September 2024 'Ilima at Leihano IL/AL Activities Calendar Sunday 8:15 🌣 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 - Balance, Strength, and Stretch [HOC-Lobby Cafe] KROC Center Salvation Army Morning

Services [HKL-Activity Room]

1:00 * Virtual Sunday Service with Dr. David

2:00 \$ \$hout & \$core in B-I-N-G-O! (\$\$\$)

3:00 P Beat the Dealer in Blackjack [HKL-

3:00 🔆 Game Of Your Choice [HKL-Activity

[HKL-Activity Room]

Activity Room]

Jeremiah from Shadow Mountain

Community Church [HKL-Activity

Monday Tuesdav Medical Appointments (9:00 AM -**Happy Labor Day!** Medical Appointments (9:00 AM - 4:00

- 8:15 🌣 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe] 8:30 🞜 Listen to the Daily Morning Hymns [HOC-
- Lobby Cafel 9:00 Get Moving and Grooving with Instrumix! (In-Person) [KHL-Lobby Lanai]
- 10:00 🞓 Learn the History of Labor Day [HKL-Activity Room 1:00 🖨 Bus Trip to Makaha [HOC-Lobby Cafe]
- 1:00 Interactive Chat: Reminiscing About Working Days [HKL-Activity Room] 2:00 Special Labor Day Shout and Score in Bingo! [HOC-Lobby Cafe]
- 3:00 Game Of Your Choice [HKL-Activity Room 3:00 T Keep Your Game Faces on at Our Poker Games (Non-Money) [HKL-Activity Room]
- 6:00 P After Dinner Card Games [HOC-Lobby Cafe] 6:00 P After Dinner Card Games [HOC-Lobby

Happy National Assisted Living Week!

Cafel

Medical Appointments (9:00 AM - 4:00

8:15 🌣 Flex your Mind with Spot the

[HOC-Lobby Cafe]

9:00 ← Fitness 101 [HOC-Lobby Cafe]

10:00 🔗 Keep the Streak Alive in Balloon

Volleyball! [HKL-Activity Room]

Only Imagine (Based on the true

story of MercyMe lead vocalist Bart

Millard-NFX)) [HKL-Activity Room]

Poker Games (Non-Money) [HKL-

6:00 P After Dinner Card Games [HOC-Lobby

1:00 🖨 Bus Trip to Haleiwa [HOC-Lobby Cafe]

1:00 Faith and Spirituality Movie: I Can

3:00 Game Of Your Choice [HKL-Activity

3:00 P Keep Your Game Faces on at Our

8:30 🎜 Listen to the Daily Morning Hymns

Difference & Crossword [HOC-Lobby

4:00 PM)

- 8:15 🌣 Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]
- 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 ← Fitness 101 [HOC-Lobby Cafe]
- 10:00 F History of Yamashita Surrender Day [HKL-Activity Room]
- 1:00 % Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room] Hunt [HKL-Activity Room]
- 3:00 & Decorate your own Perler Beads Magnet [HKL-Activity Room]
- 6:00 P After Dinner Card Games [HOC-Lobby Cafel

Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM)

8:15 🤄 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]

Wednesday

- 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 A Walking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]
- 10:00 Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room
- 1:00 🎜 Afternoon Pool Karaoke WMP-Pool Areal
- 1:00 Agua Motion Wellness [WMP-Pool
- 2:00 W Crafts and Creations [HKL-Activity
- 6:00 P After Dinner Card Games [HOC-Lobby

Thursday Medical Appointments (9:00 AM - 4:00

- 8:15 Plex your Mind with Spot the Difference & Crossword [HOC-Lobby
- 8:30 🎜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- New: Seated Taiichi Class with Kari and Konrad [HOC-Lobby Cafe]
- 10:00 🕸 Make and Design Beaded Jewelry [HKL-Activity Room] 1:00 in Shout and Score in Bingo! [HOC-Lobby Cafel
- Get the Highest Score in the Game of Cornhole [HKL-Activity Room] 3:00 🔥 Game Of Your Choice [HKL-Activity
- Room 3:00 P Let's Play Mahjong with Kari [HKL-Activity Room]
- 6:00 P After Dinner Card Games [HOC-Lobby Cafe]

Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM)

8:15 🌣 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafel

Friday

- 8:30 🎜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 30 Minutes HasFit Seated Workout 9:00 (YouTube) [HOC-Lobby Cafe]
- 9:00 🖨 Bus Trip to Makaha [HOC-Lobby Cafe] 10:00 Color and Design Suncathcher [HOC-
- Lobby Cafe] 10:00 Graceful Wisdom with Chaplain Trov Nakamura [HKL-Activity Room] \$hout & \$core in B-I-N-G-O! (\$\$\$) [HKL-
- Activity Room] 2:00 h Table Top Game [HKL-Activity Room]
- 3:00 O Game Of Your Choice [HKL-Activity Room]
- 3:00 🝷 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]
- 3:00 Let's Play UNO! [HKL-Activity 6:00 P After Dinner Card Games [HOC-Lobby Cafe Rooml 6:00 P After Dinner Card Games [HOC-

8:15 Flex your Mind with Spot the Difference &

Saturday

Crossword [HOC-Lobby

Hymns [HOC-Lobby Cafe]

Donate Yarn Leis [HKL-Activity

Knowledge: What Life Was Like

In Ancient Alexandria (YT) [HKL-

8:15 Flex your Mind with Spot

Cafel

Rooml

the Difference &

8:30 🎜 Listen to the Daily Morning

9:00 → Fitness 101 [HOC-Lobby Cafe]

10:00 🐥 Pet Therapy with Elsa [HKL-

1:00 & Earn your points in Make and

2:00 Documentary - The Lost City Of

Activity Room

Activity Room]

Lobby Cafel

Happy Grandparents Day!

Rooml

- 8:15 🌣 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]
- 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- **Grandparents Day Mid-Morning** Munch! [KHL-Lobby Lanai]
- **Grandparents Day Mid-Morning** Munch! [KHL-Lobby Lanai] 1:00 M Grandparents Day Craft Class
- with the Sales Team [HKL-Activity Room]
- 2:00 Special Grandparents Day Shout and Score in Bingo! [HOC-Lobby Cafel
- 3:00 P Beat the Dealer in Blackjack [HKL-Activity Room]
- 3:00 Game Of Your Choice [HKL-

Lobby Cafel

Rooml

Activity Room 6:00 P After Dinner Card Games [HOC-

Services [HKL-Activity Room]

1:00 * Virtual Sunday Service with Dr. David

2:00 \$ Shout & Score in B-I-N-G-O! (SSS)

3:00 P Beat the Dealer in Blackjack [HKL-

3:00 🌣 Game Of Your Choice [HKL-Activity

6:00 P After Dinner Card Games [HOC-Lobby

[HKL-Activity Room]

Activity Room]

Jeremiah from Shadow Mountain

Community Church [HKL-Activity

8:15 🌣 Warm Up Your Day with Word 🗹 Medical Appointments (9:00 AM - 4:00 Search and Hidden Equation

Rooml

Cafel

- [HOC-Lobby Cafe] 8:15 🌣 Flex your Mind with Spot the 8:30 Listen to the Daily Morning Hymns
- 8:30 5 Listen to the Daily Morning Hymns [HOC-[HOC-Lobby Cafe] Lobby Cafel 9:00 - Balance, Strength, and Stretch [HOC Lobby Cafe]
 - (In-Person) [KHL-Lobby Lanai] KROC Center Salvation Army Morning Keep the Streak Alive in Balloon

 - 1:00 **h** Table Top Game [HKL-Activity Room]
 - 3:00 Game Of Your Choice [HKL-Activity Room 3:00 T Keep Your Game Faces on at Our Poker
 - Games (Non-Money) [HKL-Activity Room] 6:00 P After Dinner Card Games [HOC-Lobby

Medical Appointments (9:00 AM -4:00 PM)

- 8:15 🗘 Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]
- 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 → Fitness 101 [HOC-Lobby Cafe] 10:00 **A Roy and Ron Morning**
- Performance [HOC-Lobby Cafe] 1:00 \$ Shout & Score in B-I-N-G-O! (SSS)
- [HKL-Activity Room] 2:00 Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]
- 3:00 J Ukulele and Singalong Class with Carole [HKL-Activity Room]
- 6:00 P After Dinner Card Games [HOC-Lobby Cafe

Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM)

- 8:15 Y Warm Up Your Day with Word Search and Hidden Equation **IHOC-Lobby Cafel**
- 8:30 🞵 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 Nalking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe]
- 10:00 🔗 Assisted Living Week Scavenger Hunt [HKL-Activity Room] 1:00 🎜 Afternoon Pool Karaoke [WMP-
- Pool Areal 1:00 Agua Motion Wellness [WMP-Pool Areal
- 2:00 Y Crafts and Creations [HKL-Activity Room
- 6:00
 Movie Night and Pop Corn [WMP-Pool Area]

Medical Appointments (9:00 AM -

- 8:15 © Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]
- 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 Body and Brain Taiichi-Yoga Class with Karen [HKL-Activity Room]
- 10:00 Photographic Storytelling [HKL-Activity Room]
- Lobby Cafe]
- Activity Room
- Activity Room]
- [HKL-Activity Room]
- 6:00 P After Dinner Card Games [HOC-Lobby Cafel

Shopping and Errands Day (Longs Safeway, & Walmart 10 AM-2 PM) 8:15 🌣 Jump Start Your Day with Word

- Search & Crossword Puzzles [HOC-Lobby 8:30 🎜 Listen to the Daily Morning Hymns [HOC-
- Lobby Cafe] 9:00 - 30 Minutes HasFit Seated Workout
- (YouTube) [HOC-Lobby Cafe] 9:00 🖨 Bus Trip to Haleiwa [HOC-Lobby Cafe] 10:00
- Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room] 10:00 Summertime - Coloring Templates [HOC-
- Lobby Cafe] 1:00 \$ \$hout & \$core in B-I-N-G-0! (\$\$\$) [HKL-Activity Room]
- 2:00 W Easy Craft: Laminating Leaves [HKL-Activity Room
- 3:00 Game Of Your Choice [HKL-Activity Room] 3:00 Texas Hold 'Em Games for
- Points! (Non-Money) [HKL-Activity Room] 6:00 P After Dinner Card Games [HOC-Lobby Cafe

- Crossword [HOC-Lobby Cafe
- 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 ← Fitness 101 [HOC-Lobby Cafe] 10:00 👺 Pet Therapy with Brady [HKL-
- Activity Room] 1:00 & Earn your points in Make and Donate Yarn Leis [HOC-Lobby Cafel
- 1:00 ద UH Football Game: Rainbow Warriors vs. Sam Houston [HKL-Activity Room]
- 2:00 Painting Class with Elyssa [HOC-Lobby Cafe]
- 6:00 P After Dinner Card Games [HOC-Lobby Cafe]

Activity Room

- Difference & Crossword [HOC-Lobby Cafe]
- 9:00 Get Moving and Grooving with Instrumix!
- Volleyball! [HKL-Activity Room] 1:00 🖨 Bus Trip to Kaneohe [HOC-Lobby Cafe]
- 2:00 & Make and Design Beaded Jewelry [HKL-
- Activity Rooml

Medical Appointments (9:00 AM -

- Scrabble [HOC-Lobby Cafe] 8:30 Listen to the Daily Morning
 - Hymns [HOC-Lobby Cafe]
 - Massage (Please sign-up on the sheet inside the activity room).
- Lobby Cafe 2:00 **W Build Your Own Pizza [HKL-**
- **Activity Room** 3:00 J Ukulele and Singalong Class with Carole [HKL-Activity Room] 6:00 P After Dinner Card Games [HOC-

Lobby Cafel

Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM)

- 8:15 🌣 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]
- 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Nalking with the Blue Zones
- Walking Moai (Short and Long Walkers) [HOC-Lobby Cafe] **New: Pool Noodle Hockey Game** [HKL-Activity Room]
- Pool Areal 1:00 Agua Motion Wellness [WMP-
- Pool Area Workshop with Arlene Watson -Make and Learn the Use of Tassels! [HKL-Activity Room]

4:00 PM) 8:15 🌣 Flex your Mind with Spot the

- Difference & Crossword [HOC-Lobby Cafe]
- 9:00 Taiichi Class with Kari and Konrad [HOC-Lobby Cafe]
- Activity Room 1:00 🏞 Shout and Score in Bingo! [HOC-
- 2:00 September Fun Coloring [HKL-**Activity Room**
- Activity Rooml 3:00 T Let's Play Mahjong with Kari [HKL-Activity Room]
- Lobby Cafe

Safeway, & Walmart 10 AM-2 PM)

- 8:15 🌣 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby
- Lobby Cafel 9:00 → 30 Minutes HasFit Seated Workout
- 9:00 Bus Trip to Kaneohe [HOC-Lobby Cafe] 10:00 👁 Artist Impression - Paul Gauguin - Mahana
- 0:00 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room] 1:00
- Lobby Cafel 2:00 🎉 Mocktail Friday with Cliff [HKL-Activity
- Room] 3:00 Game Of Your Choice [HKL-Activity Room]
- 3:00 🝷 Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room] 6:00 P After Dinner Card Games [HOC-Lobby Cafe

- 8:15 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafel
- 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe] 9:00 Fitness 101 [HOC-Lobby Cafe]
- 10:00 🐥 Pet Therapy with Elsa [HKL-Activity Room
- Rooml 2:00 Guess the Country Visual Quiz
- 3:00 Let's Play UNO! [HKL-Activity
- 6:00 P After Dinner Card Games [HOC-
- Warriors vs. Sam Houston [HKL-Activity Room

4:00 PM)

- 8:15 🌣 Jump Start Your Day with Word
- 9:00 ← Fitness 101 [HOC-Lobby Cafe] 10:00 Spa Time: Essential Oil Hand
- [HKL-Activity Room] 1:00 shout and Score in Bingo! [HOC-
 - 1:00 🎜 Afternoon Pool Karaoke [WMP-
 - 6:00 P After Dinner Dessert by the Pool

[WMP-Pool Area]

- 1:00 in Shout and Score in Bingo! [HOC-
- 2:00 Cooking Demo with Millie [HKL-
- 3:00 to Game Of Your Choice [HKL-
- 3:00 T Let's Play Mahjong with Kari

Medical Appointments (9:00 AM -

- 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 10:00 S Velveteen Artwork Coloring [HKL
 - Lobby Cafe
- 3:00 to Game Of Your Choice [HKL-
- 6:00 P After Dinner Card Games [HOC-

- (YouTube) [HOC-Lobby Cafe]
- 1:00 🕸 Earn your points in Make and No Atua [HOC-Lobby Cafe] Donate Yarn Leis [HKL-Activity \$ \$hout & \$core in B-I-N-G-0! (\$\$\$) [HOC-
 - [HKL-Activity Room] Room
 - Lobby Cafe] 6:00 **\(\text{th} \) UH Football Game: Rainbow**

Created on Saturday, August 24, 2024 2:31 PM

September 2024

'Ilima at Leihano IL/AL Activities Calendar

8:15 🌣	Warm Up Your Day with	
	Word Search and Hidden	
	Equation [HOC-Lobby	
	Cafel	

Sunday

- 8:30 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 Balance, Strength, and Stretch [HOC-Lobby Cafe]
- 10:00 📍 Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]
- 1:00 O German Words Used in English Trivia [HKL-Activity Room]
- 2:00 \$ \$hout & \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]
- 3:00 P Beat the Dealer in Blackjack [HKL-Activity Room]
- 3:00 Game Of Your Choice [HKL-Activity Rooml
- 6:00 P After Dinner Card Games [HOC-Lobby Cafe
- 8:15 Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafel
- 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 Balance, Strength, and Stretch [HOC-Lobby Cafe]
- 10:00 † Living Waters Music Performance [HOC-Lobby Cafe]
- 1:00 † Virtual Sunday Service with Dr. David Jeremiah from Shadow Mountain Community Church [HKL-Activity Room]
- 2:00 \$ \$hout & \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]
- 3:00 P Beat the Dealer in Blackjack [HKL-Activity Room]
- 3:00 Game Of Your Choice [HKL-Activity Rooml
- 6:00 P After Dinner Card Games [HOC-Lobby Cafel

Medical Appointments (9:00 AM - 4:00 23 | Medical Appointments (9:00 AM - 2 4:00 PM)

Monday

- 8:15 🌣 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafel
- 8:30 🎜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 Fitness 101 [HOC-Lobby Cafe]
- 10:00 🔗 Keep the Streak Alive in Balloon Volleyball! [HKL-Activity Room]
- 1:00 Bus Trip to Sand Island [HOC-Lobby
- 1:00 Let's Make Kindness Rock for our Garden [HKL-Activity Room]
- 2:00 New: Food Culture and Health-India [HKL-Activity Room]
- 3:00 Game Of Your Choice [HKL-Activity Room 3:00 P Keep Your Game Faces on at Our

Medical Appointments (9:00 AM - 4:00

8:30 🞜 Listen to the Daily Morning Hymns

10:00 🚖 Na Leo Manu O'o Performance [HOC-

1:00 1 Table Top Game [HKL-Activity Room]

Volleyball! [HKL-Activity Room]

Poker Games (Non-Money) [HKL-

6:00 P After Dinner Card Games [HOC-Lobby

8:15 Flex your Mind with Spot the

[HOC-Lobby Cafe]

Lobby Cafe

Lobby Cafe]

Activity Rooml

Room]

9:00 Fitness 101 [HOC-Lobby Cafe]

1:00 🖨 Road Trip: Diamond Head [HOC-

2:00 Reep the Streak Alive in Balloon

3:00 Game Of Your Choice [HKL-Activity

3:00 🝸 Keep Your Game Faces on at Our

Cafe]

- Poker Games (Non-Money) [HKL-Activity Room
- 6:00 P After Dinner Card Games [HOC-Lobby

Difference & Crossword [HOC-Lobby

- 8:15 🌣 Jump Start Your Day with Word Scrabble [HOC-Lobby Cafe]
- 8:30 🞜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 •• Fitness 101 [HOC-Lobby Cafe]

Tuesday

- 10:00 & Decorate your own Perler Beads Magnet [HKL-Activity Room] 1:00 shout and Score in Bingo! [HOC-
- Lobby Cafel 2:00 🎇 Town Hall Meeting For All
- Residents [HKL-Activity Room] 3:00 ♥ Spa Time: Essential Oil Hand Massage (Please sign-up on the sheet inside the activity room). [HKL-Activity Room]
- 6:00 P After Dinner Card Games [HOC-Lobby Cafel

Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM)

8:15 V Warm Up Your Day with Word Search and Hidden Equation [HOC-Lobby Cafe]

Wednesday

- 8:30 🞜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 Nalking with the Blue Zones Walking Moai (Short and Long Walkers) [HOC-Lobby Cafel
- 10:00 ₩ Crafts and Creations [HKL-Activity Rooml
- 1:00 5 Afternoon Pool Karaoke [WMP-Pool
- 1:00 → Aqua Motion Wellness [WMP-Pool Area]
- 2:00 Menu Chat with Jonathan and Liann [HAR]
- 3:00 M Cherries Jubilee Social [HKL-Activity Room
- 6:00 P After Dinner Card Games [HOC-Lobby

Medical Appointments (9:00 AM - 4:00

Thursday

- 8:15 🌣 Flex your Mind with Spot the Difference & Crossword [HOC-Lobby Cafe]
- 8:30 5 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- **Body and Brain Tailchi-Yoga Class** with Karen [HKL-Activity Room]
- 10:00 💿 Color and Design Suncathcher [HKL-Activity Room 1:00 in Shout and Score in Bingo! [HOC-
- Lobby Cafel 2:00 P Learn How to Play Mahjong [HKL-
- Activity Room] 3:00 - Game Of Your Choice [HKL-Activity
- Room 3:00 P Let's Play Texas Hold 'Em Games for Points! (Non-Money) [HKL-Activity Room]
- 6:00 After Dinner Card Games [HOC-Lobby Cafel

NEX Shopping Departure Time 8:30 AM (9:00 AM - 11:00 AM) Shopping and Errands Day (Longs,

Safeway, & Walmart 10 AM-2 PM)

8:15 🌣 Jump Start Your Day with Word Search & Crossword Puzzles [HOC-Lobby Cafe]

Friday

- Lobby Cafel
- → 30 Minutes HasFit Seated Workout (YouTube) [HOC-Lobby Cafe]
- 9:00 Bus Trip to Sand Island [HOC-Lobby Cafe] 10:00 🅆 Graceful Wisdom with Chaplain Troy
- Nakamura [HKL-Activity Room] 10:00 Thanksgiving Coloring [HOC-Lobby Cafe]
- 1:00 | In the Kitchen with Kylee and Rejh [HKL-Activity Room]
- \$hout & \$core in B-I-N-G-O! (\$\$\$) [HKL-Activity Room]
- ## Happy Hour Birthday Bash with Dean Hirata [HOC-Lobby Cafe]
- 6:00 P After Dinner Card Games [HOC-Lobby Cafe

- 8:15 © Flex your Mind with Flex your Mind with Spot the Difference &
 - Crossword [HOC-Lobby Cafel

Saturday

- 8:30 🎜 Listen to the Daily Morning Hymns [HOC-Lobby Cafe]
- 9:00 Hitness 101 [HOC-Lobby Cafe] 0:00 A Pet Therapy with Brady [HKL-Activity Room]
- 1:00 & Earn your points in Make and Donate Yarn Leis [HKL-Activity Room]
- 2:00 : Challenge Your Friends in an Air Hockey Tournament [HKL-Activity Room
- 3:00 C Let's Play Jeopardy! [HKL-Activity Room
- 6:00 P After Dinner Card Games [HOC-Lobby Cafe]



THE ART OF LIVING WELLSM

739 Leihano Street Kapolei, Hawaii 96707 808-674-8022

- After Dinner Program
- Beaded and Leis
- Birthday Bash-Happy Hour
- in Board, Card Games, and Table Games
- O Brain Games
- Community Meeting
- Creativity Corner
- Culture Travel
- Educational
- ★ Entertainment
- ➡ Fitness
- Food Demo
- Indoor Games

- Interactive Chats
 - Meditation
 - **\$** Money BINGO
 - Movie Movie Music
 - Outdoor Activities
- Outings
- Painting/Coloring
- Pet Therapy
- Poker
- Social Events
- T Spiritual Wellness





