

**SUN MON TUE WED THUR FRI SAT**

**Sagewood Activity Calendar**  
Art of Living Well

**1**  
9:15 Aquarobics (POOL)  
**9:30 Walmart Shopping Trip (BUS)**  
10:15 Sit & Fit (SUM)  
11:00 Stretch, Breathe and Balance (FC)  
1:00 Live piano music (MT. V)  
**1:00 Monday Outing: TJMaxx area (BUS)**  
1:00 Mah Jongg (AL Dining Room)  
2:00 Patriotic Ball Jar Acrylic (ART)  
3:30 Social Hour w. Wade - Meet Your New Neighbors! (LOB)  
7:00 Education Night: Falls- Life in Balance (SUM)

**2**  
9:30 Boxing Class (FC)  
10:15 Sit & Fit (SUM)  
11:00 Hallway Club: Life Sketch (1st Floor AL Hallway)  
11:00 Strength Class (FC)  
12:00 Dining Music with Alex (AL Dining Room)  
1:30 Movie Matinee: Napoleon Dynamite (FR)

**3**  
9:15 Aquarobics (POOL)  
10:15 Sit N Fit w. Bands (SUM)  
**10:30 Smith's Shopping Trip (BUS)**  
11:00 Advanced Balance (FC)  
11:00 Hallway Club: Seated Exercise (2nd Floor AL Hallway)  
11:00 Assisted Balance by Appointment (MT. V)  
1:30 Ambassador Training (FR)  
2:15 Bingo! (AL DR)  
3:30 Farkle (GL)  
4:00 Wine Wednesday (FR)  
7:00 Pinochle (IC)

**4**  
9:30 Boxing Class (FC)  
10:15 Sit & Fit (SUM)  
11:00 Hallway Club: Bingo (1st Floor AL Hallway)  
11:00 Strength Class (FC)  
2:00 Seated Exercise Dance (Mt. View)  
3:15 Independence Day Music Celebration (SUM)

**5**  
9:15 Aquarobics (POOL)  
10:00 Assisted Balance by Appointment (MT. V)  
10:15 Music in Motion (SUM)  
11:00 Advanced Balance (SUM)  
11:00 Hallway Club: Bingo (2nd Floor AL Hallway)  
1:30 Wood Shop by Appointment (SHOP)  
2:00 Live piano music (FRONT LOBBY)  
3:30 Birthday Celebration (LOB)

**6**  
10:15 Sit N Fit Club (SUM)  
**11:00 Scenic Drive (BUS)**  
1:30 Ceramic Lessons by Appointment (ART)  
2:15 Bingo! (AL DR)

**7**  
10:00 Sacramento Meeting (SUM)  
12:30 Live Piano Music (LOB)  
1:30 Mexican Train Dominos (Internet Café)  
**2:00 Scenic Drive (BUS)**

**8**  
9:15 Aquarobics (POOL)  
**9:30 Walmart Shopping Trip (BUS)**  
10:15 Sit & Fit (SUM)  
11:00 Stretch, Breathe and Balance (FC)  
1:00 Live piano music (MT. V)  
**1:00 Monday Outing: Trader Joes (BUS)**  
1:00 Mah Jongg (AL Dining Room)  
1:30 Health Fair (SUM)  
2:00 Fireflies Watercolor (ART)  
3:30 Social Hour with Wade (LOB)  
7:00 Movie & Popcorn: 7 Brides for & Brothers (FR)

**9**  
9:30 Boxing Class (FC)  
10:15 Sit & Fit (SUM)  
11:00 Hallway Club: Life Sketch (1st Floor AL Hallway)  
11:00 Strength Class (FC)  
2:00 Parkinson's Support Group (FR)  
3:30 Wii Bowling Alley (GL)

**10**  
9:15 Aquarobics (POOL)  
10:15 Sit N Fit w. Bands (SUM)  
**10:30 Smith's Shopping Trip (BUS)**  
11:00 Advanced Balance (FC)  
11:00 Hallway Club: Seated Exercise (2nd Floor AL Hallway)  
11:00 Assisted Balance by Appointment (MT. V)  
1:30 Crochet Corner (Internet Café)  
1:30 Walking Tour of Sagewood (LOB)  
2:15 Bingo! (AL DR)  
3:30 Farkle (GL)  
7:00 Pinochle (IC)

**11**  
9:30 Boxing Class (FC)  
10:15 Sit & Fit (SUM)  
11:00 Hallway Club: Bingo (1st Floor AL Hallway)  
11:00 Strength Class (FC)  
2:00 Seated Exercise Dance (Mt. View)  
3:30 Iceland to Today (SUM)  
7:00 Thursday Tunes: Terry McClellan (SUM)

**12**  
9:15 Aquarobics (POOL)  
10:00 Assisted Balance by Appointment (MT. V)  
10:15 Music in Motion (SUM)  
11:00 Advanced Balance (SUM)  
11:00 Hallway Club: Bingo (2nd Floor AL Hallway)  
2:00 Live piano music (FRONT LOBBY)  
3:30 Sagewood Talent Show (SUM)

**13**  
10:15 Sit N Fit Club (SUM)  
**11:00 Scenic Drive (BUS)**  
1:30 Ceramic Lessons by Appointment (ART)  
2:15 Bingo! (AL DR)

**14**  
10:00 Sacramento Meeting (SUM)  
12:30 Live Piano Music (LOB)  
1:30 Mexican Train Dominos (Internet Café)  
**2:00 Scenic Drive (BUS)**

**15**  
9:15 Aquarobics (POOL)  
**9:30 Walmart Shopping Trip (BUS)**  
10:15 Sit & Fit (SUM)  
11:00 Stretch, Breathe and Balance (FC)  
1:00 Live piano music (MT. V)  
**1:00 Monday Outing: Library (BUS)**  
1:00 Mah Jongg (AL Dining Room)  
2:00 Sunset Train Watercolor (ART)  
3:30 Social Hour with Wade (LOB)  
**5:45 Restaurant Trip: Black Bear Diner (BUS)**

**16**  
9:30 Boxing Class (FC)  
9:45 Family History Fieldtrip (BUS)  
10:15 Sit & Fit (SUM)  
11:00 Hallway Club: Life Sketch (1st Floor AL Hallway)  
11:00 Strength Class (FC)  
12:00 Dining Music with Alex (IL Dining Room)  
3:30 Town Hall Follow-Up and Thank You, Wade (SUM)

**17**  
9:15 Aquarobics (POOL)  
10:15 Sit N Fit w. Bands (SUM)  
**10:30 Smith's Shopping Trip (BUS)**  
11:00 Advanced Balance (FC)  
11:00 Hallway Club: Seated Exercise (2nd Floor AL Hallway)  
11:00 Assisted Balance by Appointment (MT. V)  
1:30 Ambassador Training (FR)  
1:30 Crochet Corner (Internet Café)  
2:15 Bingo! (AL DR)  
3:30 Farkle (GL)  
4:00 Wine Wednesday (FR)  
7:00 Pinochle (IC)

**18**  
9:30 Boxing Class (FC)  
10:15 Sit & Fit (SUM)  
11:00 Hallway Club: Bingo (1st Floor AL Hallway)  
11:00 Strength Class (FC)  
11:00 Memory Loss Support Group (FR)  
2:00 New Resident Orientation (FR)  
2:00 Seated Exercise Dance (Mt. View)  
3:30 Quiz Queen (LOB)  
7:00 Thursday Tunes: Wayne Hovey (SUM)

**19**  
9:00 Outing to see Minerva Teichert's Art (BUS)  
9:15 Aquarobics (POOL)  
10:00 Assisted Balance by Appointment (MT. V)  
10:15 Music in Motion (SUM)  
11:00 Advanced Balance (SUM)  
11:00 Hallway Club: Bingo (2nd Floor AL Hallway)  
1:30 SK Crafts: Clay Waffle Tic-Tac-Toe (ART)  
2:00 Live piano music (FRONT LOBBY)  
3:30 World Landmark Expo (SUM)

**20**  
10:00 Big Boy Steam Engine (BUS)  
10:15 Sit N Fit Club (SUM)  
**11:00 Scenic Drive (BUS)**  
1:30 Ceramic Lessons by Appointment (ART)  
2:15 Bingo with Bibhor (AL DR)

**21**  
10:00 Sacramento Meeting (SUM)  
12:30 Live Piano Music (LOB)  
1:30 Mexican Train Dominos (Internet Café)  
**2:00 Scenic Drive (BUS)**

**22**  
9:15 Aquarobics (POOL)  
**9:30 Walmart Shopping Trip (BUS)**  
10:15 Sit & Fit (SUM)  
11:00 Stretch, Breathe and Balance (FC)  
1:00 Live piano music (MT. V)  
**1:00 Monday Outing: Pioneer Parade Display (BUS)**  
1:00 Mah Jongg (AL Dining Room)  
2:00 Sunset Wave Acrylic (ART)  
3:30 Music Social: New Executive Director Josh (SUM)  
7:00 Movie & Popcorn: Guys and Dolls (FR)

**23**  
9:30 Boxing Class (FC)  
10:15 Sit & Fit (SUM)  
11:00 Hallway Club: Life Sketch (1st Floor AL Hallway)  
11:00 Strength Class (FC)  
2:30 Resident Town Hall (SUM)  
3:30 Balloon Volleyball (SUM)

**24**  
9:15 Aquarobics (POOL)  
10:15 Sit N Fit w. Bands (SUM)  
**10:30 Smith's Shopping Trip (BUS)**  
11:00 Advanced Balance (FC)  
11:00 Hallway Club: Seated Exercise (2nd Floor AL Hallway)  
11:00 Assisted Balance by Appointment (MT. V)  
1:30 Crochet Corner (Internet Café)  
2:15 Bingo! (AL DR)  
3:30 Farkle (GL)  
7:00 Pinochle (IC)

**25**  
9:30 Boxing Class (FC)  
10:15 Sit & Fit (SUM)  
11:00 Hallway Club: Bingo (1st Floor AL Hallway)  
11:00 Strength Class (FC)  
2:00 Seated Exercise Dance (Mt. View)  
3:30 Pioneer Day Game (SUM)  
7:00 Thursday Tunes: Mixed Nuts (SUM)

**26**  
9:15 Aquarobics (POOL)  
10:00 Assisted Balance by Appointment (MT. V)  
10:15 Music in Motion (SUM)  
11:00 Advanced Balance (SUM)  
11:00 Hallway Club: Bingo (2nd Floor AL Hallway)  
2:00 Handling Grief Group (GR)  
2:00 Live piano music (FRONT LOBBY)  
3:30 Video Recording: Repertory Dance Theatre (Modern Dance) (SUM)

**27**  
10:15 Sit N Fit Club (SUM)  
**11:00 Scenic Drive (BUS)**  
1:30 Ceramic Lessons by Appointment (ART)  
2:15 Bingo! (AL DR)  
3:30 Singer Saturday: Bob Shorten (SUM)

**28**  
10:00 Sacramento Meeting (SUM)  
12:30 Live Piano Music (LOB)  
1:30 Mexican Train Dominos (Internet Café)  
**2:00 Scenic Drive (BUS)**

**29**  
9:15 Aquarobics (POOL)  
**9:30 Walmart Shopping Trip (BUS)**  
10:15 Sit & Fit (SUM)  
11:00 Stretch, Breathe and Balance (FC)  
1:00 Live piano music (MT. V)  
**1:00 Monday Outing: \$Tree/Kohl's (BUS)**  
1:00 Mah Jongg (AL Dining Room)  
2:00 Watermelon Acrylic (ART)  
3:30 Social Hour with Josh (LOB)  
7:00 Wii Bowling (GL)

**30**  
9:30 Boxing Class (FC)  
10:15 Sit & Fit (SUM)  
11:00 Hallway Club: Life Sketch (1st Floor AL Hallway)  
11:00 Strength Class (FC)  
3:30 Bean Bag Baseball (SUM)

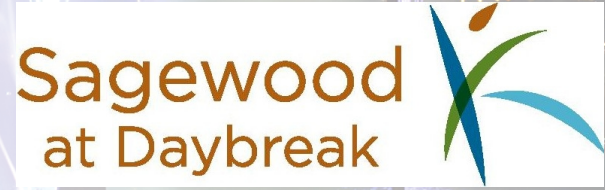
**31**  
9:15 Aquarobics (POOL)  
10:15 Sit N Fit w. Bands (SUM)  
**10:30 Smith's Shopping Trip (BUS)**  
11:00 Advanced Balance (FC)  
11:00 Hallway Club: Seated Exercise (2nd Floor AL Hallway)  
11:00 Assisted Balance by Appointment (MT. V)  
1:30 Crochet Corner (Internet Café)  
2:15 Bingo! (AL DR)  
3:30 Farkle (GL)  
4:00 Wine Wednesday (FR)  
7:00 Pinochle (IC)

**Always check the Uniguest App for the most up to date information.**

**LOCATION KEY**  
ART - Art Studio  
AL DR - Assisted Living Dining Room  
FR - Family Room  
FC - Fitness Center  
GL - Game Loft  
GR - Great Room

IC - Internet Cafe  
LOB - Main Lobby  
MT. V - Mountain View Neighborhood  
POOL - Pool  
SUM - Summit Room  
SHOP - Wood Shop

**July 2024**







SUN	MON	TUE	WED	THUR	FRI	SAT	
<b>Sagewood's Special Events</b>	<b>1</b> 1:00 Monday <b>Outing: TJMaxx area (BUS)</b> 2:00 Patriotic Ball Jar Acrylic (ART) 7:00 Education Night: Falls- Life in Balance (SUM)	<b>2</b> 1:30 Movie Matinee: Napoleon Dynamite (FR)	<b>3</b>	<b>4</b> 3:15 Independence Day Music Celebration (SUM)	<b>5</b> 3:30 Birthday Celebration (LOB)	<b>6</b>	
	<b>7</b>	<b>8</b> 1:00 Monday <b>Outing: Trader Joes (BUS)</b> 2:00 Fireflies Watercolor (ART) 7:00 Movie & Popcorn: 7 Brides for & Brothers (FR)	<b>9</b>	<b>10</b>	<b>11</b> 3:30 Iceland to Today (SUM) 7:00 Thursday Tunes: Terry McClellan (SUM)	<b>12</b> 3:30 Sagewood Talent Show (SUM)	<b>13</b>
	<b>14</b>	<b>15</b> 1:00 Monday <b>Outing: Library (BUS)</b> 2:00 Sunset Train Watercolor (ART) <b>5:45 Restaurant Trip: Black Bear Diner (BUS)</b>	<b>16</b> 9:45 Family History Fieldtrip (BUS) 3:30 Town Hall Follow-Up and Thank You, Wade (SUM)	<b>17</b>	<b>18</b> 3:30 Quiz Queen (LOB) 7:00 Thursday Tunes: Wayne Hovey (SUM)	<b>19</b> 9:00 Outing to see Minerva Teichert's Art (BUS) 1:30 SK Crafts: Clay Waffle Tic-Tac-Toe (ART) 3:30 World Landmark Expo (SUM)	<b>20</b> 10:00 Big Boy Steam Engine (BUS)
	<b>21</b>	<b>22</b> 1:00 Monday Outing: <b>Pioneer Parade Display (BUS)</b> 2:00 Sunset Wave Acrylic (ART) 3:30 Music Social: New Executive Director Josh (SUM) 7:00 Movie & Popcorn: Guys and Dolls (FR)	<b>23</b> 2:30 Resident Town Hall (SUM)	<b>24</b>	<b>25</b> 3:30 Pioneer Day Game (SUM) 7:00 Thursday Tunes: Mixed Nuts (SUM)	<b>26</b> 3:30 Video Recording: Repertory Dance Theatre (Modern Dance) (SUM)	<b>27</b> 3:30 Singer Saturday: Bob Shorten (SUM)
	<b>28</b>	<b>29</b> 1:00 Monday <b>Outing: \$Tree/ Kohl's (BUS)</b> 2:00 Watermelon Acrylic (ART) 3:30 Social Hour with Josh (LOB) 7:00 Wii Bowling (GL)	<b>30</b>	<b>31</b>	<i>Events in Blue are a BIG DEAL!!!</i>	<b>Always check the Uniguest App for the most up to date information.</b>	<b>LOCATION KEY</b> ART - Art Studio FR - Family Room GL - Game Loft LOB - Main Lobby SUM - Summit Room

# July 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>Activities in Blue Are Done By Volunteers</b> <b>Outings Entertainment Special Event</b> 	10:00 Show Tunes <b>Kenidee</b> 10:15 Crazy Curl <b>Celeste</b> 10:15 Fuzion Fitness <b>RA</b> 11:00 <b>Mary Accordion player</b> 1:00 Concert <b>Kenidee</b> 2:00 Gymnastics YouTube <b>Celeste</b> 2:30 Words Game <b>Damion</b> 3:30 Sing-Along <b>Damion</b> 5:15 Evening Musical <b>Auni</b>	10:00 Tia Chi Exercises <b>Mindy</b> 10:15 Crazy Curl <b>Celeste</b> 10:30 Spiritual Reading <b>Mindy</b> 11:00 Sign Language Club <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 1:00 Strength Training <b>Trish</b> 2:00 Cooking Gurus <b>Mindy</b> 3:00 Social <b>Mindy</b> 3:30 Sing-Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	10:00 Tia Chi & Other Exercises <b>Mindy</b> 10:15 Crazy Curl <b>Kenidee</b> 10:30 Spiritual Reading/Thought <b>Mindy</b> 11:00 Brain Games <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 12:45 Fuzion Fitness <b>Mindy</b> 1:15 <b>Van Ride Grant &amp; Mindy</b> 2:30 YouTube Concert <b>Trish</b> 3:30 Sing & -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	<b>Fourth July</b> 10:00 Patriotic Exercises <b>Mindy</b> 10:15 Crazy Curl <b>RA</b> 10:30 America -A Look Back <b>Mindy</b> 12:30 <b>Spiritual Reading Vicki &amp; Mindy</b> 1:00 Patriotic Jazzercise <b>Mindy</b> 1:30 U.S. Brain Games <b>Mindy</b> 2:15 Patriotic Ice Cream Sandwich Dessert 3:00 Synchronized Fireworks & Patriotic Drumming 3:30 Patriotic Sing & Dance -Along 5:30 <b>Cheryl Wyldwood Entertainment</b>	10:00 Tia Chi & Other Exercises <b>Mindy</b> 10:15 Crazy Curl <b>RA</b> 10:30 Spiritual Reading/Thought <b>Mindy</b> 11:00 Sign Language Club <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 12:45 Fuzion Fitness <b>Mindy</b> 1:15 <b>Van Ride Grant &amp; Mindy</b> 1:30 YouTube Concert <b>RA</b> 3:00 Social <b>Mindy</b> 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Friday Night Musical <b>RA</b>	10:00 Menu Game <b>Mindy</b> 10:15 Crazy Curl <b>RA</b> 11:00 Histories & Mysteries <b>Mindy</b> 12:30 Spiritual Reading <b>Vicki &amp; Mindy</b> 1:00 Fuzion Fitness <b>Mindy</b> 1:30 Book Club <b>Mindy</b> 2:Conductors Corner <b>Mindy</b> 3:00 Social <b>Mindy</b> 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	
	<b>Canada Day</b> 10:00 Sunday Sing-Along <b>Celeste</b> 10:15 Crazy Curl <b>Celeste</b> 10:30 Walks & Plant Watering <b>Marissa</b> 10:30 Spiritual Thought <b>Kenidee</b> 11:15 <b>LDS Church in MC</b> 1:00 Sports on YouTube <b>Celeste</b> 2:00 Art Appreciation <b>RA</b> 2:30 Balloon Games <b>RA</b> 3:00 Sounds of Sunday Concert <b>RA</b> 4:00 Sing-Along <b>RA</b> 5:15 Evening Musical <b>RA</b>	10:00 Show Tunes <b>Kenidee</b> 10:15 Crazy Curl <b>Celeste</b> 10:15 <b>Exercise Angie Canyons</b> 11:00 <b>Wayne Hovey Entertainment</b> 1:00 Concert <b>Kenidee</b> 2:00 Gymnastics YouTube <b>Celeste</b> 2:30 Words Game <b>Damion</b> 3:30 Sing-Along <b>Damion</b> 5:15 Evening Musical <b>Auni</b>	10:00 Tia Chi Exercises <b>Mindy</b> 10:15 Crazy Curl <b>Celeste</b> 10:30 Spiritual Reading <b>Mindy</b> 11:00 Sign Language Club <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 1:00 Strength Training <b>Trish</b> 2:00 Cooking Gurus <b>Mindy</b> 3:00 Social <b>Mindy</b> 3:30 Sing-Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	10:00 Tia Chi & Other Exercises <b>Mindy</b> 10:15 Crazy Curl <b>Kenidee</b> 10:30 Reading/ Thought of Day <b>Mindy</b> 11:00 <b>Sunday School Firmages</b> 12:30 Daily Chronical <b>Mindy</b> 12:45 Fuzion Fitness <b>Mindy</b> 1:15 <b>Van Ride Grant &amp; Mindy</b> 2:30 YouTube Concert <b>Trish</b> 3:30 Sing & -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	10:00 Tia Chi & Other Exercises 10:15 Crazy Curl <b>Celeste</b> 10:30 <b>Daybreak Academy Visits Mindy</b> 12:30 Spiritual Reading <b>Vicki &amp; Mindy</b> 1:30 <b>Bunny Visits Farmer Gill</b> 2:30 YouTube Concert <b>Mindy</b> 3:00 Social <b>Mindy</b> 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	10:00 Tia Chi & Other Exercises <b>Mindy</b> 10:15 Crazy Curl <b>RA</b> 10:30 Spiritual Reading/Thought <b>Mindy</b> 11:00 Sign Language Club <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 12:45 Fuzion Fitness <b>Mindy</b> 1:15 <b>Van Ride Grant &amp; Mindy</b> 1:30 YouTube Concert <b>RA</b> 3:00 Social <b>Mindy</b> 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Friday Night Musical <b>RA</b>	10:00 Menu Game <b>Mindy</b> 10:15 Crazy Curl <b>RA</b> 11:00 Histories & Mysteries <b>Mindy</b> 12:30 Spiritual Reading <b>Vicki &amp; Mindy</b> 1:00 Fuzion Fitness <b>Mindy</b> 1:30 Reminisce <b>Mindy</b> 2:00 Vintage Vinyl <b>Mindy</b> 3:00 Social <b>Mindy</b> 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>
10:00 Sunday Sing-Along <b>Celeste</b> 10:15 Crazy Curl <b>Celeste</b> 10:30 Walks & Plant Watering <b>Marissa</b> 10:30 Spiritual Thought <b>Kenidee</b> 11:15 <b>LDS Church in MC</b> 1:00 Sports on YouTube <b>Celeste</b> 2:00 Art Appreciation <b>RA</b> 2:30 Balloon Games <b>RA</b> 3:00 <b>Cyndee &amp; Elise Piano</b> 4:00 Sing-Along <b>RA</b> 5:15 Evening Musical <b>RA</b>	10:00 Show Tunes <b>RA</b> 10:15 Crazy Curl <b>Celeste</b> 10:15 <b>Exercise Angie Canyons</b> 10:30 <b>Cheryl Wyldwood Entertainment</b> 12:30 Fuzion Fitness <b>RA</b> 1:00 Art Appreciation <b>Celeste</b> 2:00 <b>Elder Anderson Piano Player</b> 2:30 Words Game <b>Damion</b> 3:30 Sing-Along <b>Damion</b> 5:15 Evening Musical <b>Auni</b>	10:00 Tia Chi Exercises <b>Mindy</b> 10:15 Crazy Curl <b>Celeste</b> 10:30 Spiritual Reading <b>Mindy</b> 11:00 Sign Language Club <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 1:00 Strength Training <b>Trish</b> 2:00 Ribbons & Rhythm <b>Mindy</b> 2:30 Social <b>Mindy</b> 3:00 <b>Baby Visits Sam &amp; Tara</b> 3:30 Sing-Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	10:00 Tia Chi & Other Exercises <b>Mindy</b> 10:15 Crazy Curl <b>Kenidee</b> 10:30 Reading/ Thought of Day <b>Mindy</b> 11:00 <b>Relief Society Priesthood Kim</b> 12:30 Daily Chronical <b>Mindy</b> 12:45 Fuzion Fitness <b>Mindy</b> 1:15 <b>Van Ride Grant &amp; Mindy</b> 2:30 YouTube Concert <b>Trish</b> 3:30 Sing & -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	10:00 Tia Chi & Other Exercises 10:15 Crazy Curl <b>Celeste</b> 10:30 <b>Daybreak Academy Visits Mindy</b> 12:30 Spiritual Reading <b>Vicki &amp; Mindy</b> 1:00 Active Game <b>Mindy</b> 2:00 Sagewood Who Am I Club <b>Mindy</b> 2:30 Courtyard Games & Snow Cones 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	10:00 Tia Chi & Other Exercises <b>Mindy</b> 10:15 Crazy Curl <b>RA</b> 10:30 Spiritual Reading/Thought <b>Mindy</b> 11:00 Sign Language Club <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 12:45 Fuzion Fitness <b>Mindy</b> 1:15 <b>Van Ride Grant &amp; Mindy</b> 1:30 YouTube Concert <b>RA</b> 3:00 Social <b>Mindy</b> 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Friday Night Musical <b>RA</b>	10:00 Menu Game <b>Mindy</b> 10:15 Crazy Curl <b>RA</b> 11:00 Histories & Mysteries <b>Mindy</b> 12:30 Spiritual Reading <b>Vicki &amp; Mindy</b> 1:00 Fuzion Fitness <b>Mindy</b> 1:30 Book Club <b>Mindy</b> 2:00 Classical Composers <b>Mindy</b> 3:00 Social <b>Mindy</b> 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	
10:00 Sunday Sing-Along <b>Celeste</b> 10:15 Crazy Curl <b>Celeste</b> 10:30 Walks & Plant Watering <b>Marissa</b> 10:30 Spiritual Thought <b>Kenidee</b> 11:15 <b>LDS Church in MC</b> 1:00 Sports on YouTube <b>Celeste</b> 2:00 Art Appreciation <b>RA</b> 2:30 Balloon Games <b>RA</b> 3:00 <b>Maiya Piano Performance</b> 4:00 Sing-Along <b>RA</b> 5:15 Evening Musical <b>RA</b>	10:00 Show Tunes <b>RA</b> 10:15 Crazy Curl <b>Kenidee</b> 10:15 <b>Exercise Angie Canyons</b> 11:00 Earth Documentary <b>Kenidee</b> 1:00 <b>Bob Shorten Entertainment</b> 2:00 <b>Elder Anderson Piano Player</b> 2:30 Brain Games <b>Damion</b> 3:30 Sing-Along <b>Damion</b> 5:15 Evening Musical <b>Auni</b>	<b>Amelia Erhart Day</b> 10:00 Tia Chi Exercises <b>Mindy</b> 10:15 Crazy Curl <b>Celeste</b> 10:30 Spiritual Reading <b>Mindy</b> 11:00 Sign Language Club <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 1:00 Strength Training <b>Trish</b> 2:00 Cooking Gurus <b>Mindy</b> 3:00 Social <b>Mindy</b> 3:30 Sing-Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	<b>Pioneer Day</b> 9:00 Days of 47 Parade T.V. 10:00 Camp Stretch & Exercise 10:30 Spiritual Reading/Thought 11:00 Pioneer trail trivia 12:30 Camp Chronicles 1:00 Wagon Trail Games 1:30 Pioneer Stories 2:30 Pioneer Trail Social 3:30 Pioneer Dances & Campfire Sing-a-Long 5:15 Pioneer/Western Movie	<b>Carousel Day</b> 10:00 Tia Chi & Other Exercises 10:15 Crazy Curl <b>Celeste</b> 10:30 <b>Daybreak Academy Visits Mindy</b> 12:30 Spiritual Reading <b>Vicki &amp; Mindy</b> 1:00 Active Game <b>Mindy</b> 2:00 Sagewood Who Am I Club <b>Mindy</b> 2:30 Courtyard Games & Snow Cones 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	<b>Olympics Start</b> 10:00 Tia Chi & Other Exercises <b>Mindy</b> 10:15 Crazy Curl <b>RA</b> 10:30 Spiritual Reading/Thought <b>Mindy</b> 11:00 Sign Language Club <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 12:45 Fuzion Fitness <b>Mindy</b> 1:15 <b>Van Ride Grant &amp; Mindy</b> 1:30 YouTube Concert <b>RA</b> 3:00 Olympic Social <b>Mindy</b> 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Friday Night Musical <b>RA</b>	10:00 Menu Game <b>Mindy</b> 10:15 Crazy Curl <b>RA</b> 11:00 Histories & Mysteries <b>Mindy</b> 12:30 Spiritual Reading <b>Vicki &amp; Mindy</b> 1:00 Fuzion Fitness <b>Mindy</b> 1:30 Reminisce <b>Mindy</b> 2:00 Vintage Vinyl <b>Mindy</b> 3:00 Social <b>Mindy</b> 3:30 Sing & Dance -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	
10:00 Sunday Sing-Along <b>Celeste</b> 10:15 Crazy Curl <b>Celeste</b> 10:30 Walks & Plant Watering <b>Marissa</b> 10:30 Spiritual Thought <b>Kenidee</b> 11:15 <b>LDS Church in MC</b> 1:00 Sports on YouTube <b>Celeste</b> 2:00 Art Appreciation <b>RA</b> 2:30 Balloon Games <b>RA</b> 3:00 <b>Cyndee &amp; Elise Piano</b> 4:00 Sing-Along <b>RA</b> 5:15 Evening Musical <b>RA</b>	10:00 Show Tunes <b>RA</b> 10:15 Crazy Curl <b>Kenidee</b> 10:15 <b>Exercise Angie Canyons</b> 11:00 Earth Documentary <b>Kenidee</b> 1:00 <b>Steve Gunn Entertainment</b> 2:00 <b>Elder Anderson Piano Player</b> 2:30 Brain Games <b>Damion</b> 3:30 Sing-Along <b>Damion</b> 5:15 Evening Musical <b>Auni</b>	<b>International Tiger Day</b> 10:00 Tia Chi Exercises <b>Mindy</b> 10:15 Crazy Curl <b>Celeste</b> 10:30 Spiritual Reading <b>Mindy</b> 11:00 Sign Language Club <b>Mindy</b> 12:30 Daily Chronical <b>Mindy</b> 1:00 Strength Training <b>Trish</b> 2:00 Cooking Gurus <b>Mindy</b> 3:00 Olympic Social <b>Mindy</b> 3:30 Sing-Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	<b>Watermelon Day</b> 10:00 Tia Chi & Other Exercises <b>Mindy</b> 10:15 Crazy Curl <b>Kenidee</b> 10:30 Reading/ Thought of Day <b>Mindy</b> 11:00 <b>Relief Society Priesthood Kim</b> 12:30 Daily Chronical <b>Mindy</b> 12:45 Fuzion Fitness <b>Mindy</b> 1:15 <b>Van Ride Grant &amp; Mindy</b> 2:30 YouTube Concert <b>Trish</b> 3:30 Sing & -Along <b>Mindy</b> 5:15 Evening Musical <b>RA</b>	 <h1 style="color: red; font-size: 2em;">JULY 2024</h1> <h2 style="font-size: 1.5em;">Connections At Sagewood</h2>			

All Activities Subject To Change