

The Kensington at Walnut Creek



A KISCO COMMUNITY

MEMORY CARE NEWSLETTER



JUNE 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>9:45 The Good News 10:00 Morning Stroll 10:30 Sing along 11:00 Garden Growers 11:30 Up for Grabs- Discussion 1:00 Afternoon Stretch 1:30 Meditation 2:00 The Daily Chronicle 3:00 Fun and Games 3:30 Girl Talk 4:00 Garden Growers 6:00 Evening Showcase</p>
<p>9:45 The Good News 10:00 Sing along 10:30 Bean bag toss 11:00 Arthritis Workout 11:30 The Daily Chronicle 1:15 Bingo 2:00 Picture This 2:30 Men's Club 3:00 Brain Teasers 4:00 Easy Listening Music 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Moving and Grooving with Vernadette 11:00 Fun and Games-Puzzle 11:30 The Daily Chronicle 1:00 Documentary 1:45 Arthritis Workout 2:00 Sing along 3:00 Bean Bag Toss 3:30 Karaoke 4:30 Family Feud 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Morning Chair Ball Workout 10:30 Sing along 11:00 Walking Club 11:30 Fun and Games-Cross Word 1:15 Short Stories 1:30 Fitness with Tia 2:00 The Daily Chronicle 2:30 Trivia Tuesday 3:30 Ring Toss 4:00 Guess Who 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:15 Balloon Volley Ball 11:00 Garden Growers 11:30 Fun and Games-Puzzle 1:15 Afternoon Stretch 1:30 Meditation 2:00 The Daily Chronicle 2:30 Painting Fun 3:00 Bean Bag Toss 3:30 Special Performance By Benjie 4:30 Family Feud 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:15 Beach Ball Pass 10:30 Sing along 10:55 Catholic Communion 11:15 Bingo 1:15 Walking Club 2:00 The Daily Chronicle 2:30 Poetry 3:00 Happy Hour Performance By Eddie 6:00 Evening Showcase</p>	<p>8:00 Friday Morning Donuts 9:45 The Good News 10:15 Ribbon Dancing 10:30 Sing along 11:00 Flower Arranging 1:15 Afternoon Stretch 1:30 Meditation 2:00 The Daily Chronicle 2:30 Bean Bag Toss 3:15 Documentary 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Morning Stroll 10:30 Sing along 11:00 Garden Growers 11:30 Up for Grabs- Discussion 1:00 Afternoon Stretch 2:00 Saturday Matinee 3:30 Girl Talk 4:00 Garden Growers 6:00 Evening Showcase</p>
<p>9:45 The Good News 10:00 Sing along 10:30 Bean bag toss 11:00 Arthritis Workout 11:30 The Daily Chronicle 1:15 Bingo 2:00 Picture This 2:30 Men's Club 3:00 Furry Friends Visit 4:00 Easy Listening Music 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Moving and Grooving with Vernadette 11:00 Fun and Games-Puzzle 11:30 The Daily Chronicle 1:00 Documentary 1:45 Arthritis Workout 2:00 Sing along 3:00 Bean Bag Toss 3:30 Karaoke 4:30 Family Feud 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Morning Chair Ball Workout 10:30 Sing along 11:00 Walking Club 11:30 Fun and Games-Cross Word 1:15 Short Stories 1:30 Fitness with Tia 2:00 The Daily Chronicle 2:30 Trivia Tuesday 3:30 Darts 4:00 Guess Who 4:30 Dining with Terrie (DR) 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:15 Balloon Volley Ball 11:00 Garden Growers 11:30 Fun and Games-Puzzle 1:15 Afternoon Stretch 1:30 Meditation 2:00 The Daily Chronicle 2:30 Scenic Drive to - Marinez 3:00 Bean Bag Toss 4:00 I Remember that-Discussion 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:15 Beach Ball Pass 10:30 Sing along 10:55 Catholic Communion 11:15 Bingo 1:15 Walking Club 2:00 The Daily Chronicle 2:30 Musical Instruments 3:00 Happy Hour-Ice Cream Social 6:00 Evening Showcase</p>	<p>FLAG DAY 8:00 Friday Morning Donuts 9:45 The Good News 10:15 Ribbon Dancing 10:30 Sing along 11:30 Fathers Day Project 1:15 Afternoon Stretch 1:30 Meditation 2:00 The Daily Chronicle 2:30 Bean Bag Toss 3:15 Documentary 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Morning Stroll 10:30 Sing along 11:30 Up for Grabs- Discussion 1:00 Afternoon Stretch 1:00 Farmers Market 2:00 The Daily Chronicle 3:00 Fun and Games 3:30 Farmers Market Finds 4:00 Garden Growers 6:00 Evening Showcase</p>
<p>Fathers Day 9:45 The Good News 10:00 Sing along 10:30 Bean bag toss 11:00 Arthritis Workout 11:30 The Daily Chronicle 12:00 Fathers Day Brunch 1:15 Bingo 2:00 Picture This 2:30 Men's Club 3:00 Brain Teasers 4:00 Easy Listening Music 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Moving and Grooving with Vernadette 11:00 Fun and Games-Puzzle 11:30 The Daily Chronicle 1:00 Documentary 1:45 Arthritis Workout 2:00 Sing along 3:00 Bean Bag Toss 3:30 Karaoke 4:30 Family Feud 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Morning Chair Ball Workout 10:30 Sing along 11:00 Walking Club 11:30 Fun and Games-Cross Word 1:15 Short Stories 1:30 Fitness with Tia 2:00 The Daily Chronicle 2:30 Trivia Tuesday 3:30 Ring Toss 4:00 Guess Who 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:15 Balloon Volley Ball 11:00 Lunch Outing - The Hangout 11:15 Garden Growers 11:30 Fun and Games-Puzzle 1:15 Afternoon Stretch 1:30 Meditation 2:00 The Daily Chronicle 2:30 Painting Fun 3:00 Bean Bag Toss 4:00 I Remember that-Discussion 6:00 Evening Showcase</p>	<p>SUMMER BEGINS 9:30 Weight Clinic 9:45 The Good News 10:15 Beach Ball Pass 10:30 Sing along 10:55 Catholic Communion 11:15 Bingo 11:30 Lazy Dog Treats 1:15 Walking Club 2:00 The Daily Chronicle 2:30 Poetry 3:00 Happy Hour Celebrating June Birthdays 6:00 Evening Showcase</p>	<p>8:00 Friday Morning Donuts 9:45 The Good News 10:15 Ribbon Dancing 10:30 Sing along 11:30 Lazy Dog Treats 1:15 Afternoon Stretch 1:30 Meditation 2:00 The Daily Chronicle 2:30 Bean Bag Toss 3:15 Documentary 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Morning Stroll 10:30 Sing along 11:30 Up for Grabs- Discussion 1:00 Afternoon Stretch 2:00 The Daily Chronicle 3:00 Fun and Games 3:30 Girl Talk 4:00 Garden Growers 6:00 Evening Showcase</p>
<p>9:45 The Good News 10:00 Sing along 10:30 Bean bag toss 11:00 Arthritis Workout 11:30 The Daily Chronicle 1:15 Bingo 2:00 Pet Hug Pack 2:30 Men's Club 4:00 Easy Listening Music 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Moving and Grooving with Vernadette 11:00 Fun and Games-Puzzle 11:30 The Daily Chronicle 1:00 Documentary 1:45 Arthritis Workout 2:00 Sing along 3:00 Bean Bag Toss 3:30 Karaoke 4:30 Family Feud 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Morning Chair Ball Workout 10:30 Sing along 11:00 Walking Club 11:30 Fun and Games-Cross Word 1:15 Short Stories 1:30 Fitness with Tia 2:00 The Daily Chronicle 2:30 Trivia Tuesday 3:30 Bowling 4:00 Guess Who 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:15 Balloon Volley Ball 11:00 Garden Growers 11:30 Fun and Games-Puzzle 1:15 Afternoon Stretch 1:30 Meditation 2:00 The Daily Chronicle 2:30 Painting Fun 3:00 Bean Bag Toss 4:00 I Remember that-Discussion 6:00 Evening Showcase</p>	<p>Podiatrist Dr. Baba #212 9:45 The Good News 10:15 Beach Ball Pass 10:30 Sing along 10:55 Catholic Communion 11:15 Bingo 1:15 Walking Club 2:00 The Daily Chronicle 2:30 Musical Instruments 3:00 Happy Hour Luau 6:00 Evening Showcase</p>	<p>8:00 Friday Morning Donuts 9:45 The Good News 10:15 Ribbon Dancing 10:30 Sing along 11:30 Crafty Corner 1:15 Afternoon Stretch 1:30 Meditation 2:00 The Daily Chronicle 2:30 Bean Bag Toss 3:15 Documentary - South Africa 4:30 A Taste os South Africa 6:00 Evening Showcase</p>	<p>9:45 The Good News 10:00 Morning Stroll 10:30 Sing along 11:30 Up for Grabs- Discussion 1:00 Afternoon Stretch 2:00 The Daily Chronicle 3:00 Fun and Games 3:30 Girl Talk 4:00 Garden Growers 6:00 Evening Showcase</p>
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Upcoming Events and Announcements

Dear Family & Friends,

Summer is finally here! Join us in the summer fun with lots of activities & events for our neighborhood. We'll be kicking off the month of June with a special performance by Benjie during our first Happy Hour event. Followed by a special performance by Eddie the very next day! Benjie and Eddie never fail to entertain as those two are some of our resident & family favorites!

June's outings will include a scenic outing as well as a lunch outing for our residents. The residents will travel to Discovery Bay to observe the wildlife and its many habitats. The residents will get a chance to "hang out" at one of the coolest spots in town, The Hangout, for their lunch outing.

This month, we will bring & explore South Africa to our neighborhood. The residents will have the opportunity to learn about South African culture, history, and most importantly, the food. Separately, June is the month to celebrate our fathers and Grandfathers, in which we will have a special brunch for the residents. Lastly, I'll be kicking off the Men's club, a new program that I'm excited to start with our residents.

Have a fantastic start to your summer and we will see you here at The Kensington!

Joseph Negrido
Resident Care Manager



Jennifer and Gorge enjoying the outdoor Music



A friendly game of yard darts between Stephany and Ann



Meredith shows off her hula hoop skill...she's still got it!!!



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JUNE BIRTHDAYS
Celebrating
Stephanie A. June 5th
Jennifer S. June 7th
Paul B. June 26th



Lets all do the chicken dance!



Norman will do anything for a laugh!



It was a beautiful day for a Picnic.
Meredith, Sally and Candace loved the view.



Norma has great style relaxing in the garden.

Recent Happenings at The Kensington!