></b></p> <p>8:15 ☀️ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 <b>Body and Brain Taiichi-Yoga Class with Karen [HKL-Activity Room]</b></p> <p>10:00 📷 Photographic Storytelling [HKL-Activity Room]</p> <p>1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>2:00 🍳 Cooking Demo with Millie [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎰 Let's Play Mahjong with Kari [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Shopping and Errands Day (Longs, Safeway, &amp; Walmart 10 AM-2 PM) <b>13</b></b></p> <p>8:15 ☀️ Jump Start Your Day with Word Search &amp; Crossword Puzzles [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]</p> <p>9:00 🚌 Bus Trip to Haleiwa [HOC-Lobby Cafe]</p> <p>10:00 🙏 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]</p> <p>10:00 🎨 Summertime - Coloring Templates [HOC-Lobby Cafe]</p> <p>1:00 💰 \$hout &amp; \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>2:00 🎨 <b>Easy Craft: Laminating Leaves [HKL-Activity Room]</b></p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎰 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HOC-Lobby Cafe]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>8:15 ☀️ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe] <b>14</b></p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🐾 <b>Pet Therapy with Brady [HKL-Activity Room]</b></p> <p>1:00 🎨 Earn your points in Make and Donate Yarn Leis [HOC-Lobby Cafe]</p> <p>1:00 🌟 <b>UH Football Game: Rainbow Warriors vs. Sam Houston [HKL-Activity Room]</b></p> <p>2:00 🎨 Painting Class with Elyssa [HOC-Lobby Cafe]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>
<p>8:15 ☀️ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] <b>15</b></p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Balance, Strength, and Stretch [HOC-Lobby Cafe]</p> <p>10:00 🙏 KROC Center Salvation Army Morning Services [HKL-Activity Room]</p> <p>1:00 🙏 <b>Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]</b></p> <p>2:00 💰 \$hout &amp; \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>3:00 🎰 Beat the Dealer in Blackjack [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) <b>16</b></b></p> <p>8:15 ☀️ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Get Moving and Grooving with Instrumix! (In-Person) [KHL-Lobby Lanai]</p> <p>10:00 🎯 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]</p> <p>1:00 🚌 Bus Trip to Kaneohe [HOC-Lobby Cafe]</p> <p>1:00 🎲 <b>Table Top Game [HKL-Activity Room]</b></p> <p>2:00 🎨 Make and Design Beaded Jewelry [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎰 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) <b>17</b></b></p> <p>8:15 ☀️ Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 ❤️ Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]</p> <p>1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>2:00 🍳 <b>Build Your Own Pizza [HKL-Activity Room]</b></p> <p>3:00 🎵 Ukulele and Singalong Class with Carole [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Shopping and Errands Day (Foodland, Costco, &amp; Target 8:30 AM-12:30 PM) <b>18</b></b></p> <p>8:15 ☀️ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🏠 Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]</p> <p>10:00 🎯 <b>New: Pool Noodle Hockey Game [HKL-Activity Room]</b></p> <p>1:00 🎵 Afternoon Pool Karaoke [WMP-Pool Area]</p> <p>1:00 🔄 Aqua Motion Wellness [WMP-Pool Area]</p> <p>2:00 🎨 Workshop with Arlene Watson - Make and Learn the Use of Tassels! [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Dessert by the Pool [WMP-Pool Area]</p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) <b>19</b></b></p> <p>8:15 ☀️ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Taiichi Class with Kari and Konrad [HOC-Lobby Cafe]</p> <p>10:00 🎨 Velveteen Artwork Coloring [HKL-Activity Room]</p> <p>1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>2:00 🎨 <b>September Fun Coloring [HKL-Activity Room]</b></p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎰 Let's Play Mahjong with Kari [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Shopping and Errands Day (Longs, Safeway, &amp; Walmart 10 AM-2 PM) <b>20</b></b></p> <p>8:15 ☀️ Jump Start Your Day with Word Search &amp; Crossword Puzzles [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]</p> <p>9:00 🚌 Bus Trip to Kaneohe [HOC-Lobby Cafe]</p> <p>10:00 🎨 Artist Impression - Paul Gauguin - Mahana No Atua [HOC-Lobby Cafe]</p> <p>10:00 🙏 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]</p> <p>1:00 💰 \$hout &amp; \$core in B-I-N-G-O! (\$\$\$) [HOC-Lobby Cafe]</p> <p>2:00 🎨 <b>Mocktail Friday with Cliff [HKL-Activity Room]</b></p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎰 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>8:15 ☀️ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe] <b>21</b></p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🔄 Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🐾 <b>Pet Therapy with Elsa [HKL-Activity Room]</b></p> <p>1:00 🎨 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]</p> <p>2:00 🎲 Guess the Country Visual Quiz [HKL-Activity Room]</p> <p>3:00 🎲 Let's Play UNO! [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p> <p>6:00 🌟 <b>UH Football Game: Rainbow Warriors vs. Sam Houston [HKL-Activity Room]</b></p>

# September 2024 'Ilima at Leihano IL/AL Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:15 ☪ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] <b>22</b></p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 ➡ Balance, Strength, and Stretch [HOC-Lobby Cafe]</p> <p>10:00 ✝️ Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]</p> <p>1:00 ☪ <b>German Words Used in English Trivia [HKL-Activity Room]</b></p> <p>2:00 💰 Shout &amp; Score in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>3:00 🎴 Beat the Dealer in Blackjack [HKL-Activity Room]</p> <p>3:00 ☪ Game Of Your Choice [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) 23</b></p> <p>8:15 ☪ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 ➡ Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🏐 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]</p> <p>1:00 🚌 Bus Trip to Sand Island [HOC-Lobby Cafe]</p> <p>1:00 🌿 Let's Make Kindness Rock for our Garden [HKL-Activity Room]</p> <p>2:00 🇮🇳 <b>New: Food Culture and Health-India [HKL-Activity Room]</b></p> <p>3:00 ☪ Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎴 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) 24</b></p> <p>8:15 ☪ Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 ➡ Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🧵 Decorate your own Perler Beads Magnet [HKL-Activity Room]</p> <p>1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>2:00 🏠 <b>Town Hall Meeting For All Residents [HKL-Activity Room]</b></p> <p>3:00 ❤️ Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Shopping and Errands Day (Foodland, Costco, &amp; Target 8:30 AM-12:30 PM) 25</b></p> <p>8:15 ☪ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 🏠 Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]</p> <p>10:00 🦋 Crafts and Creations [HKL-Activity Room]</p> <p>1:00 🎵 Afternoon Pool Karaoke [WMP-Pool Area]</p> <p>1:00 ➡ Aqua Motion Wellness [WMP-Pool Area]</p> <p>2:00 🗨️ Menu Chat with Jonathan and Liann [HAR]</p> <p>3:00 🍒 <b>Cherries Jubilee Social [HKL-Activity Room]</b></p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>Medical Appointments (9:00 AM - 4:00 PM) 26</b></p> <p>8:15 ☪ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 ➡ <b>Body and Brain Taiichi-Yoga Class with Karen [HKL-Activity Room]</b></p> <p>10:00 🎨 Color and Design Suncatcher [HKL-Activity Room]</p> <p>1:00 🎲 Shout and Score in Bingo! [HOC-Lobby Cafe]</p> <p>2:00 🎮 Learn How to Play Mahjong [HKL-Activity Room]</p> <p>3:00 🎲 Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎮 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p><b>NEX Shopping Departure Time 8:30 AM (9:00 AM - 11:00 AM) 27</b></p> <p><b>Shopping and Errands Day (Longs, Safeway, &amp; Walmart 10 AM-2 PM)</b></p> <p>8:15 ☪ Jump Start Your Day with Word Search &amp; Crossword Puzzles [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 ➡ 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]</p> <p>9:00 🚌 Bus Trip to Sand Island [HOC-Lobby Cafe]</p> <p>9:00 🙏 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room]</p> <p>10:00 🎨 Thanksgiving Coloring [HOC-Lobby Cafe]</p> <p>1:00 🍳 <b>In the Kitchen with Kylee and Rejh [HKL-Activity Room]</b></p> <p>2:00 💰 Shout &amp; Score in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>3:00 🎉 Happy Hour Birthday Bash with Dean Hirata [HOC-Lobby Cafe]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>	<p>8:15 ☪ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe] <b>28</b></p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 ➡ Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🐾 Pet Therapy with Brady [HKL-Activity Room]</p> <p>1:00 🧵 Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]</p> <p>2:00 🏒 <b>Challenge Your Friends in an Air Hockey Tournament [HKL-Activity Room]</b></p> <p>3:00 ☪ Let's Play Jeopardy! [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>

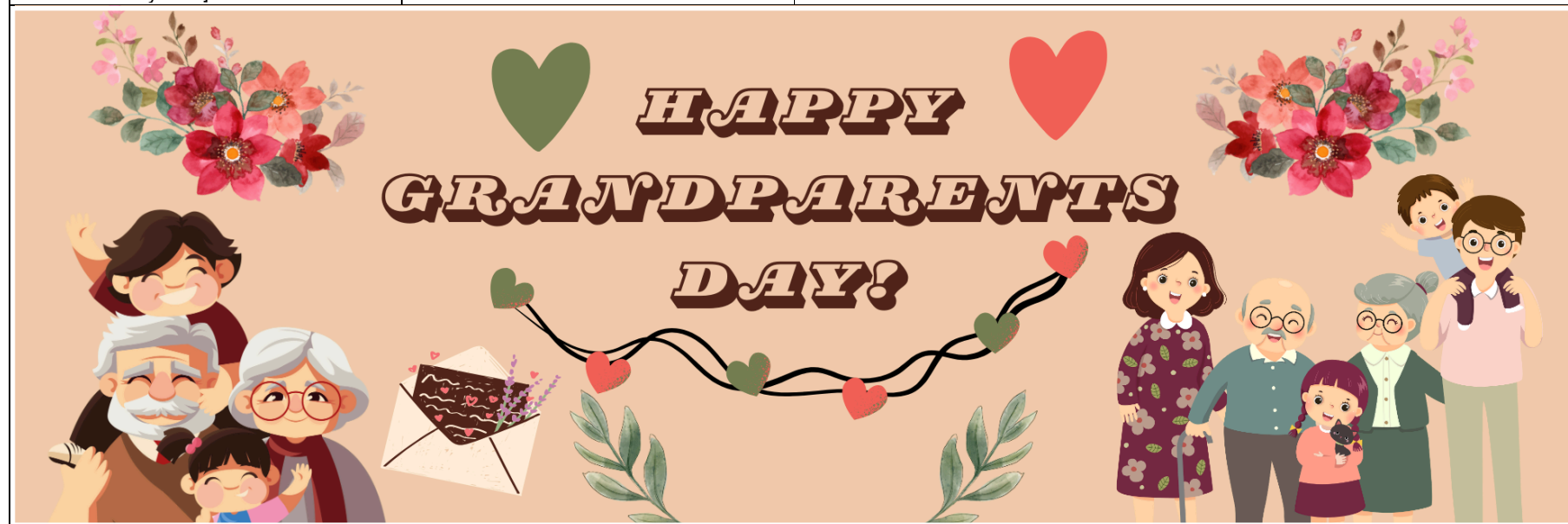
<p>8:15 ☪ Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] <b>29</b></p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 ➡ Balance, Strength, and Stretch [HOC-Lobby Cafe]</p> <p>10:00 ✝️ <b>Living Waters Music Performance [HOC-Lobby Cafe]</b></p> <p>1:00 ✝️ Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]</p> <p>2:00 💰 Shout &amp; Score in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]</p> <p>3:00 🎴 Beat the Dealer in Blackjack [HKL-Activity Room]</p> <p>3:00 ☪ Game Of Your Choice [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>
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<p><b>Medical Appointments (9:00 AM - 4:00 PM) 30</b></p> <p>8:15 ☪ Flex your Mind with Spot the Difference &amp; Crossword [HOC-Lobby Cafe]</p> <p>8:30 🎵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]</p> <p>9:00 ➡ Fitness 101 [HOC-Lobby Cafe]</p> <p>10:00 🌟 <b>Na Leo Manu O'o Performance [HOC-Lobby Cafe]</b></p> <p>1:00 🚌 Road Trip: Diamond Head [HOC-Lobby Cafe]</p> <p>1:00 🎲 Table Top Game [HKL-Activity Room]</p> <p>2:00 🏐 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]</p> <p>3:00 ☪ Game Of Your Choice [HKL-Activity Room]</p> <p>3:00 🎴 Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]</p> <p>6:00 🎴 After Dinner Card Games [HOC-Lobby Cafe]</p>
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739 Leihano Street  
Kapolei, Hawaii 96707  
808-674-8022

- ☪ After Dinner Program
- 🧵 Beaded and Leis
- 🎉 Birthday Bash-Happy Hour
- 🎲 Board, Card Games, and Table Games
- ☪ Brain Games
- 🌿 Community Meeting
- 🦋 Creativity Corner
- 🌍 Culture Travel
- 📖 Educational
- 🌟 Entertainment
- ➡ Fitness
- 🍳 Food Demo
- 🏠 Indoor Games
- 🗨️ Interactive Chats
- ❤️ Meditation
- 💰 Money BINGO
- 🎬 Movie
- 🎵 Music
- 🏠 Outdoor Activities
- 🚌 Outings
- 🎨 Painting/Coloring
- 🐾 Pet Therapy
- 🎴 Poker
- 🍷 Social Events
- ✝️ Spiritual Wellness



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